

No. 110 August / September 2021



THE POUNDSTOCK PACKET

KERNOW BYS VYKEN!



Tired but triumphant! Rick Dean well on the way to completing his 30-mile challenge in memory of his son Kierran and wife Julie. See p. 11.

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Back to normal ? Well, who knows? But at long last it certainly looks as though we're getting there. There will no doubt be ups and downs along the way, but as our lives open up again let's hang on to at least one of the rubrics of this awful pandemic: be kind.

It's been appalling to hear how a few people have treated those who have kept us going: shop workers, transport staff, police, even life-saving medical staff have been abused, coughed and spat over, sometimes even physically attacked. Of course most people would never dream of behaving this way, but let's make a positive effort to do the opposite: a smile, a thank you, an acknowledgement of a job well done won't cost a thing but makes everyone's day that little bit better. Be kind.

Liz

Contributions

We always welcome input from our readers. If you want to send us an article or local information, contact us at poundstockpacket@gmail.com or ring the editor, Liz Jones, on 079040 88779.

We do not necessarily endorse the views expressed by individual contributors and while we do our best to make sure all information is accurate, we can't accept any responsibility for errors. We reserve the right to edit items submitted and decide on what is suitable for publication. If you wish to copy or reuse any of our content, please contact the editor or article author for permission.

The deadline for our next edition is 20 September.

Advertising

Advertising in the Packet costs from £35 a year (six issues), depending on the size of ad you choose. This includes delivery direct to all the homes in the parish – currently 550. For more information please contact Karen Proberts via poundstockpacket@gmail.com or Jen Spettigue, 36 St Marwenne Close, Marhamchurch (01288 361525),

We do our best to deliver to everyone in the parish, but if you know of anyone who has been missed, please let us know. For those who live elsewhere, copies are available at the Beach House and Wainhouse Country Stores, on our website (poundstockpacket.org.uk) or by post; please contact us for details.

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Around the parish ...

Since our last issue, the Packet has heard of the deaths of two well-known and well-loved members of the community. We are glad to publish these brief tributes.

George Balsdon



Just a few words about my brother, George Dennis Balsdon, who passed away on 13 June. For the last eighteen months he had been in residential care at Southlands Court, Bridgerule, and been wonderfully cared for.

For over seventy years he lived at Trevissick Farm, and farming was his life. He also enjoyed sport on TV and went to Plymouth Argyle in his younger days. He loved nature and often could be found in Trevissick Lane, cleaning gutters, etc., and enjoyed meeting people walking their dogs or going to Millook. In the spring seeing the bluebells and later the wild strawberries, which our children loved. He was always the same, very calm, and is much missed by the family and friends.

Winnie Northcott

Joyce Marfleet

Joyce and her husband Peter moved to Poundstock from Oxfordshire in 1984 and rapidly built up a smallholding with sheep, rare breed pigs, more than fifty breeds of poultry and ducks and, perhaps most important, a herd of British Toggenburg goats. Her goats were Joyce's pride and joy and she regularly took them to shows across the area, winning many prizes.



She and Peter were always at the heart of parish activities, helping with the Revel, the Craft Fair and innumerable other events around the Gildhouse and church, particularly when Peter was churchwarden. In the past few years ill health meant Joyce had to retire from the roles she loved, but she remained a staunch supporter and greatly valued part of the community.

Only a few weeks ago, Joyce and Peter had the joy of celebrating both the birth of a new great-grandchild and their 67th wedding anniversary. She leaves an unfillable gap in the lives of her family and friends. . .

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CHURCHES

We are part of the Bude Coast and Country Benefice of Stratton Deanery. The rector is Revd David Barnes (01288 341670, d.barnes645@outlook.com).

ST WINWALOE'S is the parish church for Poundstock. It dates from the fourteenth century. For many years it was known as St Neot's, until in the 1970s the then rector was able to show that St Winwaloe, was its original dedicatee, and the church was renamed. Services are held on the second and fourth Sundays of the month at 9.30 am. Special services by arrangement with the rector.



Contact: Liz Jones (PCC secretary): 079040 088779 or jones@maves.co.uk

OUR LADY AND ST ANNE'S, Widemouth Bay, is one of the smallest churches in the country. It was originally a private chapel in a local garden, moved here in 1940. In its garden is the Widemouth Bay Summerhouse, used for many local gatherings and events. Holy Communion is celebrated here every other Wednesday at 10am, alternating with St Michael's, Bude.



Contact: Judy MacDonald (churchwarden): 01288 362254.

