



No. 104 August / September 2020

THE
POUNDSTOCK PACKET
KERNOW BYS VYKEN !



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for a year

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The Cornish Rattle

I had no idea that this stalky flower was a parasite. Farmers hate(d) it because it feeds on the roots of grass; this weakens the plant and diminishes the hay crop. The **Yellow Rattle**. Here it is:



Most wild flowers do well in soil which has never seen a bag of fertiliser – either natural or from a factory – so there is plenty of yellow rattle on uncultivated land. You find it in the meadows in Millook valley and on the way up to Canceleave from Trebarfoote Combe.

I am a gardener, so this is what I want for the couch grass. This would save mowing and give me pretty flowers with a bonus of a seed capsule which rattles in the wind. (I'm easily pleased.) When I last walked in the meadows at Millook, I did notice a definite lessening of the grass around the Yellow Rattle.

It used to be called Coxcomb. If you use an ounce of imagination and a full glass of wine, and look at the flower, you will see it looks like a cockerel's head:



I cannot stress enough the importance of the glass of wine.



There *is* a cultivated flower called the Cockscomb. It looks like this: It too needs a little wine to ease the brain.

The recent realisation that we have destroyed most of our wild flower meadows has given Yellow Rattle a sudden and unexpected burst of popularity. Loads of people want wild flowers in their gardens, and Yellow Rattle helps to reduce the grass and create the right space for wild flowers. I see you can buy Rattle seeds on the internet. This is excellent news. Can we all have a go at setting aside a bit of our gardens to go wild?

Christopher Asbury

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Wow, well, we are still living in very different and strange times. Although Girl Guiding is still not allowing face-to-face meetings, all the Jacobstow units have been having fun and completing badges through their virtual meetings via Zoom.

Jacobstow Rainbows completed their network skills Builder Stage 1 badge by doing junk modelling (see pictures attached). Mary especially liked that there was no clearing up for the leaders, although we missed the discussions with the girls about what they were doing, as depending on camera angle we couldn't see!

Jacobstow Brownies have also been busy working towards and completing the network skills Builder Stage 2 badge. For this we have talked about what makes a good friend; thought about what they want to do when they grow up; attempted to complete an origami without instructions and draw a picture from a verbal description; and tried to remember numbers when presented visually to help find out if we learn better by doing, hearing or seeing. The final clause included the girls completing various challenges in their family team including standing on a pillow case and having to flip it over without any member touching the floor! This was to discover what things are best done in teams and what is best done on your own.

Jacobstow Guides completed Stage 2 Builder badges by relaxing before bed, making a top trumps game and creating some adverts to encourage people to exercise more, including walking your pet mouse and doing more skateboarding.

All units have also started work on a special badge that has been designed and created by Launceston district (which Jacobstow belongs to) to remember the time that we went virtual.

Although all the units have been busy completing their own badges, one common request if there is spare time is a scavenger hunt, the only problem being that it is being requested so often that the leaders run out of ideas!

Louise Cowling





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Rector: Rev. David Barnes

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As of late July, St Winwaloe's remains closed except for services (see below). However, the situation changes frequently so for up-to-date information please contact the rector or wardens.



**Our Lady and St Anne
Widemouth Bay**

Warden: Judith MacDonald (01288 362254)

St Winwaloe, Poundstock

Wardens: Hilary Kenny 01288 361504
Barry Smith 01288 361716

What's happening with services?

As safety restrictions allow, real-life services are at last beginning to take place. The plan is for one service every Wednesday and Sunday morning within the Benefice, but please be aware that it may have to change at short notice according to circumstances:

August 2	Sunday	10.00 am	St Mary's, Week St Mary	Family Service
5	Wednesday	9.00 am	Our Lady & St Anne, Widemouth Bay	Eucharist
9	Sunday	10.00 am	St Marwenne's, Marhamchurch	Eucharist
12	Wednesday	9.00 am	Our Lady & St Anne, Widemouth Bay	Eucharist
16	Sunday	10.00 am	St Michael's, Bude	Eucharist
19	Wednesday	9.00 am	Our Lady & St Anne, Widemouth Bay	Eucharist
23	Sunday	10.00 am	St Winwaloe's, Poundstock	Morning Prayer
26	Wednesday	9.00 am	Our Lady & St Anne, Widemouth Bay	Eucharist
30	Sunday	10.00 am	St Anne's, Whitstone	Benefice Service

All these services will also be available on Zoom, so you can join in from home if you prefer. To do this you need to have a mobile phone or a computer, preferably with an integrated camera though this is not essential. You also need an invitation to join a Zoom meeting, which we will be delighted to provide. Contact Lesley Booker on 01288 341221 or lesleybooker@gmail.com or text 07967 684823.

