



No. 100 December 2019 / January 2020

# THE POUNDSTOCK PACKET

## KERNOW BYS VYKEN !



### **We've reached a century!**

Back twenty years ago we moved from Dizzard, St Gennys, to Treskinnick Farm, Poundstock. In St Gennys parish we had a parish mag for many years and I missed news of the area. So at around the same time Dr Dudley Moore and his wife Pat moved into St Neot's and I asked him if he would help me to start a parish mag. I said, 'I'll do the leg work' and he was the brains. First we needed businesses to advertise with us, so off I went and got fifty-one businesses to advertise. Then I went around the parish and knocked on doors until I had twenty-seven volunteers who would deliver to their neighbours.

It was decided that half the mag would be adverts and half would be information. This we continue with today. Next was what name to call the mag, and the committee decided on The Packet. Then it was where to purchase the paper and where to get it printed. Shirley and Henry Boettinger, who produced the St Gennys mag, were a wonderful help to Dudley and me; we visited them and they helped us with the constitution. This was signed by Dr Dudley Moore, Angela Dunne, Ruth Fox and me. We went to Wakefields of Camelford for it to be printed, then St James Smith's School, finally going on to print it ourselves at Bangors Chapel Hall and collating it ourselves around different tables in people's homes. This was very time-consuming! Now our mag is printed by Mr Phil Tucker.

I have been in the chair from the start. At the first meeting of the Packet committee in spring 2003 were June Rogers, Ruth Fox, Ray Fox, Sandy Dingle, Tim Dingle, Pat Moore, Dudley Moore, Audrey Wickett, Daphne Randall, Angela Dunne, John Dunne, Chris and me. We were grateful to have donations from Poundstock Parish Council, North Cornwall District Council and Community Project Trust Awards for All to help us start up. We have always kept our charges as low as possible while paying our bills; we have always been a not-for-profit organisation. Apart from the printing, all the work is done by volunteers.

Back at the start our advertising charges were:

1/8 page	£6 a year (six issues) (now £30)
1/4 page	£12.50 a year (now £40 or £45 for colour)
1/2 page	£25.00 a year (now £80)

Every issue of the mag goes into every home in Poundstock so advertisers get really good publicity across the parish, and we know the mag gets passed on to other people living in the wider area. We are particularly keen to support small local businesses and businesses based in the parish.

We hope you enjoy your magazine and find it useful. We are always keen to know what you think of it and will be glad to hear any ideas you have for improving it.

After 100 issues I will be stepping down as chairman in March and our treasurer is leaving too, so we really need new people.

Please come and help so the Packet can keep going for at least 100 more issues!

*Jen Spettigue*



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We always welcome any input from our readers. If you want to get in touch or to send us an article or local information, contact the editor: Liz Jones, Langford Hele Farm, Marhamchurch EX23 0HR. Tel. 01288 361147. Email: poundstockpacket@gmail.com

**The deadline for our next edition is 20 January.**

If you wish to advertise, either in the magazine or on the website, or have any distribution enquiries please contact Jen Spettigue, 36 St Marwenne's Close, Marhamchurch, tel: 01288 361525.

We do our best to deliver to everyone in the parish. If you know of anyone who has been missed, please let us know. Copies of the magazine are available at the Beach House and Wainhouse Country Stores. A few copies are available for people living outside the parish at a cost of 50p + postage or via email; please contact the editor.

\*\*\*\*\*

The editorial board does not necessarily endorse the views expressed by individual contributors and we can't accept any responsibility for the accuracy of information provided. We reserve the right to edit items submitted and decide on what is suitable for publication.

## 100 issues, but how many more?

It's quite a milestone: the Packet has reached its hundredth issue. Like everything, we've had a few ups and downs along the way, but we're still here. What a tribute to the vision of Jen and Dudley and the others who began it all back in 2003, and what a testament to the work of all those loyal contributors and distributors, not to say printers, whose efforts have resulted in today's magazine.

We wouldn't have got here without the support of the Parish Council, our advertisers and of course our readers — in fact the entire community in our quiet corner of Cornwall. Thank you so much. We have relied on every one of you and continue to depend on your support.

