

No. 130 - December / January 2025



THE POUNDSTOCK PACKET



KERNOW BYS VYKEN!



**Fernley Cobbledick,
Junior Pumpkin Champion**

Photo credit to Lynn Pluess

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Notes from the editors

We have had a fabulous mild and relatively dry autumn, and now the Christmas season is upon us. Having lived in Australia for many years, I really notice and appreciate the changing of the seasons.

Sad news reached us recently, the passing of Dudley Moore, the founding editor of the Packet, and also Sandy Faulkner who was on the Poundstock Packet Committee. Condolences to their families and all who knew them.

We have an extra full, bumper edition for you this time – we hope you find it interesting and useful. We need more volunteers though, so if you can spare some time, please email us at poundstockpacket@gmail.com and we would love to catch up for an informal chat over a cuppa.

In the meantime we wish you and your families a happy and safe Festive Season. See you in 2025!
Jayne Griffiths and Tania Clegg

Proposed Parish Hall I Opinions

We have received a couple of emails expressing strong views about the proposed Parish Hall. We've decided to publish a small number of opinions in the next edition, so we're inviting people to write no more than 100 words about how they feel about this proposed development. Don't go over the limit or it won't go on the shortlist. Your name will be included so don't forget to add it.

We won't be publishing everything, there simply isn't room, but if you'd like to send your paragraph to poundstockpacket@gmail.com we may include you. Please ensure your views are generalised and not aimed at individuals. After this, we will not be publishing anything about the Hall until there is something concrete to report.

If you have any questions about the proposed Hall, please contact the Parish Council directly, not the Packet.

Contributions

We always welcome input from our readers. If you want to send us an article, photographs or local information, contact us at poundstockpacket@gmail.com.
The deadline for our next edition is 15th January 2025.

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Craft Fair & Pumpkin Competition

The annual pumpkin competition and craft fair took place in the Gildhouse and St Winwaloe Church on 26-27 October.

There were 29 craft stalls selling a variety of stunning items including candles, wood turning, jewellery, cards, knitted items, homemade cakes and jams. There was also a raffle to fundraise.

The Gildhouse upper floor was turned into a café serving freshly made soup, pasties, scones and cakes, which was very popular with visitors.



In total over £1600 was made to support the Gildhouse and St Winwaloe Church. Thank you to all the stallholders and volunteers who helped make this event a success.



Pumpkin competition results:

Junior: 1st Fernley Cobbledick, 2nd Delphene Ellis,
3rd - Arthur Spettigue



Adult: 1st Rosie Wilkinson Wasnitzka, 2nd - Charlie Moorwood
3rd Rowan Fawdon

A Royal Visit to Bude

The Duchess of Edinburgh, Sophie, visited the Castle Heritage Centre in Bude on Wednesday 13th November to meet local charities and organisations.

Local school children gave the Duchess a warm welcome upon her arrival, proudly waving flags as Her Royal Highness took time to stop and talk to them.

During the visit, The Duchess talked to a range of groups and later unveiled a plaque commemorating her visit.

Photo credit & written by Julie Pawley



Church Services for December And January 2025

Church Timetable

December				January			
1 Sunday	9.30 10.00 18.00	HC ALL EP	BH WSM M	1 Wed	08.30	MP	ZOOM
4 Wed'day	08.30 10.00	MP HC	ZOOM WB	5 Sunday	09.30 10.00 18.00	HC ALL EP	BH WSM M
6 Friday	2.30	Carols	WB	8 Wed'day	08.30 10.00	MP HC	ZOOM BH
8 Sunday	9.30 9.30 11.15 18.00	HC MP HC EP	M P W WSM	12 Sunday	09.30 09.30 11.15 18.00	HC MP HC EP	M P W WSM
11 Wed'day	08.30 10.00	MP HC	ZOOM BH	15 Wed'day	08.30 10.00	MP HC	ZOOM WB
14 Sat'day	2.30	Carols	P	19 Sunday	09.30 09.30 11.15	HC MP HC	BH M WSM
15 Sunday	09.30 09.30 11.15	HC MP HC	BH M WSM	22 Wed'day	08.30 10.00	MP HC	ZOOM BH
18 Wed'day	08.30 10.00	MP HC	ZOOM WB	26 Sunday	09.30 09.30 10.00 11.15	HC HC MP HC	M P WSM BH
22 Sunday	09.30 09.30 09.30 10.00 11.15	HC HC MP MP HC	M P W WSM BH	29 Wed'day	08.30 10.00	MP HC	ZOOM WB
24 Tuesday	15.30 17.00 21.30 21.30 23.15	Crib Crib HC HC HC	BH WSM M W BH	January times are estimated; check your church times in "Voices Together"			
25 Christmas Day	09.30 10.00	HC HC	P WSM	<p>Key: BH Bude Haven; M Marhamchurch; P Poundstock; W Whitstone; WSM Week St Mary</p> <p>Other services: Central Methodist, Bude 10.30; Marhamchurch Methodist 10.30; Week St Mary Methodist 11.00; Coast Family Church (non-denominational), Jacobstow Village Hall, 1st, 3rd and 5th Sundays only 10.00</p>			
29 Sunday	10.30	B'fice	M	<p>Everyone is warmly invited to coffee at the Gildhouse after Poundstock services</p>			

From The Rectory

In Victor Hugo's novel, *Les Misérables*, Jean Valjean steals bread to feed his starving nephews and nieces. He is caught and sent to prison, serving 19 years after trying to escape. On his release, he is given a yellow passport, which marks him as an ex-convict making him unwelcome wherever he goes. When he steals some precious silverware from a Bishop who gave him hospitality, to his great surprise, the bishop, instead of accusing Valjean, covers for him, telling the police that he gave him the treasure as a gift.

