



No. 103 June / July 2020

# THE POUNDSTOCK PACKET

## KERNOW BYS VYKEN !



### Sources of help and information

As the coronavirus pandemic continues and after two months of lockdown, we've all devised our own ways of managing both the everyday and the less usual, but things change – sometimes at very short notice. Sometimes it's time for a change; sometimes problems arise. The following sources will be able to answer all kinds of queries and guide you to people and organisations who can help.

We've done our best to make sure all information is as up to date as we could make it, but please be aware of the possibility that things may have changed.

#### The Poundstock Hub

Are you self-isolating? Need help with shopping or collecting a prescription, caring for a pet? Or just tired of your own company?

Are you able to offer help? Could you safely lend a hand or make a friendly phone call?

The Packet is linking local people who need help and those who can safely offer it.

Contact Liz Jones (Packet editor), 01288 361147 or [poundstockpacket@gmail.com](mailto:poundstockpacket@gmail.com), or Steve Pawley (Parish Council Chairman), 01840 230697 or [steve.pawley@poundstock-pc.gov.uk](mailto:steve.pawley@poundstock-pc.gov.uk), and we'll try to put people in touch. No one should feel alone or helpless.

### Sources of information

#### If you aren't feeling well

Contact your own GP: local medical centres' numbers are listed on p. 24

Ring 111 or contact NHS 111 online at [111.nhs.uk](https://111.nhs.uk)

#### If you are isolated, at risk, vulnerable or suffering any form of abuse

Ring Supportline on 01708 765200 or visit [www.supportline.org.uk](http://www.supportline.org.uk)

#### For the latest medical information about coronavirus

Go to [www.nhs.uk/conditions/coronavirus-covid-19/](http://www.nhs.uk/conditions/coronavirus-covid-19/)

#### For the latest government advice and guidelines

Go to [www.hse.gov.uk/news/coronavirus.htm](http://www.hse.gov.uk/news/coronavirus.htm)

#### For information about support for businesses, employers, employees, the self-employed

Ring the Coronavirus Helpline on 0800 024 1222 or contact [www.gov.uk/government/organisations/hm-revenue-customs/contact/coronavirus-covid-19-helpline](http://www.gov.uk/government/organisations/hm-revenue-customs/contact/coronavirus-covid-19-helpline)

**Stick with it – be responsible, stay alert and stay safe and well**

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**This size (a quarter-page) costs**

# **£40**

**for a year**

Your ad will appear in six printed issues of the Packet, delivered directly to every home in the parish. Details on how to advertise are on p. 3. For more information, contact us.

Understandably, this year we currently have several vacant spaces. We are very grateful to all those who have taken up advertising space despite all the current difficulties, and we hope others will join us again once businesses are able to trade more normally.



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**for a year**

We always welcome any input from our readers. If you want to get in touch or to send us an article or local information, contact the editor: Liz Jones, Langford Hele Farm, Marhamchurch EX23 0HR. Tel. 01288 361147. Email: poundstockpacket@gmail.com

#### **The deadline for our next edition is 20 July.**

To advertise with us for a year (six issues) costs a total of £30 for an eighth of a page or £40 for a quarter-page (£45 for colour). For more information please contact Jen Spettigue, 36 St Marwenne Close, Marhamchurch, tel. 01288 361525 or Liz Jones (as above).

We do our best to deliver to everyone in the parish. If you know of anyone who has been missed, please let us know. Copies of the magazine are available at the Beach House and Wainhouse Country Stores, by post for 50p + postage or via email; please contact us for information.

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The editorial board does not necessarily endorse the views expressed by individual contributors and we can't accept any responsibility for the accuracy of information provided. We reserve the right to edit items submitted and decide on what is suitable for publication.

#### **And so it goes on ...**

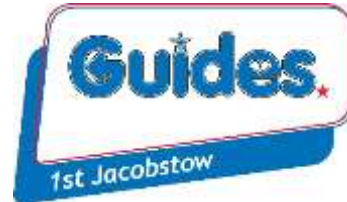
Welcome to the second digital issue of the Packet. Who knows when we'll be able to print and distribute in the normal way? Meanwhile, though it's not in its usual form the Packet is still here to serve the entire parish, and we welcome all your news, comments and contributions of all kinds.

While you're not at work or school, or are stuck at home wondering how to fill in your time, do consider an article for us. Everyone has a special memory, funny story, helpful hint, favourite recipe, beloved book ... you get the idea! We don't want Shakespeare (he'd go on far too long anyway), but we do want your own individual voice saying what only you can say.

So don't be diffident, give it a try. We'll be delighted to hear from you.

Meanwhile, take care. Stick with it and stay safe and well,

*Liz*



Wow, what a change! Girl Guiding stopped all face-to-face meetings on 16 March. We managed to squeeze in one last Brownie session on that evening where we were preparing entries for an art and craft show (which was obviously cancelled), so the biscuits went in the bin and the treasure island models are still sitting on the stage in the parish hall, waiting until we are allowed back, and hopefully will be entered in the show when it is allowed to happen.