Services for August and September

August

- 1 HC, Bude 9.30; FS, WSM 10.00; EP, Marhamchurch 6.00
- 8 **MP, Poundstock 9.30**; HC, Marhamchurch 9.30 and Whitstone 11.15; EP, WSM 6.00
- 15 HC, Bude 9.30 and WSM 11.15; MP, Marhamchurch 11.15
- 22 **HC, Poundstock 9.30** and Bude 9.30; MP, Whitstone 9.30 and WSM 9.30; HC, Marhamchurch 11.15
- 29 United Benefice Service (HC), Bude 10.00

September

- 5 HC, Bude 9.30; FS, WSM 10.00; EP, Marhamchurch 6.00
- 12 **MP, Poundstock 9.30**; HC, Marhamchurch 9.30 and Whitstone 11.15; EP, WSM 6.00
- 19 HC, Bude 9.30 and WSM 11.15; MP, Marhamchurch 11.15
- 26 **HC, Poundstock 9.30** and Bude 9.30; MP, Whitstone 9.30 and WSM 9.30; HC, Marhamchurch 11.15

EP Evening Prayer; FS Family Service; HC Holy Communion: MP Morning Prayer



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Church News

After all these months of having to keep the church building locked, the St Winwaloe's congregation were looking forward to being able to open it during the day now that restrictions have been eased. We're hoping to do so on Wednesdays, so that visitors to the Gildhouse can come in - and of course anyone else who would like to see this lovely building, sit and pray or simply rest in the quiet, ageless atmosphere.

According to the terms of our insurance the building has to be locked at night, meaning that someone has to be responsible for locking and unlocking the building each day, and at the moment we are still trying to organise this. We're sorry if you find the door locked; it is very much not what we would like, and we are hoping to overcome this difficulty soon.

If you would like more information, please contact the PCC secretary, Liz Jones; if you are interested in a special service like a christening or wedding, please contact the rector, Revd David Barnes; or if you would like to know more about our services and what we believe, just come and join us on a Sunday morning; all details are on p. 7.

Pause for thought

We can make our own plans
but the Lord determines our footsteps

"WHAT'S THE MEANING OF LIFE?"
"DO I HAVE A PURPOSE?"
"IS THERE MORE TO LIFE THAN THIS?" **"IS THIS IT?"**



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Richard and Margaret on 01840 230219 or trencreekfarmhouse@outlook.com

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Meadowlands Court

Meadowlands Court may be one of the newest developments in the parish but it has certainly lost no time developing a real spirit of friendship and good neighbourliness. Tony Kestell, who lives there, sent us this picture of two beautiful benches designed and built in memory of two residents who are sadly missed. Tony says:

The benches are in memory of Julie Dean, who passed away in January,



and Barry Hill, who left us in March this year. Barry loved living at Meadowlands Court and loved his garden even more. He ordered so many plants on line that they are still arriving. His wife Liz is still enjoying the scents and colours even now. The two benches are placed where any resident can enjoy a breather.

Julie was the wife of Rick Dean, whose most recent fundraising effort for CHSW resulted in an amazing total of £1,184. At the end of June, Rick undertook a 30 mile challenge - walking 10 miles, cycling 10 miles and running 10 miles - in memory of Julie and their son Kierran, who received wonderful care from CHSW during his short life. This was a really tough challenge as each element demanded the use of a different set of muscles, and Rick had been training for months. With what has to be considerable understatement, he says his calf muscles were getting 'a bit sore' as he ran to the finish line! He sends a big thank you to everyone who supported him on what he describes as 'a good day' with all the elements going well. If you've been meaning to support him and haven't got round to it yet, you still can: Rick's fundraising website is still open at www.justgiving.com/fundraising/rick-dean1.



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Wow! Where has the time gone? The past two years have whizzed past, jam-packed full of so many exciting adventures, but also the steep learning curve as we have all navigated our

way through restrictions linked to COVID 19, vaccines and daily testing of adults and children being remotely educated due to lockdowns from school.

Thankfully, despite the increase in cases, we have been able to adapt our traditional events to allow as many as possible to go ahead whilst respecting the restrictions which we have all had to get used to.

The summer term is normally a bittersweet term in schools: a time to celebrate all that the year has brought, to enjoy the lovely weather (fingers crossed it lasts) and to share in a range of different events traditionally held in the summer term; however it is also a time of goodbyes, of changes, of new stages in education.