This generous act transforms Valjean. He repents of his criminal life to become a man of integrity, a philanthropist and the guardian of an orphan, Cosette. The Bishop's astonishing gesture of undeserved kindness gives him life! In a similar way, the gift God gave us at Christmas, His Son Jesus Christ, gives us life.

His love, with no strings attached, means we no longer need to feel guilty, but are forgiven and free to flourish.

So, as we approach the festive season, let's give thanks for the love God showed us in giving us his life-giving Son, and be inspired to offer life-giving generosity, not only to our friends and families, but also to the poor and vulnerable in our community.

Jesus said, I have come that they may have life, and have it to the full. John 10:10b

Happy Christmas! **Written by Revd David**

Vandalism in Poundstock

We are disappointed to report that an act of mindless vandalism has occurred in the church grounds at St Winwaloe's Church. In the few days preceding the 8th October some person(s) managed to remove all the capping slates on the walls leading from the Lytch Gate to the Gildhouse and dumped them in the stream.

Thanks to the goodwill of a Gildhouse committee member the slates have been recovered from the stream but the church has to pay for the slates to be securely reset on the wall using appropriate materials, remembering that this is a Grade 1 listed building. This will be paid for with church donations. The police have been made aware.

A club hammer was found at the scene and a picture is included. If anybody recognises it as belonging to them or if anybody has any further information on the incident please call 07792 381260.

Written by Alan Green



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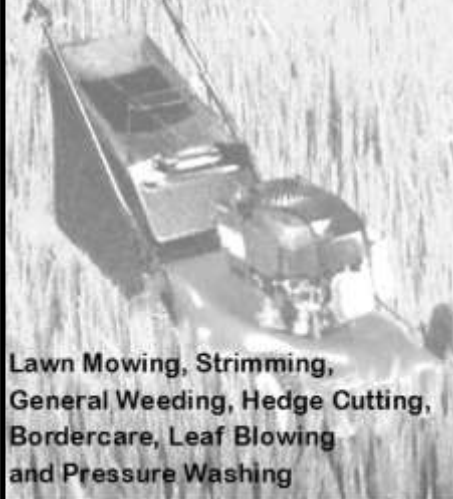
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In Memoriam—Dudley Moore First Editor of the Poundstock Packet

Dudley Moore sadly passed away on 15 October at his home in Bampton aged 87 years. His funeral was on 15 November at Taunton Deane Crematorium. He and his wife Daisy (Pat) moved to Poundstock when they retired. When the idea of the Poundstock Packet was mooted, Dudley stepped forward to become the first editor in 2003. He was the editor until 2007 when Liz Jones joined as deputy editor, gradually becoming editor.

Dudley had all the skills needed to edit the magazine, being a Doctor of Linguistics and speaking five languages including Russian. By all accounts he was a colourful character – he loved to entertain, to dress up, and especially loved to dance. His son Philip has posted a wonderful tribute to his Dad on Facebook showing off his dancing skills even in his latter days.

Dudley may have seemed a quiet and serious man until you got to know him, and then it gradually became clear that at heart he was very much an entertainer. He and Pat had been stalwarts of the local pantomime at their previous church, and in Poundstock he relished the chance to perform, giving a talk at the Gildhouse as a Russian spy, turning up at the Revel in full clown outfit, and with Pat singing Cockney songs in flamboyant Victorian costume in at least one Methodist concert.

Dudley was a keen bellringer and a member of the ringing band at St Winwaloe's. On one occasion the rope he was pulling started to part company, fraying badly and dropping wisps of broken rope on his (very bald) head. The occasion was forever after known as the miraculous restoration of Dudley's hair; sadly, it proved only temporary.

Dudley developed Alzheimer's and he and Daisy moved to be nearer family in Bampton in 2018. He will be sadly missed by his wife, children and grandchildren.

If you would like to donate in Dudley's memory for the Devon Air Ambulance and the Alzheimer's Society (cheques 'TFS Donation a/c') may be sent c/o Anthony James Funeral Director, Broad Meadow View, Wiveliscombe, TA4 2TB. Tel: 01984-624149

Written by Jayne Griffiths



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Parsons Pottery



[parsons_pottery](https://www.instagram.com/parsons_pottery)



Remembrance Day

Rev'd David led a service of Remembrance at Poundstock church attended by Poundstock Parish Councillors, residents and the Parish Clerk. During the service Paul Brooks read the names on the roll of honour on the memorial in the Lady Chapel and laid a wreath. Paul also asked us to remember his friend Wing Commander John Coxen RAF who died when his helicopter was shot down in Basra (2006) and the crew of Nimrod XV230 killed in Afghanistan (2006).



At the end of the service Rev'd David led us to the Canadian Sailors graves and the WWI grave where crosses were placed by Rebecca Pearce, Liz Jones, Zara Idelson and Sue Burrows.

Coffee and tea was taken in the Gildhouse afterwards.

At 11 o'clock Steve Blake led members of the Parish Council, members of the public in Remembrance at the War Memorial in the graveyard. Charlie Morwood played Last Post and Reveille.

Particular thanks to Eric Harris who had cleaned the memorial and tidied the graveyard.



Lest we forget

*They shall grow not old, as we that are left
grow old.*

*Age shall not weary them, nor the years
condemn.*

*At the going down of the sun and in the
morning, we will remember them.*

Festive Smartphone Photography Tips

The holiday season is a perfect time to capture memories with family and friends, and with smartphones getting better every year, you don't need a fancy camera to take fantastic photos. Here are some easy tips to help you snap the magic of this festive time on your phone!

Get the Lighting Right

Lighting is everything when it comes to great photos. During the day, position your subjects near a window for soft, natural light that's ideal for portraits. Also try your phone's **"portrait" mode** (if it has one) to keep the focus on your subject while softly blurring the background.

