



THE POUNDSTOCK PACKET



KERNOW BYS VYKEN!

OH GIVE THANKS TO THE GOD OF HEAVEN

FOR HIS MER-- CY EN-- DURETH FOR EVER. Fine.

HA-- LE-- LU-- IAH HA-- LE-- LU-- IAH. Da Capo.



Grandfather Thomas Medland's Cornish Song

Does this round strike a chord? It was sung in this area in the mid 1800s by, among others, Thomas Medland, who emigrated to New Zealand in 1865 (that's him pictured above, in later life). Thomas was born in Poundstock and subsequently lived in St Gennys, where he learned the song at Bible Class. He used to sing it in his new home and taught it to his son Joseph, and it has been passed on through the family ever since. It was kindly sent to us by his great granddaughter Lynda Medland, probably our farthest-flung reader,.

The round comes with the suggestion that it sounds best sung with four groups. Maybe some of our musical readers would like to give it a try!

You can read more about Thomas and his family on p. 27.

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LET'S GET THINGS GOING AGAIN

The past eighteen months have been an ordeal for everyone, but particularly for those who live alone and find it difficult to get out and about. Phone support has kept people going, but days without real human contact are hard to cope with. We need each other.

Which is why it is so good to see that things are cautiously starting to open up. Several community events are planned (and advertised in this issue of the Packet), but perhaps the most important is the invitation to drop in at Widemouth Bay summerhouse for a cup of tea and a chat (see p. 5). If, like many of us, you sometimes feel you could do with a bit of company, do drop in and help the Friday group start up again. Liz

Contributions

We always welcome input from our readers. If you want to send us an article or local information, contact us at poundstockpacket@gmail.com or ring the editor, Liz Jones, on 079040 88779.

We do not necessarily endorse the views expressed by individual contributors and while we do our best to make sure all information is accurate, we can't accept any responsibility for errors. We reserve the right to edit items submitted and decide on what is suitable for publication. If you wish to copy or reuse any of our content, please contact the editor or article author for permission.

The deadline for our next edition is 20 November.

Advertising

Advertising in the Packet costs from £35 a year (six issues), depending on the size of ad you choose. This includes delivery direct to all the homes in the parish – currently 550. For more information please contact Karen Probets via poundstockpacket@gmail.com or Jen Spettigue, 36 St Marwenne Close, Marhamchurch (01288 361525),

We do our best to deliver to everyone in the parish, but if you know of anyone who has been missed, please let us know. For those who live elsewhere, copies are available at the Beach House and Wainhouse Country Stores, on our website (poundstockpacket.org.uk) or by post; please contact us for details.

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Around the parish ...

Action for Children: Thank you everyone who helped raise money for the children, you will be pleased to know that you raised £347.88 this year which is a great result. Thank you again.
Ann Going

Stratton Medical Centre are asking for your help; see p. 11.

Widemouth Summerhouse: The friendly group who used to meet in the Summerhouse on Friday afternoons had to stop because of covid, but their informal get-togethers have been greatly missed. They are hoping it's now possible to start up again, while taking care to keep everyone safe. If you've missed being able to meet up with others and would enjoy a chat and a cup of tea, with perhaps a game or a craft activity once in a while, do come along to the Summerhouse during the afternoon of Friday 22 September, from 2.00. You will be really welcome. If you'd like to know more or can't make that date, keep an eye out for notices on the board outside the church or contact Liz Jones via the Packet (see p. 3).



WE ARE BACK!

Poundstock Gildhouse & Church

CRAFT FAIR & PUMPKIN FESTIVAL

OCTOBER 30TH 10-5 & OCTOBER 31ST 10-4

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CHURCHES

We are part of the Bude Coast and Country Benefice of Stratton Deanery. The rector is Revd David Barnes (01288 341670, d.barnes645@outlook.com).

ST WINWALOE'S is the parish church for Poundstock. It dates from the fourteenth century. For many years it was known as St Neot's, until in the 1970s the then rector was able to show that St Winwaloe, was its original dedicatee, and the church was renamed. Services are held on the second and fourth Sundays of the month at 9.30 am. Special services by arrangement with the rector.