Since it was so close to Easter all the units decided to have an extended break and see how the lie of the land was after Easter. Well, as we all know, nothing has really changed, so we are to start running all the units virtually over Zoom. It will be great to see everyone's faces again, catch up on how everyone has been spending their time in lockdown and play some scavenger hunts and other virtual games.

*Louise Cowling*

#### **In case you're at a loose end ...**

**Get creative:** Make a mask (e.g. [www.gov.uk/government/publications/how-to-wear-and-make-a-cloth-face-covering/how-to-wear-and-make-a-cloth-face-covering](http://www.gov.uk/government/publications/how-to-wear-and-make-a-cloth-face-covering/how-to-wear-and-make-a-cloth-face-covering) or [www.bbc.co.uk/news/uk-52609777](http://www.bbc.co.uk/news/uk-52609777)). And why not make an ear saver to go with it? For knitters, try <https://startknitting.org/accessories/face-mask-ear-savers-free-knitting-pattern/>. If you enjoy paper crafts, there are masses of origami ideas: try [origami.me](http://origami.me) (the jumping frog is great fun). If you like colouring, cutting and sticking, make a kaleidocycle – they're surprisingly addictive (see [www.we-are-scout.com/2015/06/free-printable-make-a-folding-paper-kaleidocycle.html#](http://www.we-are-scout.com/2015/06/free-printable-make-a-folding-paper-kaleidocycle.html#)). There's no end to it.

**Get cultural:** Most of our top theatres and venues are streaming performances. Try the National Theatre at Home (a different performance each week), the Globe Theatre (for Shakespeare), the Chichester Festival Theatre (*Beauty and the Beast* is running until 19 June), the Royal Albert Hall (Royal Albert Home), the Royal Opera House (music and ballet). There's no end to this, either. Just look.

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## 'DOES THE ROAD WIND UPHILL ALL THE WAY?'

(Christina Rossetti)

Today's lecture is about roads and how old they are.

You need to know about Mr Hooper and his rule, so here goes: walk along a footpath for 30 yards and the hedge will yield a number of different native trees. Three types, say ash, oak and holly, will tell you it is about 300 years old. Don't count on it, however, but back up your calculation with other evidence.

Here is a good example: do a 30 yard stretch up the track from Trebarfoote Coombe to Canceleave and you will see there is alder, ash, oak, holly, hazel, willow, blackthorn, hawthorn – that's 800 years. We know that Trebarfoote Combe is listed in the Domesday Book and it only needs this corroboration to tell us the track is about a thousand years old *at least*.

There is an Iron Age settlement near Trebarfoote Manor. We know it dates from two to three thousand years ago because there was an archaeological dig there back in the 60s. The families there needed food, and the sea was surely a valuable source. The easiest way to the beach is down the track to the stream, past Pengallic and to the beach. The track down to the stream must be about 2,500 years old. I like to imagine bearded fisherman going down there to the sea where they, at best, hooked a lobster or two, or – on a bad day – a few limpets chipped off the rocks to take home and hand (sheepishly) to the wife. What does a busy housewife do with a handful of limpets and a small bucket of seaweed?

Roman roads are few in Poundstock, but we know the Romans were here because they dropped a few coins on Widemouth beach. Maybe they had picnics on the beach? What did they have? If they had some dosh, they might have had bread with olive oil from Spain, and ham from a local farmer, and plenty of wine from a local vineyard. Maybe there was a shop where the Beach House is now? They must have carved some sort of road from Exeter to here. But why? And where? Does anyone know?

The Anglo-Saxons rummaged around after 450 AD. They were pretty big in the rest of England, but did little serious colonisation down here. They played around with the Roman roads but mainly created new ones.

The bendy roads often date from the Middle Ages. They are possibly the result of cattle meandering their way to market. The path became set in its way and was finally named the A39. For the most part I agree with G.K. Chesterton: 'The rolling English drunkard made the rolling English road.'

*Christopher Asbury*



### Jacobstow WI

At our Annual Meeting held in March we could not have foreseen that we'd all be in lockdown a week later! Our speakers and events for the year had been finalised and the programmes printed just before we were told to 'stay at home'!

With all meetings cancelled, we've since been keeping in touch by telephone and emails, online chats, cards and letters and socially distanced visits. Members have been keeping busy too – one member has been knitting 'ear savers' for NHS and care workers wearing elasticated masks, others have been sewing masks for healthcare workers as part of the Cornwall



Cloth Masks charity that mobilised to fill the gap in available protection and has already supplied over 4,000 masks.

Now that mask wearing has been recommended more widely amongst the public, these mask-making skills are being used for our own families and friends, producing more fitted masks in colourful fabrics.

Along with everyone else, we've also been baking, sewing, knitting and crafting, gardening, decorating, diy and helping others! County WI has arranged a series of online workshops with Cornwall Connect where members can enjoy anything from Painting to Pilates and Meditation to Baking and Crafts.

If you'd like to know more about the WI and its national and local activities, do contact Jill Baker (phone 01840 239829 or email: [jacobstowwi@btinternet.com](mailto:jacobstowwi@btinternet.com)) for more information. We always look forward to welcoming new members to our Jacobstow group.