We were fortunate enough to be able to have our transition and settling in sessions for our new children in person; offering children and staff the chance to get to know each other. We also held our Sports Day, complete with novelty events and the more traditional flat running races. Everyone was involved in the event, with governors helping to organise the spectators seating, judging and handing out winning stickers. A number of new races were introduced including the Year 6 Spectacular (think wet, slippery, silly and fun !), the Slow Bike Race and the staff and house captains' wheelbarrow race. Alan Zoefitig, one of our governors, also orchestrated a staff egg and spoon race - complete with real eggs, many of which ended up smashed on the floor. Huge congratulations go to Discovery House, our yellow team, who stormed to victory on the Sports Day. It was wonderful to see such team spirit and a positive attitude to the races. We



were able to hold a Health, Well-being and Enterprise week in school packed full of visitors and exciting events, including a beach surfing day for KS2, a dance day, visits from a local artist, finding out about the work of the Cornwall Air Ambulance, First Aid Training for the children, a visit from a Therapony and the children working in class teams to plan and make a product to sell to raise money, including notebooks, rock pets, wax wraps and sea glass art work.

[Continued on p. 15]

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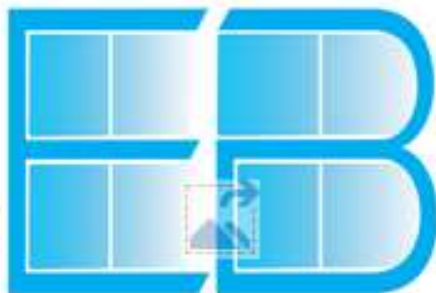
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JACOBSTOW PRIMARY SCHOOL AND PRESCHOOL(continued)

During the last week, we were able to enjoy celebrating our last week with the Year 6 children by introducing a formal Graduation Ceremony in the village church. We were joined by Reverend Heather Aston who introduced the event and shared a prayer at the end. It was made even more special as it was the first event held in the church since the start of the first lockdown! The Year 6 children were amazing, taking the new event in their stride and showing they are a real credit to their families and the school. They also had the chance to say goodbye to their school friends and staff in the more traditional way with a Leavers' Assembly and the signing of their old school tops. The whole school enjoyed a wonderful Rainbow Ball to celebrate not only the end of the year, but also to think about all the positives to hold on to out of the times we have had to adapt to during lockdowns. It was lovely to see the children having a little more freedom and mixing with each other, whilst laughing and having fun.



We can't wait to start our new adventures come September. However, we would also like to thank all the children, staff, parents and community members for their continued support. Finally, we want to wish our wonderful Year 6 children all the best as they move on to their next stage in their education. We will miss you all. Remember, reach for the moon in all you do!

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The Farming Page: Grass

I asked, what's growing really well apart from roses this summer and the grass was my first thought. But what is grass?

Grasses include bamboo, sugar cane, cereals, as well as thousands of varieties of the green stuff that grows all around us!

Grasses are really important to us all in their role as important food sources. Up to 70 per cent of the world's agricultural land is given to crop grasses, and more than 50 per cent of the world's calories come from grasses, particularly the cereals. Most produce an edible grain, which provides a rich source of carbohydrates. Also called the germ or berry, the grain contains protein, oil and some vitamins.

At least 300 grass species are known to be harvested in the wild as cereals, and about 35 are or have been domesticated. Ironically, most crop grasses were originally successful weeds. Some of the traits that have made weeds successful, such as their ability to colonise rapidly and to produce large numbers of seeds, are also desirable in crops.



Cultivation of cereals began about 10,000 years ago as a major part of the shift from hunting and gathering to plant and animal husbandry. From the beginning of their domestication, bread wheat, barley, oats, rye in the Middle East; sorghum in Africa; rice in Asia; and corn (maize) in America have supported the rise of many civilisations.

The earliest evidence of cereals appears about 7000 BC, when domesticated barley that was dependent on humans for seed dispersal first appeared in several Middle Eastern sites. Today bread wheat is the most widely cultivated plant in the world.

The domestication of rice dates to about 4000 BC in Thailand, south China and Myanmar. Almost half the world's rice cultivation is in China and India. Brown rice is often converted to white to look better on our plates but has reduced protein and B vitamins. The thousands of rice varieties supply the basic food for more than half the world.

Corn was first grown in the highlands of west-central Mexico about 6000 to 5000 BC. Its flowers are unisexual – the male flowers are in the tassel, and female flowers are found in the ear. *[Cont. on p. 19]*

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The Farming Page (continued)

Sorghum cultivation extends back to about 3000 BC in Africa. It is now the world's fourth largest cereal crop. Sorghum grains are a rich source of protein, and its sap is concentrated into molasses.