Contact: Liz Jones (PCC secretary): 079040 088779 or jones@maves.co.uk

OUR LADY AND ST ANNE'S, Widemouth Bay, is one of the smallest churches in the country. It was originally a private chapel in a local garden, moved here in 1940. In its garden is the Widemouth Bay Summerhouse, used for many local gatherings and events. Holy Communion is celebrated here every other Wednesday at 10am, alternating with St Michael's, Bude.



Contact: Judy MacDonald (churchwarden): 01288 362254.

SERVICES FOR OCTOBER AND NOVEMBER

October

- 3 HC, Bude 9.30; FS, WSM 10.00; EP, Marhamchurch 6.00
- 10 **MP, Poundstock 9.30**; HC, Marhamchurch 9.30 and Whitstone 11.15; EP, WSM 6.00
- 17 HC (Harvest), Bude 9.30 and WSM 11.15; MP, Marhamchurch 11.15
- 24 **HC, Poundstock 9.30** and Marhamchurch 9.30; MP, Whitstone 9.30 and WSM 9.30; HC, Bude 11.15
- 31 United Benefice Service, Marhamchurch 10.00

November

We are sorry that final service details for November weren't available as we went to press, though they will probably follow the above pattern. Please check the notice in the church porch nearer the time to be sure.

14 **MP, Poundstock 9.30, followed by the Act of Remembrance at the War Memorial in Vicarage Lane (Two-Minute Silence at 11.00)**

27 **HC, Poundstock 9.30**

EP Evening Prayer; FS Family Service; HC Holy Communion: MP Morning Prayer



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Bangors Chapel and Hi-5 Talk Time

SAVE IT or LOSE IT?

Bangor Chapel has been registered as a Community Asset by Cornwall Council but this is time limited to prove its future or lose the building to developers.

HOW TO SAVE IT for COMMUNITY USE and OWN IT

It can be saved if purchased by a Community Benefit Society set up to benefit Poundstock and surrounding areas.

FINANCIAL BENEFITS

A Community Benefit Society is able to apply to the government's new Community Ownership Fund for a grant of 50% of the purchase cost!

And a Community Benefit Society is able to apply to the Community Ownership Fund for a grant of up to £50,000 for renovations and improvements!

HOW YOU CAN HELP

YOU become a Member of the Community Benefit Society so that YOU are able to actively determine the future of the building.

MORE INFORMATION

Hi-5 Talk Time, charity and current tenant of part of the building, is preparing this pathway to saving the building. We invite you to join us at the Hi-5 Talk Time Cafe Cream Tea event on Sunday, 3 October, 2.30-4.30, at Bangors Chapel, to enjoy the home-made scones and an opportunity to find out more.



registered charity no 1183872

Supporting and enhancing the wellbeing of families and carers of children with additional needs in Cornwall and Devon

Website: hi-5talktime.org.uk FB: [Hi-5talktimecafe](https://www.facebook.com/hi-5talktimecafe) E: info@hi-5talktime.org.uk



It's Cream Tea Time!

Former Bangors Methodist Church and Hall, Vicarage Lane

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2.30 – 4.30 pm**

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... WE NEED YOUR SUPPORT!

Have you a few hours to spare to help those living in the Bude and Stratton community?

Are you a patient or carer registered with Stratton Medical Centre (SMC)?

Would you like to support our local GP Practice at SMC?

A Patient Participation Group (PPG) is a group of patients, carers and staff from the Centre who meet to discuss Practice issues and the patient experience to help improve the service.

The Patient Participation Group (PPG) at SMC is looking to expand its membership this autumn in order to increase collaboration with and support for the healthcare team at the Practice as the coronavirus pandemic eases.

Quarterly meetings are scheduled for a time to suit the majority of the members and are held in a spirit of partnership. In addition to the regular meetings, there may be times when PPG members are asked to participate in data collection using questionnaires, assist in study days organised by either the PPG or the Practice and volunteer at vaccination clinics. We are particularly interested in promoting and increasing the use of the PPG Facebook page.

No specific skills are required apart from a desire to support our local healthcare services, its patients who access them and the team which delivers its care. Without you, we will not be able to go forward in support of Practice staff to deliver first-class healthcare to our patients as we would like to do. Links to PPG information at SMC can be found on the Practice website at <https://www.strattondocs.co.uk/patient-participation-group>.