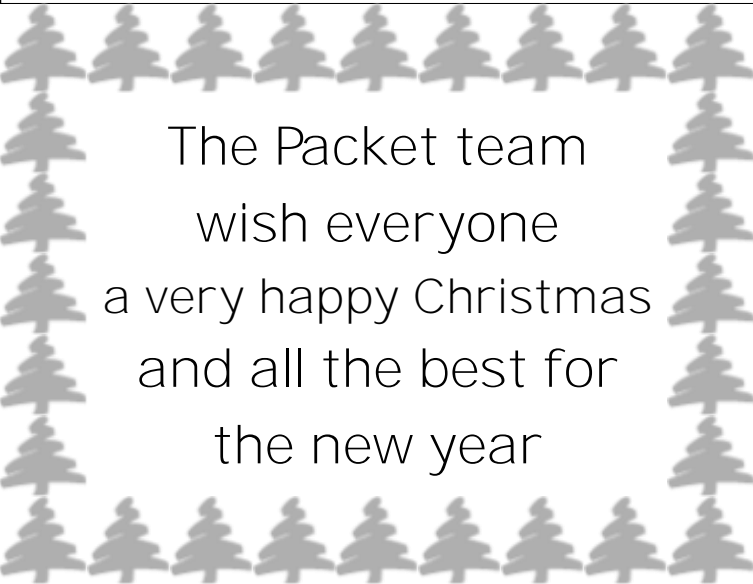
Over the past 16 years the Packet has become part of Poundstock life, but there are now big questions. Faithful supporters disappear, for all kinds of reasons, and few new ones step forward. Sometimes it's a real struggle — general goodwill is essential but it doesn't produce a magazine.

The committee has dwindled to a faithful few, and we know that our chairman and treasurer, who have been with us from the beginning, will be stepping down at our AGM in March. It certainly isn't all bad news — we've been really heartened to welcome Christopher as deputy editor, Adrian as webmaster and Robbie organising the advertisements this year — but we do need more.

Is there something you could do, however small or occasional? We need help with renewing ads (only once a year) and recruiting new advertisers (once in a while), with the accounts, with reports of local news, photographs, information about forthcoming events, occasional short articles or regular long ones, copy for the kids' page, ideas ... in short, whatever you can do, you're needed!

Will you come and join us in 2020? We hope so!

*Liz*



The Packet team  
wish everyone  
a very happy Christmas  
and all the best for  
the new year

## C

I'm no mathematician, so don't count on me, but the hundredth issue of the Packet deserves some notice. Hundred evolved from the German word *Hundert*. Languages evolve, and this is exactly what happened after the Angles settled in East *Anglia* and the Saxons in *Sussex* (South Saxons), *Essex* ((East Saxons) and *Wessex* (West Saxons), not forgetting *Middlesex* (Middle Saxons).

The Latin root *cent-* gives us hundreds of ideas, and I could go on about it for a *century*. I am 100 *per cent* sure that *centipedes* don't have a hundred feet, but nor do millipedes have a thousand (mille = 1,000). When it gets very cold — below 0° *Centigrade* — they hide away from predators, so that their population is not decimated.

Now *decimate* is a seriously misused word. If you *decimate* something, you cut it down by 10 per cent. *Decem* is the Latin for 10. In the Roman army a serious mistake could result in decimation. One in ten soldiers were picked for crucifixion, and the man who chose the victims was a leader of 100 soldiers — a *Centurion*. So, don't use *decimate* to mean 'destroy'!

I have gone on for long enough, and could ramble until I was a *centenarian*. But CONGRATULATIONS to the Packet for reaching 100 issues. We must now, if we care a *cent*, await the *centennial* issue. I'm no mathematician; when will that be?

*Christopher Asbury*

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## Christmas 1919–2019

What a difference over a hundred years. There had been the 'Spanish Flu' epidemic the previous year which had a last flurry in 1919. Originating in China, it killed over 40 million people across the world and seemed to target those in their prime. The Great War had ended but there were still shortages and the country needed putting to rights.