*Jill Baker*

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## Rising to the challenge



Several people said to me in the early days of lockdown that it was like going back in time, with people using the corner shop for deliveries, growing our own veg and baking bread to feed our families. As I grew up in the 70s I didn't really recognise this as 'the old days' as mine was the era of Captain Birdseye, Frey Bentos and Smash. I had never witnessed my mother baking bread, as Mum was probably relieved that this progressive era had released her from the traditional slog of her mother's generation. Hence, I have always been rather suspicious of people who bake bread – it seemed like an awful lot of faff for something you can just buy at the shop, although I have noticed during the past few years that it has become increasingly popular as a pastime for middle-aged men who show off their creations with smug delight. I like to think that the ghosts of their great grandmothers laugh heartily at this newfound retirement hobby.

So, having found myself unwittingly back in the olden days, but with the added bonus of the world wide web, I decided to have a go and see what all the fuss was about. I was encouraged by my children, who had both been honing their baking skills from early on in lockdown. 'It's easy, Mum,' they persuaded, 'even you could do it.' Well, not one to pass on a challenge, I decided to have a go and googled 'easy bread making for beginners'. As always, the Naked Chef did not disappoint and his recipe seemed clear and easy.

I managed to source strong bread flour and yeast from our lovely Cornish Coast farm shop (the supermarkets had sold out as apparently everyone else in the UK had suddenly turned into bakers – although I am yet to understand why loo roll was also in short supply!) and I set to. As I have a very old food mixer with no 'dough mixer' I had to knead the dough by hand. That in itself was a revelation. All of the frustration of the past few weeks – the lack of company (my husband and dog were already fed up with me), the emerging grey hair (the interest in finding out my true hair colour quickly faded once I had mastered the art of video calling) and the monotony of the same news every day (I was starting to miss the Brexit debate!) could be pounded out onto the kitchen surface. Kneading done, all I had to do was wait – and wait some more. I enjoyed the wait as with all of my frustrations out of my system I could relax in the garden and watch the woodpecker on the bird feeder.

Eventually discovering that the dough had risen to double its size filled me with absolute delight – it had worked! I felt at one with my long-suffering ancestors – particularly with my own grandmother who, as mother of twelve children, had to bake five loaves a day – can you imagine?

When my beautiful creation was finally put into the oven I took a 'before' photo to send to my children, who at this point were raising their eyes to heaven and sighing – 'she's really lost it now, she's taking photos of dough!'

I have never understood why *Bake Off* contestants lie on the floor gazing into the oven, and had long suspected it was an affectation for the cameras. Now I understand – I get it – that was 'my baby' in there and I took immense pride in watching it grow and bake (don't tell the children I said that).

My heart actually leapt with joy when I finally opened the oven door to reveal a fully baked, aromatic loaf just waiting for a thick layer of Cornish butter. Yum!

So now I am a baker – the smell of fresh bread fills our house and my husband and dog seem to find me strangely interesting again. I would recommend that you have a go – it will fill a few hours and the end results are very tasty. A word of caution though – you may need to buy trousers with elasticated waists once Wroes is open again!

*Debbie Wesley*

*[Debbie's recipe is on p. 18]*



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## Rector: Rev. David Barnes

01288 341670

d.barnes645@btinternet.com

All services are cancelled until the coronavirus outbreak is over and our churches, we are very sad to say, have to be kept locked until we are told otherwise. Information from rector or wardens.



## Our Lady and St Anne Widemouth Bay

Warden: Judith MacDonald (01288 362254)

## St Winwaloe, Poundstock

Wardens: Hilary Kenny 01288 361504

Barry Smith 01288 361716

## Zoom services

Until we're able to hold services in the usual way, we are meeting every Sunday morning via digital media using Zoom, and everyone is more than welcome to join us. You need to have a mobile phone or a computer, preferably with an integrated camera though this is not essential. You also need an invitation to join a Zoom meeting, which we will be delighted to provide. Contact Lesley Booker on 01288 341221 or lesleybooker@gmail.com or text 07967 684823.

## Our financial situation – how you can help

Like many organisations and individuals, the churches are feeling the effect of covid-19 on their finances. Normally, events like the Revel, the plant sale and cream teas, together with donations from visitors, enable us to keep our heads above water, but this year we will be in trouble. Despite the pandemic we still have to insure and maintain our buildings (and St Winwaloe's is Grade I listed), and we still have to contribute our share to the diocese as clergy salaries and pensions need to be paid.

Some kind parishioners have asked how they can make donations to help. The best way is to contact the PCC treasurer, Alan Green, on 01566 781559 or alan.capetown9@gmail.com. He will be able to explain how to give, and how gifts can be maximised with Gift Aid. All information you give will of course be completely confidential.

Thank you so much.

## Reports from PCC meetings – seventy years on!

With lockdown the church has been closed, services and all our usual events have been cancelled and the PCC hasn't been able to meet. Nothing to report, you might think, but maybe but readers would enjoy a look back at PCC plans for Revels in the mid-1950s. Here are a few excerpts from the minutes:

20 February 1953: It was decided to hold a sale of work at the Revel, suggested stalls being cake, groceries, needlework and china ['chemist's' was added later].