If you are interested in joining the SMC PPG, please contact me on my email given below and I will respond as soon as possible. *Please note, all PPG members have to be registered as a patient or carer with Stratton Medical Practice.*

I look forward to hearing from you soon.

Rosemary Lee, Interim Chair of SMC PPG

rosemary.ppg@gmail.com

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Wow! What a wonderful start to the new school year here at Jacobstow. Everyone is raring to go with the year ahead and hoping (as I am sure we all are) for a little less disruption and more

normality with the changes to how schools and the public respond to any Covid cases. A huge thank you to all our children, families, staff and visitors for all their help in trying to stay as safe as possible by following the restrictions and guidelines we have had in place.

We have welcomed our new group of Reception children and families into our school. They have settled in so well, made new friends and are enjoying finding out about their new routines and learning. We can't wait to see them develop further as individuals. We also have a number of new children joining us in each class across the rest of the school. A huge welcome to all of you and your families. We look forward to getting to know you more over the coming year.

Our nursery children and staff are starting their second year in our newly formed Foundation Stage unit known as Little Stars. Most Septembers we start small and grow, however this year we already have high numbers on most days bringing us nearly to capacity on a couple of days each week. However, there is always flexibility around staffing ratios so if you are interested in taking up some of our spare spaces please get in touch to have a look around or to get your name down on our nursery waiting list - which is also getting booked up fast! We are so excited about how our nursery unit is developing and that we can offer so many 30 hours places to 3 year olds.

In the summer term, the staff planned out an outline of events for the coming academic year hoping that all stays well and we are permitted to go ahead. This first half term we are intending on having a Harvest Festival, involving our local community in a special way. We are also



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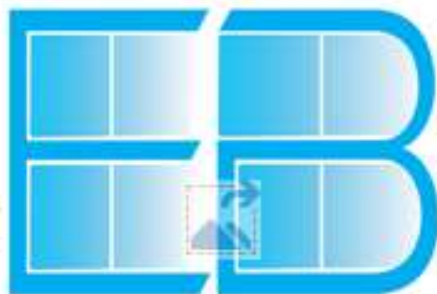
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hoping to have a Macmillan Cancer coffee morning (outside if the weather holds) in conjunction with our first open day for prospective and current parents.

We will be planning our Christmas celebrations and hoping to have a church service including local community We are also hoping to have a Macmillan Cancer coffee morning (outside if the weather holds) in conjunction with our first open day for prospective and current parents. We will be planning our Christmas celebrations and hoping to have a church service including local community members as guests. Plus there are so many more great sessions planned!

If any of our community members would be interested in helping our school by doing any 'odd jobs', (of which there are always plenty!) gardening, listening to readers, or anyone who has a particular hobby, skill or talent they think our children would be interested in finding out about, please get in touch as this year we really want to get involved more with our local community members.

Finally we want to just send a message to our wonderful year 6 leavers of 2021. We all hope you have had the best start to your next amazing adventures. We miss you being part of our Jacobstow Family but want you to know you are always welcome to come and say hi and let us know how you are getting on. Always believe in yourself and remember to 'reach for the moon' in all you do!



Mikaela Rofe

A FEW SPACE JOKES

How does the man in the
moon cut his hair?

Eclipse It!

How do you organize a
space party?

You planet!

What do you call an alien with
three eyes?

An al iilen!

How do you get a space baby to sleep?

You rocket!



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Meadowlands Court

Here are some photos of our Summer BBQ held here at Meadowlands Court.

It was organised by Lisa and Nicky – well done, ladies – and was very well attended, as you can see from the photos. There must have been 50 people there. Royale Life contributed towards the cost.

We all had a great afternoon. The weather was perfect.

Our next event was a picnic/raffle/auction in September in aid of our appeal to raise funds for the installation of a defibrillator unit,

We held a summer picnic with a massive raffle and extra tables for craft work and bric-a-brac, etc. All of this in aid of our appeal for funds to buy a defibrillator for our residents. It was a brilliant day, very well attended, the sun shone and we managed to raise £1,005 so far.

We're looking forward to more get-togethers.



Tony Kestell



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Our Night Sky in October 2021

Venus will be setting in the southwest shortly after sunset, while Saturn and Jupiter will follow suit about midnight, so make the most of these delightful planets. To compensate, the first of the winter constellations will be **making** an appearance in the east, with Orion showing himself just as the two gas planets leave us in the west.