Here in Cornwall I guess things weren't as bad as some places: folk could grow their own vegetables, catch rabbits and keep their own fowls to provide those extra meat meals and eggs. People had to be inventive with ingredients as there wasn't much sugar, but I bet bees were kept to make up for any shortages there too.

Dried fruit and spices were sought-after treats.

Compare that to nowadays. We're told not to eat sugar or dried fruits because of the sugar in them, the bees are on the run due to diseases and mites, the ground's so wet that many of the veg have given up.

A lot of the old recipes can be tweaked into something quite decent by adding some cheese, a few herbs or some butter or cream. This recipe was sent in during 1919. I reckon, if you thicken the sauce and add cheese and flash under the grill, you'll have a supper dish that would please most of us.

Finally, MP Mr Royce said during a speech debating agriculture in February 1919, 'Another great advantage to agriculture, I am sure, would be to relieve it as soon as possible from some of the trammels that are at present imposed upon it by the various Departments of State. The sooner agriculture is freed from these restrictions the better it will be for its interests.'

Something tells me 100 years have passed and some things haven't changed at all!

Happy Christmas and a healthy and successful 2020 to you all.

*A sheepish farmer*



## Bangors Chapel becomes Hi-5 Talk Time Café

Now that Bangors Chapel has closed, its buildings have become home to a new local charity every Tuesday from 11 am to 3 pm. Hi-5 Talk Time Café provides a welcoming cuppa and cake and lots of information, activities and fun for families with pre-school children who have additional needs. No diagnosis or referral is necessary, just come along. For more information see the advertisement on the opposite page, visit our Facebook page [www.facetime.com/hi-5talktimecafe](http://www.facetime.com/hi-5talktimecafe), email us at [hi-5talktimecafe@hotmail.com](mailto:hi-5talktimecafe@hotmail.com) or just drop in. A warm welcome awaits you.



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Back in Jacobstow, in October we enjoyed an interesting talk by Jane Anderson on the geology of our coastline. She described how the continents have moved over billions of years and explained the forces involved in forming the geological features we see all around Cornwall and the story behind the Half Tide Cross marker on Summerleaze beach.

*Jill Baker*



**Community Governance Review** Proposals to take over parts of the parishes of Poundstock, Marhamchurch, Launcells and Kilkhampton by Bude and Stratton Town Council were withdrawn at its Council meeting on 3 October, thanks to a concerted effort by residents and Parish Councils voicing opposition and showing up in large numbers. A number of our own residents were responsible for distributing leaflets at short notice, for which we are most grateful.



The introduction of these revised proposals should reduce/remove parking from the main thoroughfare and roadside verges, whilst reducing the negative impact of additional/extended restrictions on residential roads.

**Marhamchurch Parish Council** invited me to represent Poundstock at the unveiling of a Memorial Plaque at the Bray Institute, commemorating the Airship Base at Langford Hill during the First World War. It was a happy occasion and there were some interesting links with families in Poundstock.

*Steve Pawley*



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Carol service: 13 December, 3 pm  
 Christmas Day Mass, 8.30 am

### December

- 1** Holy Communion, 9.30 am
- 8** Morning Prayer, 9.30 am
- 15** United service, Widemouth Bay, 10.30 am  
 Carols by Candlelight, 2.30 pm
- 22** Morning Prayer, 9.30 am
- 25** Christmas Communion, 9.30 am
- 29** United service, tba, 10.30 am

### January

- 5** Holy Communion, 9.30 am
- 12** Morning Prayer, 9.30 am
- 19** United service, St Winwaloe's, 10.30 am
- 26** Morning Prayer, 9.30 am

Please contact the rector to arrange special services.