If you're photographing in low light, look for your smartphone's **"night" mode**. This feature usually appears as a small moon icon at the top or side of your camera screen and is designed to capture more detail in dim settings.

Night mode works automatically on some phones, while on others, you may need to tap the moon icon to activate it. When enabled, night mode takes a slightly longer exposure, so hold the phone steady whilst taking your photo to avoid blurred shots.

This feature is fantastic for capturing the soft glow of twinkly lights, cozy fireside moments, and candle-lit dinner tables without the harshness of a flash.

Use Your Photos To Tell A Story - Focus On The Details

It's the little things that best add to a story, whether capturing a birthday, a holiday, or festive celebration, look around and take close ups of often overlooked details, items such as special ornaments, beautifully wrapped gifts, or the holly and mistletoe on the front door. These images will help capture the essence of the event, and add to the usual family photos. They add a personal touch, whilst telling a story and making your memories feel really special.

Take The Time To Check The Functions On Your Smartphone Camera

Time and time again, I find that regardless of the phone, most people just hit "PHOTO" to take their images, and share with their family and friends exactly as they came out. There are a wealth of options built in if you take the time to explore, minor cropping and adjustments to the image can be made easily.

If you're interested in learning more, I offer Smartphone Photography Workshops in Bude, Boscastle and Tintagel. There will be additional sessions based at Wainhouse Corner coming soon. I also hold sessions over zoom.

Written by Julie Wrathall.

julie@jetblacksquares.com Instagram - @jetblacksquares_cornwall

Facebook - Jet Black Squares Cornwall

The Commotion Times Opens in Exeter

Fifty residents of Poundstock and the surrounding area were treated to a stunning showing of “The Commotion Time” in Exeter’s Northcott Theatre. On Friday 18th October the group of eager theatre-goers met at Wainhouse Corner and were transported in a luxury Tilley’s coach. Thank you to Jen Spettigue for her seamless organisation.

As we arrived in Exeter there were a few concerns about the length of the play – ninety minutes for the first half, twenty minutes interval, and then a further seventy minutes, three hours in total. We need not have worried, everyone in the audience was captivated the whole way through. You may remember that the play has been written by Sarah Dickenson, a Poundstock local, and is set in the turbulent years 1547-1549, and the scene is our very own Gildhouse.



I had enjoyed the first read-through of the play in May in the Gildhouse, and this production really added to the atmosphere with musical accompaniment throughout, a wonderful choir, and a huge cast of villagers.

The principal actors were word-perfect and used authentic Cornish dialect and accents. There were some in-jokes and local

references including Dizzard, the Penfoundes and mushroom man.

The main female lead Mellyn urges the villagers to stand up and fight against the government men, and it is heartbreaking to hear about so many who were lost in the battle.

At the end the two lead male characters – William Bligh and William Bonde had their loyalties challenged and reluctantly agreed to fall in line with the government enforcer John Grenville.

A story for our times as well...sometimes holding true to your values is not possible in the face of overwhelming force.

The performance received a standing ovation, and Sarah Dickenson was welcomed to the stage to enjoy her very special moment.

Written by Jayne Griffiths



Music at the Gil dhouse

On 27th September the Poundstock Gildhouse hosted it's first ever Pop Up Pub session with singer / guitarist Ben Banford.

The music continued on Wednesday October 9th, when Friends of the Gildhouse enjoyed an evening of music with local ukulele duo 'Highly Strung'.

Pasties were served during the break and the evening concluded with a raffle towards funds for the Gildhouse. A total of £400 was raised on the evening of which £250 were membership renewals.

The next event to add to your diaries is a Pop Up Pub at the Gildhouse on Wednesday 11th December (see advert below).



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FROM THE HORSE'S MOUTH

In June 2024 Cornish Arts Group O-Region visited the Gildhouse and heard from many locals about what it means to live in Bude. This is part of an initiative to write a play called *White Horse of Zennor*, and interweave local stories and interest. As part of the production process, O-Region staged a small production in Bude Parkhouse Centre. We were treated to a series of vignettes written by local writers and performed by three actors.

“The Choppy Cut” accurately described the difficulties of maintaining a sleek hairstyle whilst living by the Atlantic coast. Ultimately most of us succumb to a choppy, slightly messy style that will withstand high gales and mizzle.

“Number 1 Tourist Attraction in Bude” - according to TripAdvisor is the infamous Bude Tunnel. There are many tongue-in-cheek comments about this marvellous attraction. But then there are some terribly disappointed people who have travelled miles to enjoy the Tunnel, only to find it is just a perplex shelter leading from the car-park to Sainsburys. “Not funny” was their cry.

There was a very poignant story of Jessie’s Dad. He loved Bude and he loved to surf, and instilled in Jessie a love of the ocean. He explained to Jessie that the sea has no agenda and no judgement, and when you are wiped out by that unexpected huge wave, it is just the sea humbling you. The end of the story is tragic – Jessie’s dad was trying to save someone from drowning when he got picked up by a large wave and dashed on the rocks. Heartbreaking.

“Do I feel safe here” explores what it is like to be different in a small town. In a big city it can be more dangerous, but also it is easier to feel invisible and to find your tribe. In a small town it can feel that everyone is looking at you and asking questions, but ultimately you have to feel comfortable in your own skin.

“A foreigner in Bude” follows the startling realisation that there is an interloper in our midst. He is more brightly coloured than most of the local residents, and causes quite a stir on the Facebook Bude Notice Board. Somehow he is named Malcolm and the name sticks, and everyone is delighted if they catch a glimpse of Malcolm the Mandarin Duck!



Photo credit Neale Smith

The evening was a lovely and thought-provoking journey around our local area, seen through the eyes of different people. If you are interested in more local stories and colour, O-Region’s next production is *White Horse* written by Simon Harvey and is showing at the Regal Theatre Redruth from 28 February – 8 March 2025.