Ingenuity, the Martian helicopter, has been carrying out ever more demanding flights, and its ninth was, according to the scientists operating it, 'a nail biting affair'! Flight 9 was not like the flights that came before it. It broke records for flight duration and cruise speed, and it nearly quadrupled the distance flown between two airfields. But what really set the flight apart was the terrain that Ingenuity had to negotiate during its 2 minutes and 46 seconds in the air – an area called 'Séítah' that would be difficult to traverse with a ground vehicle like the Perseverance rover. This flight was also explicitly designed to have science value by providing the first close view of major science targets that the rover will not reach for some time.

On a later flight, Ingenuity will send back colour images that Perseverance's scientists are looking forward to studying. Captured in those images are rock outcrops that show contacts between the major geologic units on Jezero Crater's floor. They also include a system of fractures the Perseverance team calls 'Raised Ridges', which the rover's scientists hope to visit in part to investigate whether an ancient subsurface habitat might be preserved there. Finally, they are hoping the colour images will provide the closest look yet at 'Pilot Pinnacle', a location featuring outcrops that some team members think may record some of the deepest water environments in old Lake Jezero.

When you consider that this helicopter is operating millions of miles away from Earth, in an atmosphere only just capable of supporting it, and having each flight pre-planned so that it can operate autonomously, the achievements the scientists have made are astonishing.

Bill Turnill

GILDHOUSE QUIZ EVENING

Friday 1 October starting at 7.30 pm in the Gildhouse,

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Cornwall Council	0300 1234 100
Bude Library/One-Stop Shop	0300 1234 111
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(Phone advice line, operates 10–4, Monday–Friday)	
CCS helpline/Age UK Cornwall	01872 266383
Floodline	0845 988 1188
Western Power (power cuts)	0800 678 3105
Jacobstow WI: Mrs J. Baker	01840 239829
Marhamchurch WI: Mrs P. Hazeldine	01288 682193
Poundstock Skittles: Pam Gilhespy	01288 361570
Poundstock Ringers	079040 88779
Juliottter Garden Club	01566 781559 or 01840 261237
Rebel Cinema	01288 361442

Local Organisations

Libraries

Bude Library is currently open 10.00–4.00 Mondays, Wednesdays and Fridays, 10.00–1.00 Saturdays. Reserve books by phone (0300 1234 1111) or online at capitadiscovery.co.uk/cornwall/login.

Poundstock's two pop-up libraries, in St Winwaloe's and Our Lady and St Anne's, are available when the churches are open (currently Wednesdays for St Winwaloe's and all day, every day for Our Lady and St Anne's).

Poundstock Post Office

Still based in the old shop at Cornish Coasts Caravan and Camping Park on the A39. Open Mondays and Thursdays, 9.00–1.00 (ask at the new shop).

The following are accurate to the best of our knowledge, but check before you go (contact details below or p. 21).

Scouts and Guides

Cubs: Monday 6.30–8.0 pm (01288 352786)

Guides: Monday, Jacobstow parish hall

Scouts: Tuesday 6.30–8.0 pm

Beavers: Wednesday 6.0–8.0 pm (07855 001284)

Rainbows, Brownies and Guides: ring Louise on 078 1798 5661.

Marhamchurch WI

Marhamchurch Methodist Hall, 7.30 pm, second Tuesday of the month.

Jacobstow WI

Jacobstow Parish Hall, 7.30 pm, second Thursday of the month.

Juliotter Garden Club

Otterham and St Juliot Hall, 7.30 pm, fourth Tuesday of the month.

Launceston/Bude Dog Training/Agility

Puppies, pet dog training, problem dogs, clicker training, socialisation.

Classes for all ages and abilities. All profits to charity. Further details from 01566 86500 or 01288 321922.

Bude Bridge Club

Tuesday and Friday evenings, Wednesday afternoons, in the Parkhouse Centre. Details from www.bridgewebs.com/Bude or ring 01237 471111.

Poundstock Gildhouse

You can hire the Gildhouse for events from meetings to parties and wedding receptions. Details from 01288 341537 or 01566 781559, or visit www.poundstockgildhouse.co.uk.