### Poundstock Christmas services

- 13 December** 3 pm Carol service, Widemouth Bay, followed by tea in the summerhouse
- 15 December** 2.30 pm, Carols by Candlelight, St Winwaloe's, followed by mince pies and mulled wine in the Gildhouse
- 25 December** 8.30 am, Quiet Mass, Widemouth Bay  
 9.30 am, Christmas Communion, St Winwaloe's (this service lasts about an hour)

**Come and celebrate the real meaning of Christmas**

### St Gennys Silver Band

Christmas Concert

St Gennys Legion Hall

Friday 13 December, 7.30pm

All welcome

Also playing at Carol Services:

- 10 December Jacobstow Church
- 15 December St Gennys Church
- 16 December Altarnun Church
- 19 December Boscastle Chapel

### St Petroc's Society

The two churches in Poundstock regularly support St Petroc's Society with donations from Christmas events and gifts of toiletries, clothing and other essentials. Most people know that St Petroc's supports the homeless in Cornwall, but perhaps that's all they know about it.

St Petroc's was founded over 30 years ago by the Diocese of Truro as a result of clergy concern at the number of homeless people coming to them for help. A bed for the night and a good breakfast were certainly a start, but the Church realised that people's long-term needs went a lot deeper. St Petroc's was set up not only to relieve the immediate problems of homelessness but also to help people move on to a settled life in the community.

It would be nice to report that homelessness has declined over the past 30 years but sadly it has increased, while adult social care services have been reduced. Since 2012 Cornwall has been one of the top ten local authority areas with the highest number of people sleeping rough, so St Petroc's work is more urgent than ever.

In 2017-18, 162 people were admitted to St Petroc's supported accommodation, services at their Resource Centres were used 19,101 times, their Street Outreach team met 111 new clients and 1,292 contacts were made with people sleeping rough. Between December 2017 and January 2018 the emergency winter night shelter provided shelter for 91 clients over 71 nights, two-thirds of whom had positive move-on outcomes.

So please give generously. Homelessness can affect anyone. More information from St Petroc's Society, Lander House, 5 Upper Lemon Villas, Truro TR1 2PD, tel. 01872 264153, email [home@stpetrocs.org.uk](mailto:home@stpetrocs.org.uk).



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# Kids' page

## Christmas Wordsearch

This wordsearch appeared in the Packet's first Christmas edition, sixteen years ago. Does anyone remember doing it back then? Try and find all these words: balloons, Bethlehem, carols, Christmas tree, crackers, decorations, Father Christmas, Jesus, Joseph, kings, Mary, nativity, nuts, presents, puddings, reindeer, shepherds, singing, sledges, star.

M	F	A	T	H	E	R	C	H	R	I	S	T	M	A	S
S	A	F	E	H	E	T	R	T	A	G	U	I	N	L	G
S	T	R	A	R	R	A	N	S	N	P	D	D	A	B	N
E	S	G	Y	T	T	B	I	I	H	U	A	L	T	A	I
G	H	D	Y	S	S	B	K	O	O	L	T	L	I	L	D
D	E	C	O	R	A	T	I	O	N	S	R	S	V	L	D
E	P	J	S	M	M	R	A	Y	S	P	E	A	I	O	U
L	H	O	I	S	T	R	A	R	H	E	I	R	T	O	P
S	E	S	N	O	S	U	S	E	J	Y	N	N	Y	N	O
O	R	E	G	N	I	G	N	I	S	C	D	W	O	S	A
G	D	P	K	I	R	C	A	R	R	E	E	X	L	L	B
L	S	H	N	A	H	H	P	R	E	S	E	N	T	S	U
Y	O	L	R	A	C	R	A	C	K	E	R	S	E	C	W
S	L	O	R	A	C	M	M	E	H	E	L	H	T	E	B

Happy Christmas!



All three sections (Rainbows, Brownies and Guides) have been taking part in a national Girl Guiding campaign, thinking and learning about how single-use plastics are affecting our world and wildlife, then making a promise to reduce the amount we use.

We also all celebrated Bonfire Night, Rainbows making edible sparklers and then having real sparklers. Brownies made edible bonfires and sparklers and the Guides had a real bonfire, sparklers and fireworks, and being Guides a fire is not a fire without some campfire songs and marshmallows!

If anyone is interested in volunteering Louise would love some help with the Brownies, so please get in touch with her on 07817985661.

Louise Cowling

(See p. 9 for details of the Guides' Christingle service.)