Four of the best known crops globally are in the grass family: sugar cane, wheat, rice and corn. Domestication of sugar cane is thought to have occurred in Asia after it was discovered that the stem is a rich source of sugar. Sugar cane produces more calories per acre than any other crop, calories used in the form of table sugar, to generate alcohol to power vehicles, and for the making of rum. Other drinks distilled from crop grasses include beer (barley), sake (rice) and bourbon (corn), while wheat, rye, corn and barley are used to make whiskeys and vodka.

While the cereals and sugar cane are a food source, bamboos provide a range of useful products. It is possible that the tree grasses provide more varied uses than any other plant on earth. Young shoots of several species of *Bambusa*, *Dendrocalamus* and *Phyllostachys* are important vegetables in the daily diet of the peoples of China, Japan and Taiwan and a gourmet item in other parts of the world. In China, Southeast Asia and Brazil, bamboo has been used in papermaking, and in India most of the pulp for paper production still comes from bamboo. Bamboo stems' extraordinary strength and lightness make them an excellent building material in the construction of houses, woven mats and bowls, trays and other vessels. They're also great for keeping beans up!

Grasses also are used for livestock feed, erosion control and, of course, lawns, but you all know that!

Barley wine

1lb barley; 1lb raisins (cut up); 1lb potatoes (grated);
1 orange (sliced); 4lb demerara sugar; 1 gallon boiling
water

Put everything into a bowl and pour on boiling water.
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well and bottle.

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(Phone advice line, operates 10–4, Monday–Friday)	
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Juliottter Garden Club	01566 781559 or 01840 261237
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Local Organisations

Libraries

Bude Library is currently open 10.00–4.00 Mondays, Wednesdays and Fridays, 10.00–1.00 Saturdays. Reserve books by phone (0300 1234 1111) or online at capitadiscovery.co.uk/cornwall/login.

Poundstock's two pop-up libraries, in St Winwaloe's and Our Lady and St Anne's, are available when the churches are open (normally all day, every day).

Poundstock Post Office

Still based in the old shop at Cornish Coasts Caravan and Camping Park on the A39. Open Mondays and Thursdays, 9.00–1.00 (ask at the new shop).

The following are accurate to the best of our knowledge, but check before you go (contact details below or on p. 21).

Scouts and Guides

Cubs: Monday 6.30–8.0 pm (01288 352786)

Guides: Monday, Jacobstow parish hall

Scouts: Tuesday 6.30–8.0 pm

Beavers: Wednesday 6.0–8.0 pm (07855 001284)

Rainbows, Brownies and Guides: ring Louise on 078 1798 5661.

Marhamchurch WI

Marhamchurch Methodist Hall, 7.30 pm, second Tuesday of the month.

Jacobstow WI

Jacobstow Parish Hall, 7.30 pm, second Thursday of the month.

Juliotter Garden Club

Otterham and St Juliot Hall, 7.30 pm, fourth Tuesday of the month.

Launceston/Bude Dog Training/Agility

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Bude Bridge Club

Tuesday and Friday evenings, Wednesday afternoons, in the Parkhouse Centre. Details from www.bridgewebs.com/Bude or ring 01237 471111.

Poundstock Gildhouse

You can hire the Gildhouse for events from meetings to parties and wedding receptions. Ring 01288 341537 or 01566 781559, or visit www.poundstockgildhouse.co.uk.

Diary Dates

August

- 4 and every Wednesday: Gildhouse open, 10-4, free
- 24 Garden Club, 'Beautiful Edibles', see p. 27.
- 30 Bank holiday; Bude Lifeboat Day

September

- 6 Autumn term starts for Cornwall schools (check with individual schools for INSET days)

FREE ADVERTISING FOR LOCAL EVENTS

The Packet will always advertise local community and charity events free of charge. As restrictions ease and circumstances allow meetings and events to take place, we all hope to get back to a more normal pattern of life with a lot more going on. As ever, we will be delighted to publish the details: just let us know.

For future reference, here are our deadlines for the rest of the year:

For October and November 20 September

For December and January 20 November

DON'T FORGET: TELL THE PACKET!

Defibrillators in the parish

There are three, all in Widemouth Bay. One is next to the Summerhouse (at the church in Leverlake Road), one is near the top of Long Park Drive by the entrance to Pencarra and Bellair, just below the junction with Edith Walk, and the third is at the back of the public toilets just above Widemouth beach. The RNLI lifeguards also have a defibrillator, available when they are on duty, from the lifeguard centre in the council car park.