Things have changed – and for the better

Churches are required to have a quinquennial inspection, when their buildings are inspected and work needed is pinpointed. St Winwaloe's most recent report described the church as being well cared for and in a good state. However, not so long ago things were rather different ... the report of July 1970 commented:

Ivy [is] growing in such abundance as to have already obscured one window and nearly obscured the north door and adjacent large buttress ... Externally the tower is in fair condition ... [but] the interior presents a scene of the utmost neglect. The turret stairs were impassible, being completely blocked with sticks and other debris brought in by jackdaws, a distinct fire hazard ... The belfry itself was also littered with sticks and the floor again needs cleaning and examining properly. There is a hole in the centre indicating rotting boards ... in the west parapet a large elderberry bush is flourishing, and on the opposite side a blackberry is also growing. The centre gutter is choked with grass, chickweed and hay, and the lead gargyle is bent and torn. All this growth must be removed or water is bound to get into the roof timbers and the masonry split open by the plant roots. The flagstaff is beyond painting ... a new door and frame is required to the stair turret.

[Heating] is by a large tortoise stove at the west end, the flue ... is now rusty ... and in a dangerous condition, liable to fall at any time ... There is [no lightning conductor] ... the west gate is falling to pieces ... the churchyard badly needs cutting and the paths clearing ...

Oh dear! Happily the church is now in good heart, thanks to a great deal of dedication and hard work from churchwardens and congregations over the last fifty years. Still, it just goes to show that we must never cease to care for our ancient buildings if we want them to survive to serve the people of Poundstock.

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Can you fill in the missing words and find a creature?

There are great beaches at Widemouth ---

Your mum or dad's brother is your -----

Cornish miners were looking for ---

Ash, oak and beech are kinds of -----

The Pyramids and the Sphinx are in -----

The Amazon is the world's greatest -----

Strawberries and cherries are types of -----

When something's funny it makes you -----

Twelve months or 52 weeks make one -----



Now write down the first letter of each word to spell the name of this creature:

Answers: Bay, uncle, tin, tree, Egypt, river, fruit, laugh, year. And butterfly!

Anagrams

Can you sort out these muddles? The names of the things in the picture have all been mixed up.

AACDELNSST

AEGLLSSU

AABBCEHLL

ACCDEHIKR

ADEPS



AFGLS

BCEKTU

EHINSSU

AFHIRSST

AES

Answers: sandcastle, seagulls, beachball, deckchair, spade, flags, bucket, sunshine, starfish, sea.

Our Night Sky in August 2020

Jupiter followed by Saturn will be visible as soon as it is dark, and will dominate the southern sky throughout the night. Mars will be following, rising about 2300 and again visible throughout the night, its red colour obvious as it approaches its closest point to Earth. Venus will greet early risers at about 0300 in the morning, rising as a brilliant 'Morning Star' in the north east and remaining a brilliant object until dawn.

I wonder how many of you were fortunate enough to see Comet Neowise which appeared last month. The comet cruised just inside Mercury's orbit on 3 July. This very close passage by the Sun cooked the comet's outermost layers, causing gas and dust to erupt off the icy surface and creating a large tail of debris. Comets are unpredictable objects, sometimes producing magnificent tails and sometimes just a disappointing blob in the sky. This happened to the last appearance of the famous Halley's comet, which, when it appeared in the early twentieth century, sported the finest tail seen for many years. However, on its much-heralded return seventy years later it could hardly be seen at all, having exhausted all its ice on its previous encounter with the Sun.