26 April 1953: Dr Kingdon had kindly cleaned out the St Neot's Well and cut down the surrounding bushes. It was suggested that a Pilgrimage might be made there during Revel week.

The vicar [F.W. Marshall] said he had managed to get four special preachers for the Revel: the vicar of Egloskerry Sunday night, Fr Reggie Kingdon Sunday morning, the vicar of Launceston Monday evening and the Bishop was coming for the Confirmation on Tuesday evening. It was decided to have several stalls at the Revel. Cakes ... groceries ... needlework ... chemists ... The usual arrangements for tea, the price being 1.6d [7½p] ... Whist Drive in the evening.

7 May 1954: The Vicar said that Fr Underwood and the Rector of St Gennys had consented to preach at the Revel on Sun and Mon May 23rd and 24th and that he hoped to secure the help of a third special preacher on the Monday. Tea would be at 5 o'clock at a charge of 1/6. The Service at 7.00pm and a Whist Drive, charge 2/- [10p], would follow. It was agreed that the church outing should be to Dawlish Warren and Teignmouth on Tuesday June 1st.

19 June 1955: Proceeds from the Revel were teas £3.2.0 [£3.10], stall £5.8.0 [£5.40], Whist Drive £2.5.6 [£2.27½] making a total of £10.15.6 [£10.77½]. The balance, after the payment of expenses, was £7.19.0 [£7.95]. [Total proceeds in 2019 were £400. This year, obviously, it's zero.]

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## News from Jacobstow School

Well, what a very different summer term this is turning out to be! None of us could have expected or planned for the effects of the Covid-19 virus, and it certainly wasn't something that they cover at teacher training college, on headteacher courses or in the parents' manual . . . However, at Jacobstow School we have worked really hard as a whole community to carefully explain what is happening using the information we have had available, and to try and support and reassure each other.

Although it has a very serious side, we really enjoyed focusing on how germs spread using green glitter and the importance of washing our hands. We all sang 'Happy Birthday' twice when using soap and water to wash our hands as well as finding out about different animal shapes to remind us of the parts of our hands which needed washing, for example the hedgehog to wash between our fingers and the butterfly to wash around our thumbs.

We have had lots of food parcels to hand out to children and families to help provide lunches for children at home during this difficult time when many of our family members have been furloughed or are isolating. Thanks to Joanne Wilton for working tirelessly to prepare 41 packs of lunches and to Penny Maloney, who has been there each day to help give out the packs with me. Last week Lidl of Bude very kindly presented us with over ten boxes of Easter chocolates which we have been able to split up and share out with our children ... and staff of course!

We have been using our online platform Class Dojo and Facebook to keep in touch with families and share ideas and support, as well as to provide home learning activities. A huge shout out, well done and thank you to the parents for all their efforts at home to support their child's development while trying to work from home themselves. It definitely isn't easy!

We have had some amazing life skills learnt, activities mastered and events commemorated, for example writing letters to family members, riding a bike without stabilisers, cooking lunches and tea and holding a VE Day celebration and tea party.

Each week parents and children share their learning adventures using Dojo by uploading messages, videos and pictures which the staff team love looking through and commenting back to the children. Over the last few weeks we have also introduced a virtual Supersonic Learner Assembly where we post a video celebrating all the achievements at home and post certificates to children. Similarly, we have been having an online vote for a picture story and share a video storybook each week and have started to trial Zoom meet-ups with our youngest children, who are missing their friends.

At times, my staff and I have felt sad about all the opportunities, events and skills we aren't able to share with our pupils as they are having to work from home. However, we also know that this enforced closure and lockdown has allowed many of our families a chance to take a step back from the frenetic lives we were all juggling and to spend time enjoying the simple things in life, such as sunny walks, baking, speaking to relatives, playing games and sharing stories. I also believe that it has and will make us all closer in the long run and build a stronger community. The staff team are in contact regularly, discussing ways to support our children as and when they return to school, and although the academic side of schools will start to build up we are also committed to reassuring our children and supporting their social and emotional wellbeing as they emerge from the safe bubble of home back into the classrooms, which undoubtedly will look a little different.

We have lots of exciting opportunities planned in for next year, classrooms and learning spaces which are being given a fresh lick of paint, garden areas which are being tidied and planted and a whole team of staff raring to go when it is safe to do so. We are also looking forward to welcoming our new starters in Reception in September 2020 as they begin their exciting school journey, but also celebrating with our year six cohort and giving them the ending to their primary school years that they had anticipated and deserve as they prepare to move on to secondary school.

From all the staff team at Jacobstow School:



Stay safe, be happy, stay kind and try to look for rainbows when it rains and stars when it is dark.



## CARNIVOROUS is an anagram of CORONAVIRUS



I am a linguist. Anything to do with languages fascinates me, so strictly I am a philologist.

One of the lovely curiosities of English is anagrams. An anagram is when you take the letters of a word, load them into a shotgun and blast them skywards. The letters which fall to the ground may form a sensible word such as the title of this piece.

A simple anagram is when you can make **POT** into **TOP**. There is a third word: can you think of it? (Clue: to choose.)