Written by Jayne Griffiths



LOCALS CARD DEALS

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MEN'S TALKING GROUP

I'm Pete Cooper, I run a local men's mental health & wellbeing support group in Otterham on Friday evenings. It's free to attend, as often or infrequently as you want.

We've assembled a cracking bunch of supportive & understanding fellas who have lived experience with mental health stuff. It's an informal round-table meeting, but we take confidentiality seriously; what gets talked about in the meeting goes no further.

Our meeting is 2 hours, with a cuppa refill break halfway just before 8pm. You can stop by for either or both halves. You can choose to just listen, or talk (share) with the group. Never any pressure or obligation.

The venue is Otterham & St Juliot Village Hall, just off the A39. It's clean, warm & modern. Loads of free parking. It's not overlooked by any houses. It's dark in the evenings, so you can keep a low profile if you like.

We start 7pm every Friday and finish around 9pm.

There's more info on our Facebook page - search for "Men's Mental Health Talking Group". There's also a work-in-progress website with more details including maps: mmhtg.uk

If you'd like to get in touch - in confidence - please email me: mmhtg@icloud.com



A Moment For Mindfulness

The next few weeks are the shortest days of the year. This means that we are more likely to be awake to see the sun rise. Why not pause for a few moments to be aware of the colours of the sky at dawn? Trying not to pass judgement on the weather, just being aware of whatever colours there are and how they change.

If you miss the dawn, how about sunset instead? Even on a cloudy, wet day when you can't see the sun, the light still slowly fades. Why not observe it for a short time this evening? Is there anything that surprises you?

Written by Anne Marsh

Hedgehog Highway

How can you encourage hedgehogs in your garden?

Poundstock Parish Council are offering residents a FREE hedgehog gateway. Hedgehog numbers in the UK are in severe decline. These harmless nocturnal creatures are a gardener's best friend as they eat slugs, caterpillars, worms and insects.



However, modern gardens with enclosed fencing are a hedgehog's worst nightmare. But there is a solution. A hedgehog gateway. And if all your neighbours join in we have a hedgehog highway.

A hedgehog gateway (door or tunnel) is a five inch gap in a fence or wall allowing access for hedgehogs. The hedgehog gateway allows hedgehogs to forage for food, meet mates to breed and access nesting sites.

Hedgehogs are primarily nocturnal animals, which means they venture out at dusk in search of food, mates, and shelter. As they roam your garden, they can encounter various obstacles, with garden fencing often leading to hedgehogs becoming trapped and even in danger if there is a pet cat or dog around.

Fortunately, with a few adjustments, you can make your garden fencing hedgehog-friendly. Create hedgehog-sized openings or "hedgehog gateways" in your fence. These are typically 13cm x 13cm (five by five inches) and allow hedgehogs to move freely between gardens. You can then fix your free hedgehog gateway surround to highlight the purpose of your new gateway and raise awareness. If you want to help and encourage hedgehogs into your garden you could also put out a small amount of dog or cat food and ensure there is always a shallow dish of clean water available. But, please, NEVER put out milk. It is actually very bad for hedgehogs and will kill them.

Poundstock Parish Council has 50 hedgehog gateways to give away. If you would like your own hedgehog gateway just visit the Beach House Shop, Widemouth Bay or the Cornish Coasts Cafe and Shop (on the A39 just south of Treskinnick Cross).

They won't be on display so you must request one from the staff. No other purchase will be necessary to qualify. Hurry though as when they are all gone there won't be any more.

Written by Stephen Blake, Poundstock Parish Council Chair

Local Contacts

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Boscastle	01840 250209
MP: Ben Maguire	ben.maguire.mp@parliament.uk
Parish council chair: Stephen Blake -	stephen.blake@poundstock-pc.gov.uk
Parish clerk: Lynn Pluess	0776 8100 560
Cornwall Councillor: Nicky Chopak	0781 030 2061
Cornwall Council	0300 1234 100
Bude Library	0300 1234 111
Library renewal line	0845 607 6119
Recycling centre/tip (Tiscott Wood)	0845 630 0300
Samaritans	116 123
National Childline	0800 1111
Police – non-emergency	101
Farming Community Network	0845 367 9990
Bude Food Bank	01288 448748
Citizens Advice (Phone advice line, operates 10–4, Monday–Friday)	03 444 111 444
CCS helpline/Age UK Cornwall	01872 266383
Floodline	0845 988 1188
National Grid (power cuts)	0800 678 3105
PCC Secretary, Poundstock: Liz Jones	079040 88779
Marhamchurch WI: Mrs P. Hazeldine	01288 682193
Poundstock Skittles: Pam Gilhespy	01288 361570
Poundstock Ringers	079040 88779
Juliotter Garden Club or 01840 261237	01566 781559
Rebel Cinema	01288 361442

Local Organisations

Libraries

Bude Library is currently open 10.00–5.00 Mondays, Wednesdays and Fridays, 10.00–1.00 Saturdays. Reserve books by phone (0300 1234 1111) or online at capitadiscovery.co.uk/cornwall/login.

Poundstock's two pop-up libraries, in St Winwaloe's and Our Lady and St Anne's, are available when the churches are open (all day, every day). A wide choice of books can be borrowed or bought, with all proceeds going to charity.

Poundstock Post Office

Still based in the old shop at Cornish Coasts Caravan and Camping Park on the A39. Open Mondays and Thursdays, 9.00–1.00 (ask at the main shop).

The following are accurate to the best of our knowledge, but check before you go (contact details below).

Scouts and Guides

Cubs: Monday 6.30–8.00 pm (01288 352786)

Scouts: Tuesday 6.30–8.00 pm (07842 084971)

Beavers: Wednesday 6.00–8.00 pm (07855 001284)

Rainbows (Tuesday 17.45) and Guides (Monday 19.00): ring Mary on 01840 230006. Brownies (Monday 17.45): ring Louise on 07817 985661.