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## Our Night Sky in December 2019

Jupiter will be setting shortly after sunset, with Saturn following shortly afterwards. Venus will be the brightest object in the evening sky, setting at about 7pm by the middle of the month. The rest of the night sky will be dominated by the winter constellations, with Orion being the most conspicuous.

Quasars are among the brightest and most distant known celestial objects and are crucial to understanding the early universe. They were discovered only about 50 years ago because the distance makes the signals so faint. The tiny, point-like glimmers are actually signals from galactic nuclei outshining their host galaxies. Quasars live only in galaxies with supermassive black holes – black holes that contain billions of times the mass of the sun. Although light cannot escape from the black hole itself, some signals can break free around its edges. While some dust and gas fall into the black hole, other particles are accelerated away from it at near the speed of light. The particles stream away from the black hole in jets above and below it, transported by one of the most powerful particle accelerators in the universe. Quasars emit energies which exceed the total of the light of all the stars within a galaxy. They are the brightest objects in the universe, shining anywhere from 10 to 100,000 times brighter than the Milky Way. They are capable of emitting hundreds or even thousands of times the entire energy output of our galaxy, making them some of the most luminous and energetic objects in the entire universe. Quasars are part of a class of objects known as active galactic nuclei (AGN). Other classes include Seyfert galaxies and blazars. All three require supermassive black holes to power them.

Most of the more than 2,000 known quasars existed in the early life of the universe. In December 2017, the most distant quasar was found more than 13 billion light years from Earth (a light year equals about 5.88 trillion miles or 9.5 trillion km). Scientists observed the quasar as it appeared only 690 million years after the Big Bang. Quasars this young can reveal information about how galaxies evolved. The distances involved are mindblowing, and the fact that quasars can be observed so far away makes one realise just how brilliant these objects must be.

On which thought-provoking fact I will close this article. May I wish all my readers a very happy Christmas and a prosperous year to come.

*Bill Turnill*

## Top five regrets of the dying

As a solicitor specialising in Wills, Probate and Lasting Powers of Attorney, I spend a lot of time with elderly clients. Many will review their lives with me and will almost always tell me about what their regrets in life have been. Reminding themselves of their mortality puts life in perspective.

Bronnie Ware is an Australian palliative care nurse. She cares for patients at the end of their lives and recorded their dying thoughts and feelings in a book called *The Top Five Regrets of the Dying* (Hay House, 2019).

Here are the top five regrets as witnessed by her:

**I wish I'd had the courage to live a life true to myself, not the life others expected of me.** 'This was the most common regret of all. When people realise that their life is almost over and look back clearly on it, it is easy to see how many dreams have gone unfulfilled. Most people had not honoured even a half of their dreams and had to die knowing that it was due to choices they had made, or not made. Health brings a freedom very few realise, until they no longer have it.'

**I wish I hadn't worked so hard.** 'This came from every male patient that I nursed. They missed their children's youth and their partner's companionship. Women also spoke of this regret, but as most were from an older generation, many of the female patients had not been breadwinners. All of the men I nursed deeply regretted spending so much of their lives on the treadmill of a work existence.'

**I wish I'd had the courage to express my feelings.** 'Many people suppressed their feelings in order to keep peace with others. As a result, they settled for a mediocre existence and never became who they were truly capable of becoming. Many developed illnesses relating to the bitterness and resentment they carried as a result.'

**I wish I had stayed in touch with my friends.** 'Often they would not truly realise the full benefits of old friends until their dying weeks and it was not always possible to track them down. Many had become so caught up in their own lives that they had let golden friendships slip by over the years. There were many deep regrets about not giving friendships the time and efforts that they deserved. Everyone misses their friends when they are dying.'

**I wish that I had let myself be happier.** 'This is a surprisingly common one. Many did not realise until the end that happiness is a choice. They had stayed stuck in old patterns and habits. The so-called "comfort" of familiarity overflowed into their emotions, as well as their physical lives. Fear of change had them pretending to others, and to their selves, that they were content, when deep within, they longed to laugh properly and have silliness in their life again.'