Slightly larger is **LARGE**. Large has four anagrams, and I have listed them in footnote<sup>1</sup> (but don't look down if you want to work them out yourself). I used to teach Chinese children. They were curious about anagrams when I explained, but made it quite clear that nothing like that could happen in Mandarin.

Crosswords are famous for anagrams. They often use words in the clue like *mad* or *crazy* that indicate the answer is an anagram. A good one is: *Crazy moon starrer stares at the moon and stars* (10 letters) – the answer is in footnote 2. One of my favourite clues is this: **GEGS** (9,4). The answer is **SCRAMBLED EGGS**.

Have a taste of some spooky anagrams:

**DESPERATION** is an anagram of **A ROPE ENDS IT**;

**THE EYES** is an anagram of **THEY SEE**;

**THE MORSE CODE** is an anagram of **HERE COME DOTS**;

**A DECIMAL POINT** is an anagram of **I'M A DOT IN PLACE**.

Here are a couple for mathematicians:

**ELEVEN PLUS TWO** is an anagram of **TWELVE PLUS ONE**;

**ELECTION RESULTS** is an anagram of **LIES – LET'S RECOUNT**.

And finally:

**MOTHER-IN-LAW** is an anagram of **WOMAN HITLER**

Lastly, can you work out this one? Can you make one word out of '**NEW DOOR**'? The answer is in footnote 3 below.

Christopher Asbury

*[One of my favourites is from Auracaria, the doyen of crossword setters. In a Christmas crossword, he included this: 'O hark the herald angels sing the boy's descent, which lifted up the world', which, being translated, makes 'While shepherds watched their flocks by night, all seated on the ground'. Ed.]*

*And a PS from Christopher: 'In one of the Bard's best-thought-of tragedies, our insistent hero, Hamlet, queries on two fronts about how life turns rotten.' I'll leave you to work it out. If you get stuck, look at Hamlet, Act III, scene i.*

*There's no end to this. What a wonderful language English is! Ed.]*

1 REGAL, LAGER, GLARE, ELGAR; 2 ASTRONOMER; 3 ONE WORD!

### If you like word games you might enjoy these

The *Guardian* publishes free crosswords online every day. Choose from quick, cryptic and quiptic.

The *Daily Mail* offers a whole range of word games, from codewords and anagrams to crosswords and variations on Scrabble. In fact it offers dozens of games of all kinds, free.

The *Telegraph* also has a range of games, including number games like sudoku and kakuro. You'll need to register and set up an account, but it's free.

Activityvillage.co.uk is one of many sites offering children's games and activities, some of them free.





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## Memories of wartime service in the Royal Navy

I have been asked what I was doing on VE day.

I joined the Royal Navy and began training at Mill Hill School in London which had been taken over for that purpose. Here you learnt to march, scrub floors and wash dishes. You marched until your new shoes killed you, scrubbed floors until your back killed you and washed hundreds of dishes. The intention was to teach you that if an officer said jump you jumped. (My husband was also in the Royal Navy and we were always grateful that the discipline stayed with us and helped in overcoming what 'WE' wanted to do.) Three weeks later the group I was in moved to the airfield at Lee-on-Solent. There were sixteen who had volunteered for the Photographic Branch which was based in Felpham. Unfortunately the house in which the school was based had been burnt so we were in Lee until another house was acquired. While in Lee we were asked if any of us could do gardening and three of us said we could (we had never done any gardening). We spent our time cutting hedges and weeding strawberry beds in the sun while the other girls washed dishes.



While we were there the buzz bombs were coming over at 15-minute intervals: you heard them, then they stopped and within a few seconds a big bang. I remember being in the cinema when they were going over and realising I had forgotten to put my identity disc on. I thought, 'They will give me hell if I die without that on.'

At Felpham we were billeted in private homes on an estate of very big houses. The photographic course consisted of light, lenses and everything to do with processing plates and films. Every Monday you had an exam and if your marks were bad you were 'thrown out'. I think that only happened to one person. We had to be able to make a map out of photos so we went up in an Avro Anderson that had a hole in the floor to which you bolted your camera. We all took pictures of Arundel Castle but I never did have to make a map, just know how to do it. Once a week we would be on all-night fire duty in an empty house. We slept on the floor in sleeping bags and did four-hour shifts. Unfortunately we spent until midnight playing cards, then two would stay awake until 4 a.m. and two do the last watch until 8 a.m. The next day you felt awful and we never did have to deal with a fire bomb.

Eventually we were ready to move on. Up went a list of air bases that wanted us. Everyone else wanted to be as near home as possible but my friend and I thought it was a good chance to go as far as possible; she chose Ireland and I Orkney.

By now it was winter and the train journey through Scotland was through heavy snowfalls, just the cross part of the telegraph poles visible in places. Eventually we reached Thurso, where we got on the ferry. The crossing was bad and everyone got sick (except me). The men wanted to get home for the weekend otherwise they would have cancelled the crossing. Landing at Stromness we had to stay the night in the army camp and go by boat to Kirkwall the next day. To my amazement it was a paddle steamer, the *Westward Ho!*, which used to come into Fowey harbour (where I was born).