Marhamchurch WI

Marhamchurch Methodist Hall, 7.30 pm, second Tuesday of the month (note change of time to afternoon).

Jacobstow WI

Jacobstow Parish Hall, 7.30 pm, second Thursday of the month.

Juliotter Garden Club

Otterham and St Juliot Hall, 7.30 pm, third Tuesday of the month.

Launceis/Bude Dog Training/Agility

Puppies, pet dog training, problem dogs, clicker training, socialisation. Classes for all ages and abilities. All profits to charity. Further details from 01566 86500 or 01288 321922.

Bude Bridge Club

Tuesday and Friday evenings, Wednesday afternoons, in the Parkhouse Centre. Details from www.bridgewebs.com/Bude or ring 01237 471111.

Poundstock Guildhouse

You can hire the Guildhouse for events from meetings to parties and wedding. Call 01288 341537 or visit www.poundstockguildhouse.co.uk.

Diary Dates

DECEMBER

- 1st Bridgerule Village Hall Christmas Market 10.00-15.00
- 1st Christmas Fair, Bude Castle & Parkhouse 11.00—16.00
- 1st Launceston Town Band and Pop Choir at the Town Hall 2.30
- 2nd Scout Carols, Jacobstow Scout Hut, 18.30
- 3rd A Christmas Carol Boscastle Village Hall 19.30
- 5th Christmas in Cornwall play at Parkhouse at 18.30
- 6th Carols with Christmas tea, Widemouth Church at 14.30
- 6th Santa's Grotto, Procession and Late Night Shops, Bude from 17.30
- 6th Last Soup and Sweet at Crackington Institute
- 7th The Strand Christmas Market 11.00-15.00
- 10th Warbstow School Christingle Warbstow Church
- 11th Gildhouse Christmas Music with Metric Brass 19.30
- 14th Carols at Poundstock Church 14.30
- 14th The Stowe Christmas Party
- 15th Carols Jacobstow Church, 15.30
- 15th Carols Marhamchurch Methodist Church 18.30
- 18th Glow in the Castle with Santa's Grotto 16.30-18.45
- 25th Christmas Day Swim at Crooklets 11.00
- 29th Minstrels Carol Concert 19.30

JANUARY

- 12th Plough Sunday at Warbstow Church 11.00

FEBRUARY

- 3rd -15th HATs Pantomime, Cinderella

Poundstock Parish Council

www.poundstock-pc.gov.uk

<i>Chairman</i>	Stephen Blake	stephen.blake@poundstock-pc.gov.uk
<i>Vice-chair</i>	Michelle Carter	michelle.carter@poundstock-pc.gov.uk
<i>Councillors</i>	Max Faulkner	max.faulkner@poundstock-pc.gov.uk
	Steve Haynes	steve.haynes@poundstock-pc.gov.uk
	Eric Harris	eric.harris@poundstock-pc.gov.uk
	Pamela Idelson	pamela.idelson@poundstock-pc.gov.uk
	Tom O'Sullivan	tom.osullivan@poundstock-pc.gov.uk
	Graeme Swatton	graeme.swatton@poundstock-pc.gov.uk
<i>Parish clerk</i>	Lynn Pluess	clerk@poundstock-pc.gov.uk 07768 100 560

For details of how to apply to be co-opted to the Parish Council, please see the website or contact the Clerk

The parish council website carries agendas, full minutes and other documents, as well as information about the Neighbourhood Development Plan and the parish cemetery. At present, council meetings take place at 7 pm on first and third Wednesday of each month at Poundstock Gildhouse.



Poundstock Neighbourhood Plan Committee

Chairman: Matthew Blows

Vice Chair: Brenda Alison

Secretary: Lyn Smith

Members: Sara Beckett, Stephen Blake, Robbie Pearce, Barry Rogers, Nicky Vereker, Phyllis Ward, Michelle Carter, Rachel Roberts

Contact: email: ndp-sg@poundstock-pc.gov.uk or by post to:
St Marwenne, Combe Lane, Widemouth Bay, EX23 0AA

Time to Curl Up With a Good Read

After the Christmas festivities are over, it's a great time to settle in by the fire and lose yourself in a good book. What could be better than one set in our local area?

Jane Holland is based in Poundstock and has written over 60 thrillers, romances and historical novels under various pen-names, some independently published, others with major publishers. Her most popular novel is *Girl Number One*, written as Jane Holland, a thriller set near Bodmin. It reached #1 in the UK Kindle store twice and has over 10,000 ratings on Amazon.



The Silver Ring is a murder mystery spanning WWII to present day, set around Bude and Widemouth Bay. The Manor House featured in the novel is set on the Camel Estuary near Wadebridge, with spooky murder and mayhem in the 1960's and present day.

Written as Betty Walker, her heartwarming WWII 'Cornish Girls' sagas are published by Harper Collins. They can be read in order or as standalones. *A Wedding for the Cornish Girls* is set in Bude, 1943, and follows three young women as they adjust to wartime life.

Victory for the Cornish Girls follows on in Bude, 1944. Others are set in Penzance, Porthcurno and St. Ives. Jane is currently writing Book 8 in the series. Much research was done during Bude at War and other local events! Under the pen-name of Beth Good, Jane also writes Cornish-set contemporary romance and romcoms.

You can buy all her books online in eBook, paperback and often audiobook too, or order the Cornish Girls sagas from bookshops or the local library. And if you spot her typing away furiously in one of Bude's many cafés, give her a wave! Jane Holland (aka Betty Walker/ Beth Good)

Poundstock Book Club

Q: What's better than reading a great book?

A: Sharing your thoughts and observations with like-minded people.