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Lobster

The only time I ever danced on stage – actually the only time I *ever* danced – was in a performance of ‘Alice in Wonderland’ where we danced ‘The Lobster Quadrille’. It was a nightmare.

And this is all about lobsters; they are fish which look like scorpions and behave like wet cockerels with razor blades for spurs. I mean, have you ever seen a *happy* lobster?

He crushes and smashes with his claws; he looks at me with an unblinking spherical eye on a stalk; he scavenges any meat he can find. But I must confess how I like him. It is all a bit like a bad dream.

My method for catching him differs somewhat from the norm. I go out on to the tidal reefs and find a rock overhanging a tidal pool; I find a fist-sized stone and crush a limpet which I tie to the end of a piece of string; I lower the limpet into the pool and sit and wait. I daydream and solve the world’s problems until I realise the tide has come up and I have to wade through chest-high water to save myself.

On successful days I see a lobster emerge from his hole under my rock; I tempt him out further and slide a net behind him. He backs into the net and I lift him out with my heart beating fast. Dinner solved.

Lobsters have to undress to reproduce. Let me explain: the female crawls into a crevice with a male who will protect her; she must lose her shell before mating; after mating, she remains in her crevice with her protective male until she has regrown her shell. Then she leaves and another female arrives to mate with the male.



And if you think that was weird, then get this: if a big ugly eel comes along to have lobster for supper, he'll have just a claw, but not a whole lobster. Because the lobster will deliberately lose a claw knowing full well he will be able to *grow a new claw*. Imagine regrowing your hand!

Now, here is a final thing for your bedtime reading: lobsters have teeth in their stomachs which grind the food for onward transmission to the stomach.

Good night, and sweet dreams!

Christopher Asbury



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A Garden Club for Everyone

During lockdown, millions of people turned to gardening and started growing not just flowers for the front border, but at least some of their own vegetables. So much so, that at one time many varieties of seeds and accessories like cell trays were out of stock in store and online.



But it's not just the practical business of growing your own food that's good for you: a recent study has shown that the more gardening you do, the better your wellbeing. Daily gardening has the same impact on health and feeling good as regular vigorous exercise such as cycling or running. Gardening just two or three times a week also leads to better wellbeing and lower stress levels. The study, published in the journal *Cities*, surveyed more than 6,000 people and results indicate that those who garden every day have wellbeing scores 6.6 per cent higher and stress levels 4.2 per cent lower than people who don't garden at all.

There's a healthy group of gardeners in this area of North Cornwall who love to get together once a month to talk about their triumphs and disasters, listen to interesting speakers, and arrange occasional outings to get inspiration from places like RHS Rosemoor.

Over the past year or so we have missed those regular get-togethers so it's good to report that Juliotter Garden Club is now back up and running with a full programme of interesting speakers arranged for the rest of this year. Do come along and join us on the fourth Tuesday of the month, either as a guest or a new member. You'll get a warm welcome and a chance to meet some enthusiastic gardening addicts. Just to tempt you, here is our programme for the rest of this year:

24 August	Duana Pearson talks about Beautiful Edibles
28 September	Jamie, a tree surgeon, on Trees and Hedges
26 October	Amelia Lake on Organic Vegetable Growing
23 November	Ricky Hoskins talks about Dahlias

All meetings take place at Otterham Village Hall at 7.30. For further information please phone Pat Thorne on 01840 261237, or email patthorne4@gmail.com, have a look at www.juliottergarden.club or see our Facebook page, Juliotter Garden Club

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After 15 long months of virtual meetings on Zoom, Jacobstow Rainbows, Brownies and Guides have returned to face-to-face meetings (lots of cheering). We did have fun virtually, carrying on the Guiding programme, working on badges and getting to know the families of the girls really well. There are lots of very talented mums out there, with the odd dad joining in too. Siblings came in handy when tasks needed an extra body.

We have taken part in virtual sleepovers, including World Thinking Day, when we visited the Five World Centres with activities from each country.

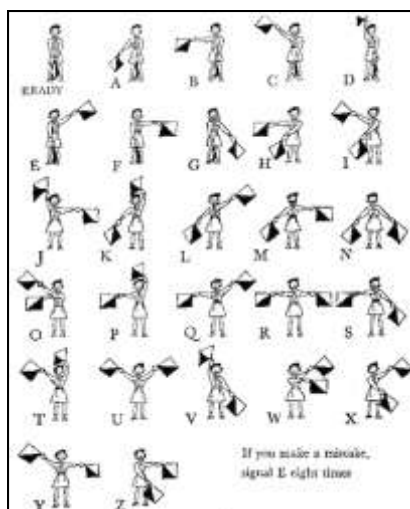
Lots of scavenger hunts have taken place, which sometimes tried our spelling and were always inventive. M for Mum was very popular and pets came in handy too. The girls have made Christmas cakes, pasties, cakes and biscuits. They tried wartime recipes and learnt that putting the upside-down cake tin on a tray keeps the oven clean (or was that the Guiders?).