Orkney was wet and very windy. Here we processed pictures of naval ships which were used for recognition. Planes were loaded with film to record gunfire, so we were processing loads of film (we did not have gloves so you always knew a photographic Wren by their brown nails caused by developing fluid).

My next post was the airfield at Burscough, near Ormskirk, Liverpool and Southport. Most days we would be photographing blueprints, bits of engines that had crashed and groups of personnel. The Nissen huts where we lived had about twelve of us, photographic, meteorological and one parachute packer. She had a sewing machine in her section so if we managed to get some material we would go down to her section in the evening and make things, probably dirndl skirts. I learnt a lot as she was a professional dressmaker.

VE day came and we were given the day off. Two of us hitched into Southport, fell asleep on the downs, had tea and came back to the station. In the evening we heard the officers letting off rockets (like the ones that used to call out the lifeboat in Bude).

*[Continued on p. 16.]*

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## Our Night Sky in June 2020

We have lost Venus in the evening sky now, but Jupiter makes up for her loss by rising in the South East about 2300, and remaining visible low in the southern night sky as the brightest object apart from the Moon. You can easily follow the 'dance' of the Galilean moons round the planet using binoculars, and it is fun to watch how they vary in position from night to night. Saturn follows close behind and, although you can distinguish it from a star by the fact that it does not twinkle, it is fainter than Jupiter, shining with a yellowish light. Anyone with a telescope should take the opportunity of seeing Saturn's rings, which are a fabulous sight in even a small telescope. Mars follows these two planets, rising in the East about 0200. Depending on its distance from Earth, its brightness varies greatly, but it will be gaining in brightness throughout the year, and will be easy to identify as an orange 'star' shining steadily in the southern sky during the autumn months, and rising earlier each night.

The Japanese space agency JAXA launched the Hayabusa2 mission in December 2014 to asteroid Ryugu, which orbits the sun between Earth and Mars. Hayabusa2 finally arrived in 2018. It's been busy orbiting the asteroid ever since, dropping two rovers on the rocky surface and a third robot two years ago.

A new study by JAXA scientists and collaborators used the high-resolution images taken during a close-up encounter with Ryugu back in February 2019 to uncover a few of the asteroid's secrets. One of the spacecraft's goals was to snatch a sample of the rock that lies on the surface of Ryugu, but to do so, it needed to do a thorough survey of possible landing sites. Months of surveying Ryugu's surface with onboard cameras provided the researchers with a wealth of data when the spacecraft finally descended to the surface. The images snapped by Hayabusa2's telescopic optical navigation camera (ONC-T) enabled the research team to analyse the spectral signature of the asteroid's surface. Previous work had shown how, like an onion, Ryugu is made of layers. In particular, two colours stand out in Ryugu's surface materials: red and blue. The asteroid is mostly red around the mid-latitude regions and blue around the equator and at the poles. Impact craters also are quite blue.

When the spacecraft touched down in February 2019, debris was kicked up and sprayed all over the surface. Ryugu's touchdown location was in an area with more blue surface material, but once it had touched down briefly and taken off again a layer of dark, fine red grains were littered upon Ryugu's face.

These clues pointed to a solar detour Ryugu may have taken around 300,000 years ago. At that time, Ryugu passed closer to the sun and the heat could have caused materials on the surface to redden. Over time, forces acting on the surface of the asteroid – like impacts or wasting – have mixed the reddish and bluish material on Ryugu's surface together. When Hayabusa2 stole a surface sample, it kicked up a lot of the dark, red grains that had settled. The good news for the JAXA team is they probably captured both the reddish and bluish material in their surface sampling and will be able to study the material back on Earth.

Hayabusa2 is now on its way home and is scheduled to drop off its space dirt in the Australian outback this December. I hope to give you some results from this outstanding mission when they are released.

*Bill Turnill*

*Bill passed on a series of amazing pictures showing just how tiny our planet is and how vast the universe in which we live. We can't reproduce them because of copyright (and, appropriately enough, space) but we'll be happy to forward them (email us, address below). An online search will throw up lots of examples, all showing that we're very small fry in a vast universe. As Bill says, it does rather put things in perspective.*

### Memories of wartime service in the Royal Navy (continued)

Now came demob. The officer told me I could have a form to get my medal but I said that I did not want one. She gave me the date I could leave, but as my friend and I were hoping to go to the Grand National at Aintree she allowed me to stay on until that was over (enjoyed the day, never bet on anything).

Looking back I wonder why we were not all very happy that it was all over. I think now that probably we realised that we would be going back to our homes and having to find work. No one voiced this at the time. I went back to Polruan and started nursing in Plymouth, until I married and came to the Villa in Bude. (My sister lived in Queen Street and I had been spending all my school holidays with her so I had a group of friends there.)



*Hilda Walter*



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## Debbie's quick and easy bread recipe

### Ingredients

7g dried yeast    1kg strong bread flour  
650ml tepid water    ½ tsp salt

### Method

Mix the water with the yeast in a large bowl. Then add most of the flour and the salt, keeping a little flour back (see below), and mix it all together.