If you are interested in becoming a founding member of a bookclub for Poundstock, please contact Jayne Griffiths jaynegriffiths188@gmail.com or maria_stopher@yahoo.co.uk

A Bit of Fun For The Christmas Break

W	W	R	O	E	S	A	J	A	M	F	I	R	S	T
I	C	B	C	S	U	B	R	G	C	S	H	E	E	P
D	R	P	O	U	N	D	S	T	O	C	K	N	V	R
E	O	A	R	O	S	I	T	B	A	O	C	C	I	E
M	O	S	N	H	H	R	W	U	S	N	O	I	R	T
O	K	T	W	D	I	A	I	D	T	E	R	T	D	A
U	L	Y	A	L	N	B	N	E	H	S	Q	N	E	W
T	E	D	L	I	E	K	W	C	C	S	S	A	N	N
H	T	N	L	G	L	A	A	A	R	U	R	L	I	O
M	S	A	E	A	V	E	L	N	U	R	O	T	R	S
A	P	S	W	E	B	R	O	A	H	F	G	A	A	N
N	W	E	S	R	E	B	E	L	C	I	N	E	M	A
O	I	L	E	T	O	H	N	O	C	L	A	F	O	W
R	G	N	I	G	N	I	R	L	L	E	B	M	N	Y
S	W	O	C	E	Z	A	E	L	R	E	M	M	U	S

This wordsearch contains words relevant to our local area. They may go up, down or diagonally, and may be written backwards or forwards. Each letter may be used more than once. When you have found all the words in the list, there is one extra word – something we don't get enough of!

ATLANTIC
BANGORS
BEACH
BELL RINGING
BREAK BAR
BUDE CANAL
CHURCH
COAST
CORNWALL
COWS
CROOKLETS

FALCON HOTEL
GILDHOUSE
JAM FIRST
MARINE DRIVE
PASTY
POUNDSTOCK
REBEL CINEMA
ROCK
SAND
SCONES
SHEEP

ST WINWALOE
SUMMERLEAZE
SURF
SWELL
WALK
WANSON WATER
WAVES
WEIR
WIDEMOUTH
MANOR
WROES

Did you find the missing word? Head to page 42 to see if you were right!

Marhamchurch WI celebrated Harvest in their usual fashion. Before the meeting members came along to a soup and sweet lunch. There was a choice of 3 soups made by Penny Hazeldine and an abundance of desserts provided by the committee.



The Harvest Auction followed lunch. Members had brought along produce from, fruit and vegetables, jams and chutneys and a number of interesting other items.

The Auctioneer for the afternoon was Rachel Roberts ably assisted by runners, Jenny Linares Martin and Rose Pooley and Cheryl Develin who kept account of monies spent by members. The Auction proceeded with much laughter and good natured bidding and the generosity of members will have boosted the funds.

The Meeting closed after refreshments at 4pm.

Written by Rachel Roberts

Widdy Readers Book Reviews

Our first book, *The Spy*, was based on the diaries of Matahari in the lead up to WW2. Mixed feelings about the lack of character development in the writing were expressed although we recognised that much was dependent on the diary content of the subject herself. She was a woman who was beautiful, unique in her time in her approach to dance and not ashamed to accept money and gifts in return for favours. Fascinating to men and feared by other women she was dubbed a spy when it suited the powers that be.



Our second book was *The Reading Group*. A much more in depth look at everyday females back in the 1980s. The reading group was, for some of them, the only haven in a very difficult time period when women were just emerging as working Mums (still frowned upon by many and few supporting facilities), and there various struggles and achievements, friendships and relationship struggles. Overall it was felt to be a bit sugary by some of the Widdy group but enjoyed by others.

Written by Anne Marsh



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&
Children's Hospice Southwest

Berries Community Cafe

Have you heard about the new Community Café that opened in Bude on Berries Avenue, a few months ago. It's a café that brings people together with great food and activities. It's bright and colourful both indoors and out, that opened in April and is already gaining a reputation for providing good homecooked food and refreshments at very reasonable prices.



It is run by professional staff and fully trained volunteers who help make it a cheerful comfortable space to sit and chat over a cup of proper coffee, have lunch, or come along to one of the support or information groups that meet there. On a recent Friday evening, Berries hosted a Sausage Sizzle serving over 80 customers to a background of music by Fiddle Fit. The café was really buzzing.

The Food Larder is there on Saturdays 1 – 2pm, and there are some very exciting plans for the outside area. The Volunteers are a lively bunch, and if you would like to join them, either helping in the kitchen, serving food, making coffee or just chatting to the customers you would be very welcome,

The Café is not just for Berries Residents, or people of Bude, its for everybody! The surrounding villages and Parishes as well. Come into Bude to do your shopping and pop into the café and see for yourself and be part of a wider community. <https://www.facebook.com/BerriesCommunityCafe/>



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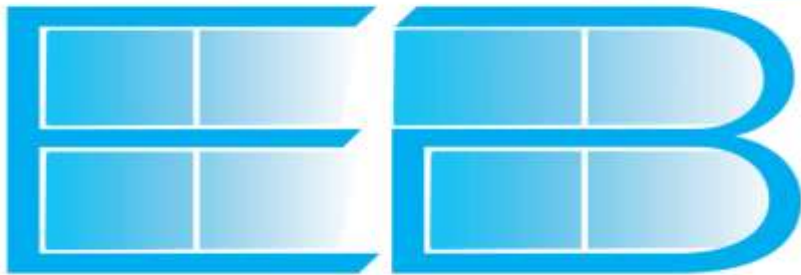
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The Night Sky In December & January

December

The Sun will be setting at about 1700 in the middle of the month, but Venus will be prominent for another 3 hours before it also sets in the South west, followed by Saturn at about 2300. Jupiter will be visible throughout the night between Aldebran in the V of Taurus, and the Pleiades, a wonderful close combination, and perfect for a photo with your iPhone, if it has the capabilities of night photography. Orion is also a favourite constellation, again visible throughout the night.