*John Busby*

## Defibrillators in the parish

An evening of defibrillator training evening took place recently at the Beach House. The training was to give people an introduction into the use of automated external defibrillator (AED)s. These devices can save lives when deployed quickly to people suffering heart attacks.

The training was generously given by Dan (a paramedic based in Marhamchurch) and Ella (one of the trainers from Bude SLSC), and the Beach House hosted the event.

The key focus of the evening was to demonstrate how easy and self-explanatory the AEDs are to use, how speed of AED deployment and good CPR are critical to survival rates in event of heart attack.



There are now two AEDs in Widemouth, one at the summer-house (next to the church on Leverlake Road) and one towards the top of Long Park Drive, at the entrance to Pencarra and Bellair just below the junction with Edith Walk.

It is hoped another AED can be deployed in or near the council car park to cover the winter when the lifeguards are not on duty. Fundraising will be needed. Further training courses will be arranged.

*John Pearson*

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## The Troggs

Think of a caveman. Dressed not in animal skins but brown feathers. Imagine him jumping nimbly from branch to branch, and you have the Garden Wren. You see, 'troglodyte' is the scientific word for a caveman, and the wren's scientific name is *troglodytes troglodytes*. It got its name because it goes foraging in secret, cave-like places under the bushes. Or it might be because of the nest which, like a cave, has a small opening into a large space inside.

The wren's nest building invites a thought for all of us men: the bloke builds a whole load of nests, sings to entice a lady, and then builds a completely new nest just for her.



Among the dwellings framed by birds  
In field or forest with nice care,  
Is none that with the little Wren's  
In snugness may compare.

*(Wordsworth)*

People used to be frightened of wrens. They thought they were witches transformed into birds. And the tradition was to go hunting wrens sometime around Christmas. Parties of drunk mobs clattered through the countryside beating the undergrowth until the wrens came out. They clubbed the wrens to death and stuck them



on long poles, and danced around and made merry. I don't think that happens around here any more, so there are plenty of the little chaps about. Wrens are pretty common and very very loud for their tiny size.

They are not the smallest British bird, but they are the shortest. The goldcrest takes the prize for its weight of 6 grams; that's...er...well, less than a quarter of an ounce.

When I was young, I read one of Aesop's fables about a little Jenny Wren. There was an argument in the bird world about who was king bird. They agreed that the highest flyer should be king, so the eagle set out to prove it. Up he went, circling right up to the clouds, higher and higher until he touched the floor of heaven. He plummeted down to the applause of all the other birds. Then the wren, who had been hiding in the wings on the eagle's back, jumped out and shouted 'YOWZA!!' and everyone had to agree that the little wren was the highest flyer, so he became king.

*My grateful thanks to Ben Andrews of the RSPB for both photographs.*

*Christopher Asbury*



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## Reminiscences of a wartime evacuee at Widemouth Bay and Poundstock, March 1941– March 1947

It was in the spring of 1941 when I was aged three and a half that the bombing of London became a very heavy blitz and we were living on the borders of London and Kent right under the flight path of the German bombers.

In Lewisham the basement of the Woolworth's store was used as an air raid shelter and on one such air raid some two hundred people were killed or injured.

In another air raid some three miles away in Catford, Sangley Road School was deliberately pinpointed for bombing where rather fortunately it was at lunchtime when most of the children had gone home as the kitchens were inoperable, but most of the teachers and staff were still there and some 75 people including children and grown ups were killed. How cynical had the Germans become?

My father who had lost a thumb in a factory accident and could not hold a rifle was pronounced medically unfit) but placed on reserved occupation, managing a factory in Greenwich producing cattle food, dog biscuits, etc.

He sent my mother and me to Cornwall. My aunt and cousins had already evacuated to Tregarden, a bungalow in Timbertown (Long Park Drive off Madeira Drive) in Widemouth Bay.

My aunt persuaded Mr and Mrs William Rowland at Quinceborough Farm (off Leverlake Road in Widemouth Bay) to let my mother and myself have their two best rooms with beautiful sea views.

The truly wonderful Mr and Mrs William Rowland were literally my family's life saviours. We have always been totally indebted to them for my parents both living close to ninety years of age and myself having so far having had an additional seventy-nine years of life.