Comets are cosmic snowballs of frozen gases, rock and dust that orbit the Sun. When frozen, they are the size of a small town. When a comet's orbit brings it close to the Sun, it heats up and spews dust and gases into a giant glowing head larger than most planets. Most originate in the Oort Cloud, which is the most distant region of our solar system. Even the nearest objects in the Oort Cloud are thought to be many times farther from the Sun than the outer reaches of the Kuiper Belt.

Unlike the orbits of the planets and the Kuiper Belt, which lie mostly in the same flat disc around the Sun, the Oort Cloud is believed to be a giant spherical shell surrounding the rest of the solar system. It is like a big, thick-walled bubble made of icy pieces of space debris each the size of mountains. Because the orbits of long-period comets are so extremely long, scientists suspect that the Oort Cloud is the source of most of those comets. Comets are occasionally diverted into the inner Solar System by a gravitational tug from one of the outer planets, and it is one of these that has not been round the Sun before that can produce a fine tail if it has plenty of ice from its birth. Comets are important since they consist of pristine material formed at the time of the birth of the Solar System 4.5 billion years ago and, because they are so distant from the Sun, they have not been affected by its radiation.

Comet 67P/Churyumov-Gerasimenko made history as the first comet to be orbited and landed upon by robots from Earth. The Rosetta spacecraft, carrying the Philae lander, rendezvoused with this comet in August 2014 and escorted it on its journey to the inner Solar System and back out again. The comet's nucleus is thought to be quite porous, giving it a density much lower than that of water. When heated by the Sun, it is thought to emit about twice as much dust as gas.

When a comet transits the orbit of Earth round the Sun, it leaves a cloud of debris through which the Earth travels each year. This cloud of debris provides the meteors and meteorites that flash across the sky at regular times of the year, and August is famous for the appearance of the Perseids between 11 and 13 August. Well worth lying out on a sun bed, wrapping up well and gazing up at the sky to see these brilliant leftovers of a comet that passed through Earth's orbit long ago.

Bill Turnill

A Poundstock mystery?

From time to time the Packet is asked for help by people whose family history includes this area. Recently we received this, from Mr Geoff Betton:

Maria Bray was baptised at Poundstock 10th August 1788.

In a Will proven 5th July 1810, Maria was left an annuity by Captain John Betton, 3rd Dragoon Guards, of Abbey Foregate, Shrewsbury.

In 1810 Maria Bray married George Tom, a Seaman.

Captain John Betton died at Merida, Spain, of fever, 20th November 1809.

Why did John Betton leave the annuity to Maria Bray?

Can anyone in Poundstock answer this question please?

It's the stuff of historical novels: why would a young man from Shrewsbury leave an annuity to a girl from a rural Cornish parish? The Bettons were a notable Shrewsbury family. Shrewsbury Abbey has a memorial plaque to them, and a Nathaniel Betton, almost certainly John's father, was mayor of Shrewsbury in 1798. John joined the militia during the Napoleonic wars and died of fever in Spain at the age of 31. The Brays, of course, were (and still are) a Cornish farming family.

So what was the connection between a young military captain and a Cornish maid? Maybe someone has a family story that can shed light on the mystery. It would be fascinating to know.

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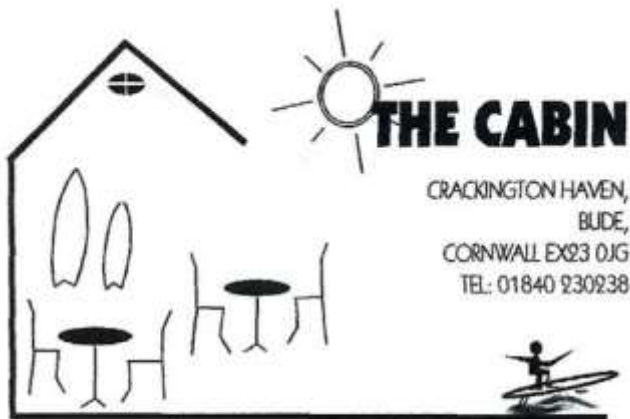
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Jacobstow WI

Along with many organisations, we haven't been able to meet together for our monthly meetings since March but during lockdown members have been keeping in touch with by telephone, email and a monthly newsletter.