NASA launched Europa Clipper toward Jupiter on 14th October. The spacecraft is expected to near Jupiter's moon Europa around April 2030.



Europa is the sixth-largest moon in the Solar System and Jupiter's fourth-largest satellite. This frigid moon of Jupiter hides a tantalizing secret: a probable sea containing twice as much water as all of Earth's oceans combined. While the icy shell is hard as rock, the interior is warmer, heated by the flexing of its iron core and stone mantle.

If the liquid ocean really is there, it could make Europa an especially promising place to look for life, because liquid water is crucial for life as we know it.

January

Venus will be lighting up the evening sky until about 2030, followed closely by Saturn, while Jupiter continues to dominate the night, rising just before Orion, and looking uncomfortably close to the horns of Taurus the Bull. He will not be setting until about 0430, leaving Mars on its own in the night sky, and setting about 0800 just as the Sun rises in the East.

On a mission to "touch the Sun," NASA's Parker Solar Probe became the first spacecraft to fly through the corona – the Sun's upper atmosphere – in 2021. With every orbit bringing it closer, the probe faces brutal heat and radiation to provide humanity with unprecedented observations, visiting the only star we can study up close.

NASA's Probe will revolutionize our understanding of the Sun. The spacecraft is gradually orbiting closer to the Sun's surface than any before it. Flying into the outermost part of the Sun's atmosphere for the first time, Parker will perform its unprecedented investigations.

Written by Bill Turnill & thanks to NASA

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Your Christmas, Your Rules



It is easy to get swept up in the Christmas spirit and worry if you are doing enough or spending enough, and to make sure everyone else is happy and having a good time. Here are a few ideas to help keep the Christmas magic without breaking the bank.

- * Christmas movie nights – say one every Friday night in December. If you have young children, get them to design tickets for entry.
- * Same with books - read one Christmas book a week with the kids or a couple of chapters per night for if it is a longer book. Hire the books from the library.
- * Christmas light walk. Wrap up cosy, grab some travel mugs of hot chocolate and walk or drive to an area where there are a lot of Christmas lights and go and have fun.
- * Bake cookies or jam tarts with the family.
- * Go on a woodland walk.
- * Play board games with family before Christmas.
- * Print or write out some Christmas bingo tickets. Ideas include spotting a snowman, a candy cane, the word nativity in a film etc.



If you think back to past Christmas's I am sure you will remember the general atmosphere, not specific presents, so try to focus more on this. With that said we all know it is an expensive time, so here are some ideas to keep costs low:

- * Set a realistic budget and timeframe for presents and food and do not go over this budget.
- * Don't buy items in the sales unless you need the item. 40% off something you don't want or need actually adds up to a lot of money!
- * If you have older children that are able to understand, set realistic expectations with them to take the pressure off.
- * Christmas dinner can be really overwhelming and it seems you are always buying goodies and treats. Try to remember its just another Sunday roast with a couple of pigs in blankets! Or if your thing is pasta or fish fingers & oven chips then do that.
- * If you're buying presents for adults then have a chat with them and agree a limit. Maybe do a secret Santa with a theme eg funny up to £10 or a book.

Have fun and please do not put extra stress on yourself. Please try not to be pressurised by trends or Insta perfect social media pictures. You do you!



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2nd Bude (Jacobstow) Scout Group

Yet another busy term for the Scouting groups is well underway. Now the evenings are dark & cold we have retreated into our wonderful warm Scout hut, a far cry from the past few years. Beavers are working towards their book reader, builder & personal badges. Cubs are working towards their communicator, home safety & physical recreation badges & Scouts are working towards their master of arms & team leader challenge award.



The Scouts will be decorating the hut in preparation for our Christmas fundraising evening on Mon 2nd Dec, 6.30pm at the Scout hut – ALL WELCOME. Carols, raffle, refreshments & games.

To end the term each group will celebrate with a Christmas party.

On 'Remembrance Sunday' Beavers, Cubs & Scouts dressed in full Scouting uniform & paraded at St Genny's church.

During October, 7 Scouts took part in a winter camp, camping for 2 nights at Nine Ashes, Bodmin. All Scouts had a super, if not cold, weekend with various activities including a silent disco.

Fundraising continues, on Sun 8th Sept we held our annual tractor rally, with a variety of different aged tractors driving around the country side. A refreshment stop was had at East Helscott Farm, Marhamchurch before continuing on and finishing back at the Scout hut for a BBQ.

Sat 2nd Nov, Neil & Sue from Wainhouse Pub held a 'harvest festival auction' and the profit was kindly donated to the Scouts. People had been so very generous in gifting items, a lovely fun evening.

Mon 4th Nov, we held our annual fireworks evening & for the 2nd year running we had perfect weather. Wonderful fireworks & refreshments, it was another successful evening.

As you can imagine our expenditure in the running of the hut with insurance, water, electric to name a few of the costs has increased dramatically, so our fundraising events are vital and we thank everyone who supports us.

New members are always welcome -Beavers 6-8 years of age (Wed 5.30pm-6.30pm), Cubs 8-10 years of age (Mon 6.30pm-8pm) & Scouts 10-13 years of age (Tue 6.30pm-8pm).

For further details please contact Robert Medland - robert.medland1988@gmail.com / 07842084971.

Written by Steven Cole

Excerpts from Parish Council minutes

Poundstock Parish Council – Summary of Ordinary Meeting Minutes 4 September 2024

Matters raised by members of the public:

A tree opposite Widemouth Manor is encroaching onto the Highway. A large shed is being erected on the A39 in the Coppathorne area. Some parishioners were concerned they haven't received a voting card for the proposed new hall. The Chair responded that the vote is indictative only at this stage.

Planning Matters:

Rear single storey extension Backalong Beach House, Widemouth Bay.