We have welcomed new girls to all three sections and Jane, a Guider from Bristol, has moved here and joined the Guide Unit. The Guides are teaching her about all things agricultural, especially sheep, we have several young shepherds in the Unit. Now finally, we have started meeting face to face.

The Rainbows were the first unit to meet, where only one girl remained from before lockdown. Five nervous Rainbows entered the hall and left as friends.

They started the Camp Skill Builder badge by making dens with sheets and chairs. Pre COVID this would have been done as a group but now each Rainbow made their own. They must have had fun because the next week they brought eight more friends. We walked to the river and played Pooh Sticks, where everyone had a good time and came back almost dry ...

The Guides were next. While virtual we learnt Morse code for the Guiding Traditions badge, using Chat to write our messages on Morse Code Day. We also made semaphore flags but as these needed more space [cont. p. 31]





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Guides, Brownies, Rainbows (continued)

our first face-to-face meeting, in a field, was spent sending messages to each other by flags. We all managed to spell our names and some could even tell us that Guides is fun, cool and great. It was a wonderful summer's evening and we all went home on a high. The next week we had a cookout, again blessed with great weather, and the Guides taught Jane what a camp doughnut is.

The Brownies were the last to meet and worked on grid references to make pictures. From the noise level, it sounded like they were having fun.

Thank you to Louise, Rebecca, Sue and Jane for all their support and help in keeping Guiding going in the area; it has been worth it. The feedback has been fantastic: one mum wrote to say that her daughter had not been so happy for months, chatting and joking all the way home. I think my husband just might have said the same thing about me.

If your daughter or you are interested in joining Guiding, please contact me on 01840 230006. We are open to girls and women from five years upwards and can find a role for you in one of the sections.

Mary Andrew

2nd Bude Scout Group

Beavers, Cubs and Scouts have been back with face-to-face meetings since 19 April and what a delight it has been. Meetings have taken place outside whatever the weather and have included pioneering, a beach visit, sports, raft building and camping skills, to name just a few.

Our Beavers, Cubs and Scouts have been busy raising money for our New Scout Hut Fund through sponsored bike rides, selling homemade ice cream, zoom bingo and a hog roast afternoon, receiving a fundraising/community badge for their wonderful contributions.

As for the new scout hut I am delighted to say that by the time you read this, fingers crossed we will have started the groundworks. After many years of hard work and determination, this is a huge achievement for us. The group is in its 50th year and we will be celebrating later in the year. It seems fitting that in this year new beginnings are being started for the long continuation of the group.

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Our Night Sky in August 2021

Venus will be setting in the west at about 21.00 at the middle of the month, while Saturn and Jupiter will be visible fairly low in the south throughout the night.

Zhurong, the Chinese lander, arrived on the surface of Mars on 15 May after being released by the Tianwen-1 orbiter. One of the videos captured the rapid deceleration of the lander encasing the rover before it settles on the surface of Mars. It shows a parachute being deployed and released, followed by a view of the ground as the lander approaches the surface. One week later, on 22 May, Zhurong rolled off a ramp on the landing platform, and a microphone picked up the hum of electric motors and the creak of wheels rolling down the metal ramp. According to the CNSA, the rover has so far travelled at least 236 metres on Mars, which is a considerable distance for a



Zhurong and its lander. Photo: CNSA.

nation's first mission. NASA's inaugural Mars rover, Sojourner, which landed in 1997, only traversed some 100 metres over its lifespan.

The sounds from Zhurong are intriguing because Perseverance also has a microphone, and the researchers are trying to correlate audio it detects with data from the rover's weather station to study wind patterns; that was not part of Perseverance's goals at the mission outset, but these sort of serendipitous scientific investigations will also be possible with the Chinese rover. It might be possible to use microphone data from both rovers to compare the wind patterns in two regions of Mars – Zhurong is in the Utopia Planitia region of Mars' northern hemisphere, whereas Perseverance is several hundred kilometres away in Jezero crater.

Furthermore, the Chinese team might find the microphone useful for troubleshooting engineering problems that emerge with the rover, as NASA engineers also hope to do in the event of a problem.

I hope to update you on the achievements of both rovers in the future.