Many national and county WI events have also had to be rescheduled but our annual resolutions programme has continued to be progressed. After voting in May two resolutions were chosen to become national WI campaigns. These were:

- 1 A call to increase potential stem cell donor registration in order to provide potentially life-saving treatment to those with certain blood cancers.
- 2 A call to end modern slavery through raising awareness, and a campaign to defeat it with help and protection for victims.

We'll be kept informed as the campaigns are developed to see how we can take action locally on these important issues.

Our members have been keeping busy, as you can see from these few examples:



We have had some virtual competitions with members sending in photographs to take part and some craft ideas to make items for future events. We are also hoping to meet up in small groups over the summer as restrictions allow.

If you'd like to know more about the WI and its national and local activities, do contact Jill Baker by phone 01840 239829 or email: jacobstowwi@btinternet.com for more information. We always look forward to welcoming new members to our Jacobstow group.

Jill Baker

To raise a smile ...

- ◇ I stayed up all night to see where the sun went, and then it dawned on me.
- ◇ This girl said she recognized me from the vegetarian club, but I'd never met herbivore.
- ◇ I'm reading a book about anti-gravity. I just can't put it down.
- ◇ I did a theatrical performance about puns. It was a play on words.

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Property Update

Lockdown has caused some enormous problems in the housing market. Now that the government has tried to lift the shackles and get us back to a relatively normal way of life, the Chancellor has stepped in to offer government assistance to kick-start house sales.

The main incentive is the stamp duty holiday which he has announced. This has seen an increase in demand of 49 per cent for homes between £400,000 and £500,000 – just under the threshold at which stamp duty now applies. There was also an increase of 26 per cent for homes priced at £300,000–£400,000, but homes below £300,000 have seen the smallest rise in enquiries.

Against that, more than £30,000 could be wiped off the value of a typical home as the pandemic hits the property market. The office for budget responsibility said prices could fall 2.4 per cent this year and 11.7 per cent next year. This would push the average price of a house down from £230,000 to below £200,000.

With the staycation boom and tax breaks, rural estate agents have reported a threefold increase in enquiries into holiday homes. Data for *Money Mail* from cottages.com shows that queries from investors wanting to buy holiday lets are already 25 per cent up since the stamp duty holiday was announced. Visits to its Let Your Property pages have increased by 180 per cent. Meanwhile, bookings for holiday homes between July 1 and August 31 are already up 156 per cent on last year. And in East Devon and St Ives, bookings are up by 263 per cent and 262 per cent respectively.

The government has frequently indicated the need to provide many more new homes. It has now looked at the land which it owns itself. A study commissioned for the Ministry of Housing has found that selling 15 per cent of government-owned car parking space could raise £6 billion and free land for 110,000 new homes. Many car parks close to town centres, shops and railway stations could be developed into desirable places to live.

Many of us query whether the future of the office is now under threat following the huge change in working practices begun with lockdown. A survey, however, of 3,000 office workers shows that 58 per cent of them missed office life. There are many occupiers of office space who apparently intend to retain the space to accommodate office redesign strategies. Other companies, however, have found that their employees work just as hard at home and expect to continue to allow home working. If that does catch on significantly then we can expect some of the bigger companies to watch their balance sheet and use less office space. It will be interesting to see how this plays out.

John Busby, Busbys solicitors, Bude

... and a few more

- ◇ I didn't like my beard at first. Then it grew on me.
- ◇ Did you hear about the cross-eyed teacher who lost her job because she couldn't control her pupils?
- ◇ When you get a bladder infection you know urine trouble.
- ◇ Broken pencils are pretty much pointless.
- ◇ What do you call a dinosaur with an extensive vocabulary? A thesaurus.
- ◇ I dropped out of the Communism class because of lousy Marx.
- ◇ I got a job at a bakery because I kneaded dough.
- ◇ Velcro – what a rip off!