Diary Dates

October

- 1 Gildhouse quiz, booking essential (see p. 19)
- 3 Cream tea for Hi-5 Talk Time Café, 2.30–4.30 (see p. 9)
- 6 and every Wednesday: Gildhouse open, 10–4, free
- 14 Jacobstow WI visit to Crackington Cider
- 22 Widemouth Summerhouse: tea and chat, 2.00 onwards (see p. 5)
- 26 Juliotter Garden Club, 'Organic Vegetable Growing'
- 30/31 Craft Fair and Pumpkin Festival, Gildhouse (see p. 5)

November

- 14 Remembrance Sunday. Two-Minute Silence and Act of Remembrance at the War Memorial, Vicarage Lane, 11 am
- 18 Jacobstow WI, 'Medical Detection Dogs'
- 23 Juliotter Garden Club, 'Dahlias'

FREE ADVERTISING FOR LOCAL EVENTS

The Packet will always advertise local community and charity events free of charge. As restrictions ease and circumstances allow meetings and events to take place, we all hope to get back to a more normal pattern of life with a lot more going on. As ever, we will be delighted to publish the details: just let us know.

Our deadline for the December and January edition is 20 November.

DON'T FORGET: TELL THE PACKET!

Defibril lators in the parish

There are three, all in Widemouth Bay. One is next to the Summerhouse (at the church in Leverlake Road), one is near the top of Long Park Drive by the entrance to Pencarra and Bellair, just below the junction with Edith Walk, and the third is at the back of the public toilets just above Widemouth beach. The RNLI lifeguards also have a defibrillator, available when they are on duty, from the lifeguard centre in the council car park.

Pilates Classes In North Cornwall

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Incy Wincy



The dangerous Funnel Web Spider (photo Hamish Weir, Unsplash)

‘MUM, DAD, COME QUICKLY, I’M GOING TO DIE!’

‘Why?’

‘BECAUSE I’VE JUST SEEN A FUNNEL WEB SPIDER IN THAT GORSE BUSH, AND IT’S GOING TO KILL ME!!!’

Let’s get two things straight: Funnel Web Spiders are dangerous, lethal to humans, and a painful death follows 15 minutes of agony. Do not approach them and stay at least three feet away. They are shiny dark brown to black.

The other thing is that Funnel Webs **ONLY** live about 12,000 miles away in Australia. You never see them wild in this country.

Funnel Web Spiders are, we hope, about to contribute to medicine. Their venom is horribly dangerous but a protein in it might help to reduce damage from heart attacks. Australian scientists hope to start trials involving human heart transplants in 2023.

Anyway, let’s get back to that gorse bush. The spider is a Labyrinth Spider which is a charming little critter, utterly harmless to us, but it’s no friend of little insects which it has for breakfast, lunch and supper. The funnel is a kind of lobster pot trap, and the Labyrinth Spider runs up the funnel to catch its home delivery.

The web is made of gossamer-thin thread and is criss-crossed time and again; it is so thickly woven that it seems to be white. It is firmly attached to the gorse prickles, so it stands up to the strongest winds and the wettest rains.

The funnel is also its escape route from nosy children. It is a passage down which the spider runs to get away. Right at the end is a maze of tunnels, and at the end is a nursery room where the eggs hatch into tiny little replicas of Mum. Mum stays with all her children until they are grown up and ready to leave home. Sometimes the mother dies before the young leave. Then the spiderlings gobble up the mother.



‘MUM, I’M COMING QUICKLY, YOU’RE GOING TO DIE!’

Christopher Asbury

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Thomas Medl and: Cornwall I to NZ

My first known Medland family in the area were Richard Medland, b. about 1675, and Philipa French, b. about 1680. They were married in St Juliot Church in 1702 and moved to St Gennys not long after. The family and future generations lived in St Gennys and Poundstock.

Thomas Medland, one of their sons, married Jane Luxon in St Gennys in 1747. Their son John, b. 1752, was my 3 x great grandfather. He married Ann Shephard and was the first of several generations to farm at Woolstone in Poundstock. Their graves are in Poundstock churchyard.

My 2 x great grandfather, their son William, was a bit of a lad – he was probably involved in smuggling and definitely liked a drink and bit of gambling! His first son, William, was born out of wedlock to Mary Broad; they never married. He then had two more children, this time with Mary Fuge, and eventually married her in 1835 at Poundstock Church. Her Fuge family had originally come from St Clether and Altarnun.