Now use your hands to make it into a ball, adding more flour if the dough is very sticky (you are aiming to stop your hands and the dough sticking).

Dust your work surface with flour and turn the dough on to it. Using the heel of your hands, knead, push and stretch the dough for about five minutes, until it is smooth and stretchy.

Shape it into a ball, then dust it with flour and put it back in the bowl. Flour the top, cover with a clean, damp tea towel and leave it somewhere warm and draught free for an hour or two, until doubled in size.

Once the dough has doubled in size, tip it back on to the work surface and knock the air out of it by punching it a few times, then kneading it for a minute or so.

Now you can shape it as you like, or even add nuts, seeds, herbs, whatever suits you. Finally, leave it to prove (or rise) for a second time until it has doubled in size once more. This will take 30 minutes to an hour.

While it is proving, put the oven on at 180°C/350°F/gas 4.

Bake the loaf for about 35 minutes, or until golden. You can tell if it's cooked by tapping its bottom – if it sounds hollow it's done; if it doesn't then pop it back in for a little longer.

Once cooked, place your loaf on a cooling rack and allow it to cool before cutting it. Eat with lots of good Cornish butter!

*[This is based on Jamie Oliver's recipe, which can be found at <https://www.jamieoliver.com/recipes/bread-recipes/easy-homemade-bread/>, with suggestions for different ways of shaping and flavouring the bread.]*

## KILLING THE TESTATOR

One of the benefits of the lockdown is the ability to watch more TV than normal. I have been no different from the rest of the population, and have enjoyed watching re-runs of *Poirot*. One episode which I have recently seen was 'How does your garden grow?'

In this episode Poirot had a pink rose named after him at the Chelsea Flower Show. He bumped into Miss Amelia Barrowby in her wheelchair and she gave him an empty packet of seeds. The next day, after receiving a letter from her, he went to visit her at home only to find that she had died of poisoning.

The culprits turned out to be her niece and her husband, who had fallen on hard times. They believed that by bumping off the old lady they would inherit a fortune from her Will. Unbeknownst to them, however, she had made a Will leaving her fortune to her Russian maid.

The question then arose in my mind as to whether the niece would have inherited a fortune had she been made the beneficiary of her aunt's Will. Unfortunately for her, she would have failed in her dastardly endeavours. The Forfeiture Act 1982 provides for a person who is criminally responsible for the death of another to forfeit any rights of inheritance as a result of the criminal act. In other words, a murderer gets nothing under the Will of their victim.

In my long legal career, I have only had two occasions where a murderer was the beneficiary of someone's Will. In each case it was a husband murdering his wife. They both ended up serving life sentences, and under the Forfeiture Act they were unable to profit from their crime. Instead, the children of the marriage became the beneficiaries of their late mothers' estates. Their fathers were left incarcerated, with time to reflect on their truly wicked deeds. It's funny, isn't it, what your mind reflects on when you watch a TV programme with a master detective trying to solve difficult and perplexing crimes. Happy watching!

John Busby

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## Parish Council Chairman's Report

On behalf of the Parish Council I wish to thank everyone who has played a part in keeping themselves and others safe during the present crisis, and also looking out for neighbours in need. There have been many acts of kindness and consideration which have gone unnoticed except for those in receipt of them, and these are just as important and significant as the very public service given by the NHS and essential workers.

Our Parish Clerk, Lynn Pluess, has put in a considerable amount of time to ensure that the website has been updated with latest advice from Cornwall Council. This has not been easy as the guidance has changed almost on a daily basis. Our apologies to those who do not have ready access to the Internet, but it has proved to be an important resource. The Cornwall Council COVID-19 webpages cover a wide range of issues and should be the first source for current local information, as well as links to contacts for the public to express concerns and complaints.



By the time this article has been published the Parish Council will have held its first virtual meeting and we shall have some idea how to maintain the routine work of the Council over the next few months. Please contact the Clerk to receive details of future meetings and how to participate in the online meetings.

The Widemouth Bay public toilets are due to reopen from 1 June, subject to Health and Safety advice, and be assured that we are all doing our best to keep our beautiful part of the country safe, and rely on everybody to continue playing their part.

*Steve Pawley, Chairman Poundstock PC*

### Poundstock Parish Council

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The Parish Council website publishes agendas and minutes for current council meetings, together with details of councillors and how they can be contacted. You will also find a list of planning applications affecting the parish and lots of information about the Neighbourhood Development Plan. For further information, contact the Parish Clerk.

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## Advertising in the Packet

We arrange our advertising on a yearly basis, running from our June/July issue to our April/May issue the following year. Charges are kept as low as we can manage while still paying our printing bill.

**This size (a quarter-page) costs**

# £40

**for a year**

Your ad will appear in six printed issues of the Packet, delivered directly to every home in the parish. Details on how to advertise are on page 3. For more information, contact us.

Understandably, this year we currently have several vacant spaces. We are very grateful to all those who have taken up advertising space despite all the current difficulties, and we hope others will join us again once businesses are able to trade more normally.