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Parish Council Chairman's Report

The issue of parking has been ongoing for some time, and following extensive local consultation on two proposals the cheaper option was chosen in the light of comments made. However, once the work started it was clear from the reaction that it was not meeting with general approval. The project was paused for further consultation and, after discussion, the Parish Council agreed to go ahead for this summer season, and for a full review to be carried out in the autumn. This will take into account any problems to determine which sections need changing / extending / removing, and to evaluate the positive outcomes. Please pass on your comments in writing to the Clerk, Lynn Pluess.



Concerns have also been raised over the present restriction of access to Wanson Mouth beach, which has been open for the public for a considerable number of years. If you have photos of past activity at Wanson, could you please pass these on to the Clerk, as we are anxious to establish the historic precedence.

The Parish Council has 'met' twice for virtual meetings on Zoom, and once for a dedicated planning session since lockdown. Despite a minor technical issue these have been productive and business was conducted smoothly. It has not been ideal, but could possibly be used for future ad hoc Council meetings.

A virtual meeting of the Bude Community Network, involving six neighbouring parishes, was very informative about the different ways each parish has been dealing with the emergency, and it became obvious that those with a central focal point for activities had the stronger community spirit and co-operation. It is my hope that we shall be able to move forward sooner rather than later with plans for a replacement Community Hall, and be able to bring together the whole parish.

Steve Pawley, Chairman Poundstock PC

Excerpts from the draft minutes of the PPC meeting, 20 June 2020 (contd from p. 21)

Cornwall Councillor's report: Nicky Chopak reported Cornwall Council's budget is £32 million into its reserve, meaning there will be cuts in front-line services. It is uncertain when money will be received back from government. Covid-19 figures are very low for the area and we want to keep it that way.

Cornwall Council is currently providing and paying for PPE equipment in the care homes. She has not heard of any issues in Poundstock, specifically with vulnerable people struggling with isolation, shopping, etc., and urged everyone to continue to keep a watchful eye. Cornwall Council elections are due to be held in 2021 although there is a debate on whether elections will be deferred. There is a new GoCornwall bus service travelling, timetable is available online [see transportforcornwall.co.uk/timetables].

A large quantity of sand has been removed from Widemouth Bay, Cornwall Council is aware and investigating further. In the car park the wording prohibiting overnight parking has been moved into a more prominent central position on the sign. Information signs for dogs on beaches are to be made larger. She has been informed that legislation does not allow AMPR cameras on Council-owned car parks, only permitted on those privately owned.

Chairman's report [and see above]: The toilets at Widemouth were finally opened two weeks later than hoped; he conveyed gratitude to Laura and Tom for making sure that they meet the regulations for public health and safety during the Covid-19 crisis. Work on the A39 speed restrictions at Bangors and the parking restrictions in Widemouth should be starting soon as the siting for the new signs has already been marked out. The Parish has been asked to make a contribution as the parking restriction project came out over budget, amount not yet determined. After a wobbly start the virtual planning meeting proved to be a success, and we should consider making this a regular practice. The mid-month slot would enable responses to planning applications within the Cornwall Council time frame without having to ask for extensions or call extraordinary meetings. The virtual Bude Area Network meeting held earlier this month gave an opportunity to catch up with safeguarding measures in neighbouring parishes and highlighted the need to firm up the Emergency Procedures Plan; he asked for somebody to consider taking on this responsibility. Finally he thanked everyone who has worked so hard to keep the beaches, toilets, footpaths and open spaces clean and safe. He emphasised the need to stay alert coming out of lockdown to ensure that all the rules and guidelines are followed so that we can all continue to enjoy the wider freedom we have in our surroundings.

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Excerpts from the draft minutes of the virtual meeting of Poundstock Parish Council, 30 June 2020

An Ordinary Meeting of Poundstock Parish Council was held via Zoom, starting at 7.30 pm.

Present: Cllrs Stephen Pawley (Chairman), Alison Rowland, Brenda Alison, Paul Curtis, Brian Furse, Colin Gilbert and Pamela Idelson. One member of the public was present.

Apologies for absence: Cllr Kerensa Cobbledick. **Absent:** Cllrs Alistair Rowland and Fred Ward.