William and Mary's family increased. They lived at Woolstone where my great grandfather Thomas James Medland was born in 1841. They moved early in his life to St Gennys, eventually settling at New House (White Lodge) where William died in 1858. Thomas would have had his lessons at St Gennys, and was apprenticed to a carpenter at Camelford. In 1865, at the end of his five-year term, he and his younger brother James left to start a new life on the other side of the world in New Zealand.

The brothers received land grants on Great Barrier Island, about 100 km from Auckland City on North Island, New Zealand. Thomas married in 1878 and with his wife Elizabeth raised a family and built up a large land holding fronting a beautiful bay, now called Medland's Beach. Along with many members of my extended Medland family we now either reside there or have holiday houses in the area.

James returned to England in 1874 and married Rebecca Moyse from Poundstock, after which they sailed to Canada to be with older brother John and sister Ann in Ontario, a popular area for Cornish migrants. We think he also took his mother and another brother, William. James and Rebecca returned to New Zealand from Canada in about 1880.

There were no direct ancestors of mine left in Cornwall after 1874 other than from William Medland, the first illegitimate son, who settled in Stoke Climsland and married a Matilda Parsons.

Lynda Medland



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Before we broke up for the summer holidays, the Rainbows, Brownies and Guides all had great fun meeting mainly outside, only having to go to plan B or in some cases plan Z a couple of times due to the weather not being kind. All units grew when we returned face to face, Rainbows experiencing the biggest growth by going from 5 to 13 in one week!

The units all had great fun on the beach and we had some creative sand sculptures from all the sections. We ended the term by re-establishing our annual family beach evening at Widemouth Bay with the units from Tregadillett; there was plenty of room for the families to space out and to enjoy the picnics that they had brought with them.

During the first weekend in August the Brownies joined with Tregadillett Brownies on their annual pack holiday. The theme was *The Magic Far Away Tree* by Enid Blyton, and it was great to read all the stories the girls had written about them or their toys having an adventure in a different land. This year it was mainly virtual over Zoom, although we all met up for a delicious meal at Trethorne Golf Club, afterwards telling a story started by Sara (Tegadillett's Brown Owl) and continued bit by bit by everyone as it went around the table.

As this is written, we are very close to returning after our summer break. The leaders have all risk-assessed and planned what will be a very exciting term for the girls. Yet more new girls are getting excited about starting their journey with Girl Guiding, whether that be with Rainbows, Brownies, Guides or Rangers, not to mention those who are returning to continue their journey with us, with their badge work being collected together to show us, in order that they can be awarded the badges that have been worked on over the summer.

Louise Cowling

Did you know ...Guides and Scouts always shake hands with their left hands. Why? Well, some say it's because your left arm is closer to your heart, so shaking with your left hand shows true friendship and sincerity. Others say it comes from Baden-Powell's adoption of an old African tradition, where warring tribes made peace by putting down their shields, which they held in their left hands, and reaching a hand of friendship to their erstwhile enemies. Whichever is the real reason, it means you can use your right hand to salute at the same time as you shake with your left – pretty neat!



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2nd Bude Scout Group

The past few months have been a busy time for us. I am delighted to say the ground works for the hut have been completed, along with the landscaping of the whole site.

The timber frame was delivered and through the hard work of the committee members and volunteers the wall panels (exterior and interior) have been put up, along with the roof trusses. The next challenge is to make the hut watertight over the next few weeks before winter arrives.



Our aim through the winter months will be to keep working on the hut as funding allows.



Our young members are still hard at work raising funds for the hut. On Sunday 22 August, Ben Northcott had a super afternoon with a pop-up refreshment stall at Dizzard overlooking the sea. The sun was shining and Ben (with a little help from his family) raised a fantastic £1173.15. Others have been equally busy. In a clever variation on a raffle, Lucas sold squares in a beautiful handmade blanket, won by a delighted Winnie Northcott.

On 5 September a further £1584.60 was raised from a tractor rally organised by the Medland



Supercook Ben's refreshment stall in the sunshine was a huge success

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2nd Bude Scout Group (continued)

The afternoon was completed with a BBQ on the new site – a wonderful opportunity for people to see the progress we are making where so many of them have supported us throughout this project.



We thank everyone who has supported us throughout this ongoing project; the local community's support has been very generous.