## Advertising in the Packet

**This size (an eighth of a page)  
costs**

# £30

**for a year**

## Advertise in the Packet

**For superb local coverage  
throughout the year at a  
very low cost**

**It's great value!**



## Diary Dates

For the moment, we aren't aware of any events that are definitely taking place in June and July. Annual events including the summer series of Gildhouse talks have been cancelled or postponed until the C19 emergency is over. Also cancelled are the regular Wednesday openings of the Gildhouse.

However, things are changing every day, and some events will be reinstated as soon as guidelines allow. These will be advertised, so keep your eyes open.

### FREE ADVERTISING FOR LOCAL EVENTS

The Packet will always advertise local community and charity events free of charge. As soon as circumstances allow meetings and events to take place, we will be delighted to publish the details: the deadline is 20 July for events in August and September.

**Don't forget: tell the Packet!**

## Defibrillators in the parish

There are three, all in Widemouth Bay. One is next to the Summerhouse (at the church in Leverlake Road), one is near the top of Long Park Drive by the entrance to Pencarra and Bellair, just below the junction with Edith Walk, and the third is at the back of the public toilets just above Widemouth beach. The RNLI lifeguards also have a defibrillator.

## Local Contacts

MP: Scott Mann	01208 74337
Parish council chair: Steve Pawley	01840 230697
Parish clerk: Lynn Pluess	0776 8100 560
Cornwall Councillor: Nicky Chopak	0781 030 2061
Cornwall Council	0300 1234 100
Jacobstow WI: Mrs J. Baker	01840 239829
Marhamchurch WI: Mrs P. Hazeldine	01288 682193
Poundstock Skittles: Pam Gilhespy	01288 361570
Rebel Cinema	01288 361442
Bude Library/One-Stop Shop	0300 1234 111
Library renewal line	0845 607 6119
Recycling centre/tip (Tiscott Wood)	0845 630 0300
National Childline	0800 1111
Police – non-emergency	101
Farming Community Network	0845 367 9990
Bude Food Bank	01288 448748
Citizens Advice	03 444 111 444
(Phone advice line, operates 10–4, Monday–Friday)	
CCS helpline/Age UK Cornwall	01872 266383
Floodline	0845 988 1188
Western Power (power cut)	0800 678 3105
Doctors' surgeries: Neetside	01288 270580
Stratton	01288 352133
Boscastle	01840 250209
NHS non-emergency helpline	111
Stratton Hospital	01288 320100
(Minor Injuries Unit is now open 24 hours every day)	

## Local Organisations

At the time of writing all local libraries are closed.

### Libraries

Bude Library is open 9.30–5.00 Mondays, Wednesdays and Fridays and 10.00–1.00 on Saturdays.

The Pub is the Hub library (Old Wainhouse Inn) is open whenever the pub is; take your library ticket.

Poundstock's two pop-up libraries, in St Winwaloe's and Our Lady and St Anne's, are open all day every day. No need for tickets or membership; just help yourself.

### Poundstock Post Office

Still based in the old shop at Cornish Coasts Caravan and Camping Park on the A39. Open Mondays and Thursdays, 9.00–1.00 (ask at the new shop).

To the best of our knowledge meetings of the following are suspended until further notice:

### Scouts and Guides

Cubs: Monday 6.30–8.0 pm (01288 352786)

Guides: Monday, Jacobstow parish hall

Scouts: Tuesday 6.30–8.0 pm

Beavers: Wednesday 6.0–8.0 pm (07855 001284)

Rainbows, Brownies and Guides: ring Louise on 078 1798 5661 for more information.

### Marhamchurch WI

Meets in Marhamchurch Methodist Hall at 7.30 pm on the second Tuesday of the month.

### Jacobstow WI

Meets in Jacobstow Parish Hall at 7.30 pm on the second Thursday of the month.

### Juliotter Garden Club

Meets on the fourth Tuesday of the month in Otterham and St Juliot hall at 7.30 pm. More info from Alan on 01566 781559 or Paul on 01840 269178

### Launcells/Bude Dog Training/Agility

Puppies, pet dog training, problem dogs, clicker training, socialisation. Classes for all ages and abilities, Bangors Chapel hall, Mondays from 6.30pm. All profits to charity. Details from 01566 86500 or 01288 321922.

### Bude Bridge Club

Meets Tuesday and Friday evenings and Wednesday afternoons in the Parkhouse Centre. Further information from [www.bridgewebs.com/Bude](http://www.bridgewebs.com/Bude) or ring 01237 471111.

### Widemouth Bay Summerhouse

A friendly group (and their dogs) meet alternate Fridays at 2pm in the Summerhouse (by Widemouth Bay church). More information from Jann Bowers, 01288 361931.

### Whist drives

Whist drives are held at the Bray, Marhamchurch, every Thursday afternoon at 2.30. All are welcome.

### Bangors Chapel Hall

Although the chapel has closed the hall can still be hired. It has easy access and parking, and is very convenient and comfortable. Ring Debbie Marsh, 01288 488195.

### Poundstock Gildhouse

You can hire the Gildhouse for events from meetings to parties and wedding receptions. Ring 01288 341537 or 01566 781559, or visit [www.poundstockgildhouse.co.uk](http://www.poundstockgildhouse.co.uk)