Resolved – No objections

New Dwelling – Lack west of Southfield Vicarage Lane Poundstock.

Resolved – No objections

Extension and alterations – Ty Gwyn, Long Park Drive, Widemouth Bay

Resolved – Objection with comments

Single storey rear extension – Little Pipers, Leverlake Road, Widemouth Bay

Resolved – No objections

Outline Planning Permission for new dwelling – Sunrise, Combe Lane, Widemouth Bay

Resolved – No objections

Remove existing conservatory and construct new extension – 4 Atlantic Close, Widemouth Bay

Resolved – No objections

Replacement dwelling – Creathorne Bungalow, Poundstock

Resolved No objection – but request it is used for residential purposes only

Erection of extension – Trevisick, Poundstock

Resolved – No objections

Widemouth Bay Toilets

A site meeting was held with Bude Windows who are contracted to reglaze the building. A work schedule will be drawn up.

New Gateways into Widemouth Bay

Cllr Chopak has met with the Oliver Jones (Highways) to discuss and ensure that any signage is compliant. Cllr Chopak noted that there are other issues along Marine Drive, particularly the junction with Leverlake Road. Oliver Jones will put forward his recommendations to the Council.

Meeting venue

The Parish Council has agreed to move its meetings to the Beach House for a trial period, and to consider making a donation to the Gildhouse.

Poundstock Parish Council – Summary of Ordinary Meeting Minutes 18 September 2024

Matters raised by members of the public: None

Poundstock Parish Council – Summary of Ordinary Meeting Minutes 18 September 2024

Planning Matters

Prior approval conversion of single storey building – Barn adjacent to The Old Smithy Treskinnick Cross—Noted

New Hall for Poundstock

The public event at the Beach House on 14 September was well attended and successful. Feedback from the postcards indicated community support, making an important initial first step towards developing a medium-sized hall.

Discussions also highlighted the importance of ongoing community engagement, including the potential formation of a Steering Group to encourage participation.

Resolved Cllr Tom Sullivan would take the lead for the steering group, assisted by Cllrs Steve Haynes and John Worth.

Resolved the architect will be instructed to develop more detailed drawings for a medium sized hall.

Grant for Poundstock Packet

Resolved to approve a grant of £750 to the Packet for ongoing costs.

(Note from Editors – heartfelt thanks to the Parish Council for again providing financial support for the Poundstock Packet.)

Consultancy Advice

Resolved to approve expenditure of £500-600 to John Slater Planning Ltd for consultancy advice

Poundstock Parish Council – Summary of Ordinary Meeting Minutes 2 October 2024

Matters raised by members of the public:

Overgrown vegetation along Marine Drive. Overgrown hedges at Millook. Cllr Chopak will address these matters with Highways.

Planning Matters

Reserved Matters including landscaping following outline approval for 4 dwellings at Bingera Cottage, Maderia Drive, Widemouth Bay.

New Hall for Poundstock

The Chair reported that the architects are currently developing detailed drawings of the medium sized hall for formal presentation. He stated that more voting postcards have been received in support of a new hall for Poundstock, with encouraging comments thanking the council for its hard work in making this a reality. Draft terms of reference are currently being prepared for a community hall steering group. Following discussions a budget of £100 maximum was agreed for leaflets to be printed inviting parishioners to join the community hall steering group.

Cont. Overleaf

Parish Council minutes—Cont.

Widemouth Bay toilets

It was agreed to proceed with the tender process for the winter cleaning tender. New stainless steel flushing urinals have been installed.

Poundstock Ward members report

Cllr Chopak reported that Newquay Airport is under scrutiny, Cornwall Council is in the process of signing the contract which has triggered a vote of no confidence in the leader. Cllr Chopak re-iterated the Council's interest in Widemouth Bay car-park should it become available.

The Council is facing a £60 million overspend and is seeking ways to make savings.

Widemouth Bay

The chair reported that he attended the final formal meeting for the "Making Space for Sand" project. Cornwall Council has agreed to engage with residents in Widemouth to discuss the car parking areas within the car park

This is a summary of the Parish Council minutes. For further details please see the Parish Council website poundstock-pc.gov.uk

Parish Hall Steering Group

Would you like to be part of the Steering Group for the new Poundstock Parish Hall? The Parish Council is seeking nominations for local residents to work with the Council to decide the way forward for this exciting project.

If you would like to put your name forward, please email the Clerk, Lynn, at clerk@poundstock-pc.gov.uk or call her on 07768 100560.

All applications will be treated in strict confidence. When applying it would be helpful if you could say a bit about yourself and why you want to join.

In Memoriam—Sandy Faulkner

We are very sorry to say that Sandy Faulkner has died. Sandy was our Secretary for the Poundstock Packet and she also helped various local organisations such as the RNLI shop, Bude Canal Trust committee and the Treasurer for St Michael's church.

She retired back to Bude after working in London to be near her sister.

Condolences to her family and friends. We will have a bigger piece about her in our next edition.



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FREE ADVERTISING FOR LOCAL EVENTS

The Packet will always advertise local community and charity events free of charge. But we don't 'just know' what's happening – you have to tell us! Our deadline for the next edition is 15th January—contact Tania or Jayne at poundstockpacket@gmail.com

Defibrillators in the parish

Black Rock Cafe has a new defibrillator! It is positioned on the side of the car park hut as you drive through into the car park.

Widemouth Bay: next to the Summerhouse (by the church, Leverlake Road); near the top of Long Park Drive by the entrance to Pencarra and Bellair, just below the junction with Edith Walk; at the back of the public toilets just above Widemouth beach. The RNLI lifeguards also have a defibrillator, available at their hut above the beach when they are on duty.

Treskinnick Cross: just off the A39, in the old phone box.

The Word search missing word was ... sunshine

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