With the autumn term started we are back to Beavers, Cubs and Scouts meeting weekly, with another varied programme for the young people.

Jill Cole

2nd Bude Scout Group Treasurer



Lucas sold squares in this beautiful blanket, which was won by Winnie Northcott.

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Jacobstow WI

Following our outdoor meetings held over the summer, we were back in the Parish Hall in September – just as well since the thunderstorms were threatening! With precautions still in place, we enjoyed getting together again and welcoming some new members

We had a fascinating talk by local medical herbalist Katrina Werren,



entitled 'Back to our roots: our native hedgerow medicines'. Certain berries, roots, bark, leaves, flowers and mushrooms have long been known to aid healing and relieve a variety of medical conditions. Katrina passed around a variety of hedgerow plants for us to identify and then explained some of their uses in herbal medicine. Often they are used in combination to treat

the causes and symptoms. We also tasted samples of an elderberry and blackberry tincture, hawthorn and apple leather and even a medicinal hot chocolate! Since the seasons and time of day the plants are harvested can affect the amount of active ingredient, Katrina grows many of her herbal ingredients herself.



Despite the recent wind and rain, members entered in our usual monthly competitions, bringing sweet-smelling herbal posies and beautiful Flower of the Month blooms from their gardens.

Looking ahead, October is a busy month for the WI with a visit to Crackington Cider in place

of our meeting on the 14th, the County Annual Council Meeting at the newly refurbished Hall for Cornwall on the 20th and our Birthday Lunch on the 24th, celebrating 83 years of the WI in Jacobstow.



In November we'll be meeting a week later on the 18th due to the Parish Hall redecoration and we hope to have a speaker from the Medical Detection Dogs charity.

If you'd like to see if the WI is for you, do come along to a meeting. Find out more online at www.thewi.org.uk (National WI), www.cornwallwi.org.uk (Cornwall Federation) or give Jill a call on 01840 239829.

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A Legal View: Beach Huts

When my children were younger, we used to spend a lot of time on the beach. So for many years we were able to rent a beach hut on Crooklets beach in Bude. There was nothing fancy about these huts, but they were large enough and convenient enough for us to keep our beach paraphernalia and we were able to keep our young children happy and amused for many hours on the beach. The cost back then to rent for the summer season was modest, and the waiting list was small.

The beach attracts us all. I understand for some people it means 'Best Escape Anyone Can Have'. I also saw recently the definition of 'beachology'.

Be shore of yourself, don't be crabby.

Let the worries drift away.

Drown out pier pressure.

Soak up positive energy.

Seas life's moments.

How therefore can we resist the beach and pull of the sea? Especially living in Cornwall.

A few years ago we had a family get together in Southwold, a lovely seaside town in Suffolk. Through our contact there, we were also able to hire a beach hut. The cost was £200 per week, and that included beach chairs and a gas hob. With everyone wanting to relax and have downtime, we certainly made full use of it. Whilst walking round the town, I was able to see in the windows of local estate agents many beach huts which had been put on the market for sale, just like any house would be. I have never seen that before, and I found it rather strange at the time. I had to rub my eyes to be sure I read the particulars correctly for most of the beach huts. They were on sale with a starting price of £50,000, with the best ones on sale in region of £70,000.

Time moves on and prices go up. A number of newspapers have recently reported on the sale of a beach hut in Dorset. It is situated at Mudeford, and is for sale for a record £575,000. Andy Denison, of estate agents Denisons noted 'the property enjoys an elevated position with glorious uninterrupted front and rear views of the beach and harbour. This truly high-spec hut has recently undergone major improvements. The home comfortably sleeps 6 with two doubles on the ground floor and a double on the mezzanine.'

I don't think I will be putting in an offer. All I need is a good dose of vitamin sea!

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Present: Brenda Alison (chairman), Tom O'Sullivan (vice chair), Councillors Stephen Blake, Robert Gavin, Pamela Idelson, Robbie Pearce, Gemma Watton; the parish clerk. **Apologies:** Brian Furse, Ben Lillie, Steve Pawley.

Public participation: Members of the public spoke on planning matters and highway concerns. One person requested grant funding for a defibrillator.