Bill Turnill



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Jacobstow WI

We have held two outdoor meetings, the first combined with our Annual Meeting in June, which was well attended. With the help of our County Adviser, Kathy Reed, we looked back over the past year (which didn't take long!), then members voted for the Committee and President to continue

in their roles. The weather was kind to us and everyone enjoyed catching up after so long without meetings.

In July we again gathered in the garden, put up the bunting and had fun with a brain-teasing quiz. A few of us had a go at a game of Quoits and we had another lovely social afternoon.



The national WI Annual Meeting was a hybrid event for the first time, livestreamed from London to delegates and members watching online. Guest speakers were HRH The Countess of Wessex, Baroness Hale,

the first female President of the Supreme Court, and Dame Cressida Dick, the first female Commissioner of the Metropolitan Police.



More county events are now being organised, including group walks. A mini-show is being held in September at County House where the WI competitions, usually held as part of the Royal Cornwall Show, are being judged

and shown along with stalls, refreshments and activities.

We hope to be able to resume meetings in September at the Parish Hall with speakers, visits and events.

If you'd like to find out more about the WI and its activities, do contact us at jacobstowwi@btinternet.com or give Jill a call on 01840 239829.

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A Legal View: Putting Your House in Order

We all tend to look very carefully after our own property. We like to see everything neat and tidy, and will spend time and money to make everything look as lovely as possible. Many of us, however, neglect to put our own house in order when it comes to sorting out our personal life. This is more and more the case as we get older, and here are a few pointers which may be of help.

Always make sure that you have an up-to-date Will. Ask yourself the question 'If I died last night, was my Will correct?' If the answer to that is 'No', it does not take a lawyer to advise you to take appropriate action. You need to ensure that your wealth goes exactly where you want it to go – to the people you want to benefit, and not by default to someone else. If you are in a cohabiting relationship outside of marriage or a civil partnership, your loved one will have no legal right to your estate. In order to make a claim, they will have to bring worrying, stressful and expensive court proceedings. It is really important to ensure that Wills are in place. Do not do as I see many people do – namely nothing.

We are all living longer and in consequence mental capacity is coming re and more to the fore. It is essential to have Lasting Powers of Attorney put in place, to ensure that if you lose mental capacity someone is there to take over immediately and look after your affairs: property, finance, health and welfare. Without this, everything is in limbo and someone will have to apply to the Court of Protection for Court Orders to administer your affairs – a deeply stressful, expensive and lengthy process.

Also give thought to an Advance Decision or 'Living Will', your instruction to the medical profession on what you want to happen – including refusal of treatment – if it is end of life. Relatives will be spared much anxiety if you have an Advance Decision in place beforehand.

Many people in the community are entitled to benefits which have not been taken up. If you need help with daily activities or are unable to walk any distance without pain, consider making an application to the Department for Work and Pensions for Attendance Allowance.

The Age-UK website has some wonderful factsheets and information guides on so many issues which are crucial if not critical in our lives as we get older. I would urge anyone to go on their website and look at the wealth of information available there and then be in a position to make informed decisions.

John Busby



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Present: Brenda Alison (chairman), Tom O'Sullivan (vice chair), Councillors Pamela Idelson, Ben Lillie, Robbie Pearce, Gemma Watton; the parish clerk.

Apologies: Brian Furse, Steve Pawley.

Planning: PA21/04399, land adjacent to Turks' Head Field, Mr P. Marshall, erection of agricultural and beekeeping equipment store, no objection; PA21/05107, barn at Langford Hele, Mr and Mrs R. Shadrack, conversion into holiday accommodation and storage, no objection subject to satisfactory foul discharge; PA21/05133, New Mills Manor Road, A. Barnes, listed building consent for alterations, no objection.

Community Hall Working Group: Agreed that a representative of this group should approach the owner of land adjoining the old Parish Hall to enquire whether additional land is available.

Cemetery and Closed Churchyard: Cllr Brenda Alison reported that in the churchyard work on the Henry Stacey tomb is in progress and a commemorative plaque has been placed on the west gate. The Parochial Church Council requested a small additional area is cut near to graves visited regularly, also that ivy be cleared from the wall on the northern boundary and that overhanging branches and ivy be cleared from the footpath from the northern gate to the church entrance. In the cemetery, specialist advice has been obtained regarding the cherry tree – to raise and thin the crown, removing dead wood and giving more light – and the two ash trees suffering from dieback, which need felling.

Highways and transport: Cllr Ben Lillie pointed out that potholes can be reported direct to Cornwall Council via www.cornwall.gov.uk/transport-parking-and-streets/roads-highways-and-pavements/report-a-problem-with-a-road-or-pavement/.