Agenda items:

(a) Widemouth Bay Restricted Parking Scheme: Work began on 25 June with the random erection of intrusive poles along both sides of Marine Drive from the Beach House to Black Rock. Cllr. Chopak negotiated a pause in work to hold further discussion as delivery of the scheme was not as anticipated. She emphasised if the work is stopped there will be no scheme in Widemouth and no further budget available for years. She suggested working with this scheme for the summer season with a review to negotiating amendments in the autumn. Resolved to agree to continue but review in the autumn with proposals for changes after the summer season. Resolved to contribute to Cornwall Council the sum of £3,741.61 towards the overspend for the scheme.

(b) Provision of bus stop at Coppathorne: Cllr Alison Rowland circulated a report for the request for a bus stop at Coppathorne. Cornwall Cllr Nicky Chopak will pursue this with Cornwall Council Highways for further advice.

(e) Churchyard – maintenance and repairs to monuments: Cllr Brenda Alison circulated correspondence and photographs of an aged memorial requiring repair. It was agreed to arrange a meeting with the Parochial Church Council to view the memorial, consider any family connection and secure the site if necessary.

Planning applications: None.

Finance: (c) Grant application for the Poundstock Packet. Resolved to approve grant payment of £500.00.

Ward member's report and Chairman's report: see p. 18.

Correspondence: Temporary 12-month renewal of existing dog control Public Spaces Protection Orders which will expire in October 2020, to be considered at the next meeting. (Deadline 21 August 2020.)

The meeting closed at 20.42.

(For the full approved minutes, please see the Parish Council website or the parish noticeboards.)

Poundstock Parish Council

www.poundstock-pc.gov.uk

<i>Chairman</i> Steve Pawley Marlborough House, EX23 0EE0	01840 230697 steve.pawley@poundstock-pc.gov.uk
<i>Vice Chair</i> Alison Rowland Coppathorne, EX23 0DD	01288 361239 alison.rowland@poundstock-pc.gov.uk
<i>Councillors</i>	
Brenda Alison	01288 361491 brenda.alison@poundstock-pc.gov.uk
Kerensa Cobbledick Silverdown, EX23 0DH	01288 361459 kerensa.cobbledick@poundstock-pc.gov.uk
Brian Furse Higher Trewint, EX23 0EQ	01840 230342 brian.furse@poundstock-pc.gov.uk
Colin Gilbert Auverne, Vicarage Lane, EX23 0AU	01288 361894 colin.gilbert@poundstock-pc.gov.uk
Pamela Idelson Trebarfoot Manor, EX23 0DH	07540 573740 pamela.idelson@poundstock-pc.gov.uk
Alistair Rowland Quinceborough, EX23 0NA	01288 361236 alistair.rowland@poundstock-pc.gov.uk
Fred Ward 1 Valley View, WB, EX23 0DE	01288 361593 fred.ward@poundstock-pc.gov.uk
Paul Curtis	07791 192021 paul.curtis@poundstock-pc.gov.uk
<i>Council Clerk</i> Lynn Pluess Trevoulter Barton, EX23 0DH	07768 100560 clerk@poundstock-pc.gov.uk

The Parish Council website publishes agendas and minutes for current council meetings, together with details of councillors and how they can be contacted. You will also find a list of planning applications affecting the parish and lots of information about the Neighbourhood Development Plan. For further information, contact the Parish Clerk.

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Understandably, this year we currently have several vacant spaces. We are very grateful to all those who have taken up advertising space despite all the current difficulties, and we hope others will join us again once businesses are able to trade more normally.

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Diary Dates

For the moment, we aren't aware of any events that are definitely taking place. All the planned Gildhouse talks and events have been cancelled or postponed until next year. Also cancelled are the regular Wednesday openings of the Gildhouse.

However, things are changing every day, and some events will be reinstated as soon as guidelines allow. These will be advertised, so keep your eyes open.

FREE ADVERTISING FOR LOCAL EVENTS

The Packet will always advertise local community and charity events free of charge. As soon as circumstances allow meetings and events to take place, we will be delighted to publish the details: the deadline is 20 September for events in October and November.

Don't forget: tell the Packet!

Defibrillators in the parish

There are three, all in Widemouth Bay. One is next to the Summerhouse (at the church in Leverlake Road), one is near the top of Long Park Drive by the entrance to Pencarra and Bellair, just below the junction with Edith Walk, and the third is at the back of the public toilets just above Widemouth beach. The RNLI lifeguards also have a defibrillator.