Planning applications: PA21/04272, Meads Farm EX23 0EE, erection of replacement dwelling and extension to residential curtilage in place of previous approval, no objection; PA21/07120, Mr and Mrs Stokes, Atlantic Court, decking and canopy, no objection provided there is no artificial lighting.

Finance: Payments totalling £3,029.28 approved.

Agenda items: (a) (i) To consider setting up a Planning Committee for a trial period of 6 months: after lengthy discussions the motion was defeated (5-2). (b) Defibrillator at Treskinnick Cross: Cllr Alison gave an update report regarding current ownership of the telephone box, to be considered at the next meeting. (c) Appointment of a named sexton for Poundstock Cemetery: resolved to appoint Raymond and Ingrid Stacey without any financial implications to the Council. (d) Livestreaming Council meetings: resolved to set up livestreaming via the Parish Council Facebook page.

Reports: (a) Ward Member Report: Launceston MIU will remain closed until 1 October 2021. A public meeting via video conferencing will be held in September to discuss Stratton MIU. There will be extra funding in Cornwall to increase COVID awareness. Enforcement has been under pressure mainly due to COVID, Cllr Chopack asked people to contact her with any concerns. The speed limit of 50 mph on the A39 will be extended to Thorn Cross.

Steering/Working Group Reports: (a) NDPSG Local Landscape Character Assessment (LLCA): Workshops have commenced. The 2019 surveys continue to be uploaded onto Survey Monkey. Steering Group members are attending the Community Hall Working Group. One Steering Group member will be nominated to assist the Clerk with the NDP page on the Parish Council website at the next NDP meeting on 22 September 2021. (b) Community Hall Working Group: A meeting was held with the landowners adjacent to the Parish Hall to discuss the possibility of acquiring land to extend the parking area; resolved to have no further discussion with the landowners. Resolved to obtain information on asbestos removal, and to seek advice from Cornwall Council in relation to the demolition of the Parish Hall and advice on the possibility of rebuilding.

Meeting closed: 21.07.

Next Ordinary Council Meeting: 28 September 2021.



The NHPSG continue to meet via Zoom with agendas and minutes available on the Parish Council website. Below is a brief summary of recent work to date.

Housing Needs Assessment (HNA): With successful funding from Locality, arrangements are under way for the HNA to be carried out soon.

Local Landscape Character Assessment: Workshops have commenced with a group of members having their first session at the beginning of the month.

Survey Monkey: The questionnaires from 2019 have all been scanned and are being converted to Survey Monkey format. Future questionnaires will be designed to be answered through Survey Monkey, so that those completed on paper can be more easily transferred.

Community Hall Working Group (CHWG): members of the Steering Group have attended CHWG, a huge benefit that has identified the need to collaborate. One NHPSG member will be a voting member for CHWG meetings.

Finance: The NHPSG have asked the Parish Council to set a budget line within the accounts so that expenditure is easily identifiable.

For consideration: Possibly producing a newsletter. We welcome livestreaming of Council meetings via Facebook, which will benefit the Neighbourhood Plan.

Poundstock Neighbourhood Development Plan Steering Group

Chairman Matthew Blows Vice Chair Brenda Alison Secretary Lyn Smith
Members Sara Beckett, Fiona Hodges, Fiona Jeffery, Robbie Pearce, Barry Rogers, Nicky Vereker, Phyllis Ward

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Vice Chair Tom O'Sullivan tom.osullivan@poundstock-pc.gov.uk

Councillors

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Public Toilets Pamela Idelson and Robbie Pearce

Transport Brian Furse and Ben Lillie

Emergency Procedures —

Police Advocate —

Steering Group / Working Groups

Neighbourhood Development Plan Robbie Pearce

Community Hall Working Group Brenda Alison, Steve Pawley, Robbie Pearce, Tom O'Sullivan, Gemma Watton

WBay Toilets Working Group Pamela Idelson, Ben Lillie, Robbie Pearce

Community Network Panel Tom O'Sullivan

The Poundstock Packet —

Representatives to Outside Bodies

Gildhouse Mgmt Committee Robbie Pearce

WBay Residents' Association Gemma Watton

The parish council website carries agendas, full minutes and other documents, as well as information about the Neighbourhood Development Plan and the parish cemetery. Council meetings are normally held on the fourth Tuesday in the month at 7.30 pm, currently in Bangors Chapel hall and on Zoom, but best to check before attending.

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