Planning: Resolved to request an update on PA21/01480 (the proposed crematorium) to provide any additional reports or documents received since the Council submitted its comments.

Public Rights of Way: Resolved that PROW 533/13/1 (Longlands to the Den) and 533/21/1 (Lyndale to Wanson) be added to the trimming schedule.

Widemouth Bay Public Toilets: Cllr Robbie Pearce reported that minor repairs and blockages are being dealt with daily. A Friends of the Toilets Society has been suggested and is being looked into.

Items for information: A meeting with the Methodist Circuit has been arranged for 4 July. The next meeting of the Community Hall Working Group is 6 July.

Next Ordinary Council Meeting: 27 July 2021.

{Continued on p. 40}

Parish Council Minutes (continued)

Casual Vacancies: Two applications had been received. Resolved that Stephen Blake and Robert Gavin be co-opted as Council members.

Meeting closed: 9.30 pm.

Extracts from Minutes of the Extraordinary Meeting held on 15 July

Present: Brenda Alison (chairman), Stephen Blake, Brian Furse, Robert Gavin, Pamela Idelson, Ben Lillie, Gemma Watton; the parish clerk. **Apologies:** Steve Pawley., Tom O'Sullivan, Robbie Pearce.

Planning applications: PA21/05132, New Mills Manor Road from Treskinnick Cross to Waxhill, EX23 0DY, Mr A Barnes, alterations to re-open external door and external window to reinstate side entrance, construction of extension; resolved to comment with no objection; PA21/05879, land south of Penholme, Long Park Drive, Real-X Developments Ltd., variation of conditions related to outline consent for new dwellings, resolved to object on the basis of insufficient information in relation to surface water run-off and drainage strategy; PA21/03047, The Cottage, Leverlake Road, Mr M. Claydon, proposed demolition of the existing dwelling house, garage and outbuildings and construction of four dwelling houses, resolved to comment with no objection conditional upon the ridge heights being no higher than neighbouring properties and noise and disturbance being restricted to Monday to Friday, 9.30 am – 4.30 pm.

Meeting closed: 8.27 pm.

Poundstock Neighbourhood Development Plan Steering Group

Chairman Matthew Blows

Vice Chair Brenda Alison

Secretary Lyn Smith

Members Sara Beckett, Fiona Hodges, Fiona Jeffery, Robbie Pearce, Barry Rogers, Nicky Vereker, Phyllis Ward

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Vice Chair Tom O'Sullivan tom.osullivan@poundstock-pc.gov.uk

Councillors

Stephen Blake stephen.blake@poundstock-pc.gov.uk

Brian Furse 01840 230342 brian.furse@poundstock-pc.gov.uk

Robert Gavin robert.gavin@poundstock-pc.gov.uk

Pamela Idelson Smith 07540 573740 pamela.idelson@poundstock-pc.gov.uk

Revd Ben Lillie revben.lillie@poundstock-pc.gov.uk

Steve Pawley 01840 230697 steve.pawley@poundstock-pc.gov.uk

Robbie Pearce rob.pearce@poundstock-pc.gov.uk

Gemma Watton gemma.watton@poundstock-pc.gov.uk

Parish clerk Lynn Pluess 07768 100 560 clerk@poundstock-pc.gov.uk

Portfolio Holders

Cemetery and Closed Churchyard Brenda Alison and Ben Lillie

Finance Brenda Alison

Highways Brian Furse and Ben Lillie

Planning Tom O'Sullivan and Gemma Watton

Public Rights of Way Pamela Idelson and Gemma Watton

Public Toilets Pamela Idelson and Robbie Pearce

Transport Brian Furse and Ben Lillie

Emergency Procedures —

Police Advocate —

Steering Group / Working Groups

Neighbourhood Development Plan Robbie Pearce

Community Hall Working Group Brenda Alison, Steve Pawley, Robbie Pearce, Tom O'Sullivan, Gemma Watton

WBay Toilets Working Group Pamela Idelson, Ben Lillie, Robbie Pearce

Community Network Panel Tom O'Sullivan

The Poundstock Packet —

Representatives to Outside Bodies

Gildhouse Mgmt Committee Robbie Pearce

WBay Residents' Association Gemma Watton

The parish council website carries agendas, full minutes and other documents, as well as information about the Neighbourhood Development Plan and the parish cemetery. Council meetings are normally held on the fourth Tuesday in the month at 7.30 pm, currently in Bangors Chapel hall and on Zoom, but best to check before attending.



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