Local Contacts

MP: Scott Mann	01208 74337
Parish council chair: Steve Pawley	01840 230697
Parish clerk: Lynn Pluess	0776 8100 560
Cornwall Councillor: Nicky Chopak	0781 030 2061
Cornwall Council	0300 1234 100
Jacobstow WI: Mrs J. Baker	01840 239829
Marhamchurch WI: Mrs P. Hazeldine	01288 682193
Poundstock Skittles: Pam Gilhespy	01288 361570
Rebel Cinema	01288 361442
Bude Library/One-Stop Shop	0300 1234 111
Library renewal line	0845 607 6119
Recycling centre/tip (Tiscott Wood)	0845 630 0300
National Childline	0800 1111
Police – non-emergency	101
Farming Community Network	0845 367 9990
Bude Food Bank	01288 448748
Citizens Advice	03 444 111 444
(Phone advice line, operates 10–4, Monday–Friday)	
CCS helpline/Age UK Cornwall	01872 266383
Floodline	0845 988 1188
Western Power (power cut)	0800 678 3105
Doctors' surgeries:	
Neetside	01288 270580
Stratton	01288 352133
Boscastle	01840 250209
NHS non-emergency helpline	111
Stratton Hospital	01288 320100
(Minor Injuries Unit is now open 24 hours every day)	

Local Organisations

Libraries

Bude Library is currently open 10.00–3.00 Mondays, Wednesdays and Fridays and 10.00–1.00 on Saturdays. The Pub is the Hub library (Old Wainhouse Inn) is open whenever the pub is; take your library ticket.

Poundstock's two pop-up libraries, in St Winwaloe's and Our Lady and St Anne's, are open all day every day. No need for tickets or membership; just help yourself.

Poundstock Post Office

Still based in the old shop at Cornish Coasts Caravan and Camping Park on the A39. Open Mondays and Thursdays, 9.00–1.00 (ask at the new shop).

The following details relate to pre-covid meetings. We apologise that with **SUCH A CHANGEABLE SITUATION IT'S** impossible for us to give up-to-date information at the moment.

Scouts and Guides

Cubs: Monday 6.30–8.0 pm (01288 352786)
 Guides: Monday, Jacobstow parish hall
 Scouts: Tuesday 6.30–8.0 pm
 Beavers: Wednesday 6.0–8.0 pm (07855 001284)
 Rainbows, Brownies and Guides: ring Louise on 078 1798 5661 for more information.

Marhamchurch WI

Meets in Marhamchurch Methodist Hall at 7.30 pm on the second Tuesday of the month.

Jacobstow WI

Meets in Jacobstow Parish Hall at 7.30 pm on the second Thursday of the month.

Juliotter Garden Club

Meets on the fourth Tuesday of the month in Otterham and St Juliot hall at 7.30 pm. More info from Alan on 01566 781559 or Paul on 01840 269178

Launcells/Bude Dog Training/Agility

Puppies, pet dog training, problem dogs, clicker training, socialisation. Classes for all ages and abilities, Bangors Chapel hall, Mondays from 6.30pm. All profits to charity. Details from 01566 86500 or 01288 321922.

Bude Bridge Club

Meets Tuesday and Friday evenings and Wednesday afternoons in the Parkhouse Centre. Further information from www.bridgewebs.com/Bude or ring 01237 471111.

Widemouth Bay Summer house

A friendly group (and their dogs) meet alternate Fridays at 2pm in the Summerhouse (by Widemouth Bay church). More information from Jann Bowers, 01288 361931.

Whist drives

Whist drives are held at the Bray, Marhamchurch, every Thursday afternoon at 2.30. All are welcome.

Bangors Chapel Hall

Although the chapel has closed the hall can still be hired. It has easy access and parking, and is very convenient and comfortable. Ring Debbie Marsh, 01288 488195.

Poundstock Gildhouse

You can hire the Gildhouse for events from meetings to parties and wedding receptions. Ring 01288 341537 or 01566 781559, or visit www.poundstockgildhouse.co.uk