The above is confirmed because just three weeks after we had been taken in by Mr and Mrs Rowland our house in London took a direct hit from a German bomb and was completely destroyed and our neighbours were killed.

If we had not been at Quinceborough Farm we would have undoubtedly been in our house at the time. My father luckily survived as he was visiting another neighbour, although he was buried in debris for nearly sixteen hours and seriously injured and taken to Lewisham Hospital.

After some four weeks the hospital desperately needed his bed and it was decided he needed to go to a convalescent home in Sussex, but when the telegram arrived for my mother telling her this Mrs Rowland demanded to know what was wrong with Quinceborough.

My father was put on the overnight/milk train to Bude and Mr Rowland collected him from the station and brought him to us at Quinceborough. He was so weak he had to be lifted out of the train into Mr Rowland's borrowed car. Mrs Rowland declared my father a walking skeleton and fed him (particularly junket) and he gained at least two stone in a short period of time.

After nine weeks the authorities wanted to know when he was coming back to the factory and Mrs Rowland replied, 'When I say he is well enough.'

During this time instead of being an inpatient in Stratton Hospital he was treated as an outpatient by a visiting nurse at Quinceborough.

Mr and Mrs Rowland and their son Guy, who was just aged five (being 18 months older than myself), have always and will continue to have a deep and profound effect on me and are always in my thoughts.

My family and I have continued to visit and stay at Quinceborough Farm on a regular basis since (72 years) and my wife and I now permanently live in Bude and Widemouth Bay.

John R. Smoker

*(Mr Smoker's reminiscences will be continued in the next issue of the Packet. If you have memories of our parish in wartime, we would be delighted to hear them; do contact us. Ed.)*



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### Poundstock Parish Neighbourhood Plan

On Saturday 4 October the Amenities and Development and Industry sub groups held a joint consultation event at Widemouth Manor. The afternoon was very well attended by parishioners of all ages. There were plenty of aspects to consider: for example, where would you consider development to be acceptable in Widemouth Bay, Treskinnick Cross and Bangors? Where should the replacement community hall be located? What kind of housing do you wish to see across the parish? The discussions were animated and good natured. As a parish we have embraced the unique nature of our region and its characteristics. There was a general consensus on the more controversial issues, which will help our parish council develop and maintain Poundstock.



*Left:* Parishioners studying aerial maps of the three major settlements within our parish.

*Above:* Discussion, completing questionnaires and drawing what we like about our parish. Parishioners of all ages contributed.

Any outstanding questionnaires due to be returned must be handed into Beach House Shop and Cornish Coasts for collection on Saturday 30 November, after which the themes identified and results will be analysed. Specially designed activities were available for the young; they were asked to consider what they like about where they live and what they want the parish to look like in the future. It seems we have a very appreciative group of youngsters, all of who are very talented and relish being outside in the open air. For those children unable to attend this meeting, we will be including the activities in a future edition of the Poundstock Packet. Over the next few meetings members of both sub groups will be analysing and collating responses from the community. As you can appreciate, this will take a considerable length of time before the findings are ready to be made known.

So what of the Landscape and Environment sub group? Well, having spent the summer researching the landscape and the characteristics of our location, they are now in correspondence with the Cornwall Wildlife Trust and the various teams associated with SSSI and AONB designation. In addition to this, they have produced a beautiful calendar showing twelve views across the parish of Poundstock. They will be available to buy from the Beach House Shop at the price of £5.00. Stocks are limited, so purchase early to avoid disappointment.

Many of you have been following our adventures on our Facebook page, **Poundstock Parish Neighbourhood Development Plan**. Don't forget, we would love to hear from you!

Our next scheduled meetings are as follows:

23 Nov.	Landscape and Environment, AONB function	Pavilion, Royal Cornwall Showground, 3–8.30 pm
28 Nov.	Landscape and Environment, update on requests for reports from ANOB, SSSI and Cornwall Wildlife Trust	Widemouth Manor, 5.30 pm
?? Dec.	Lead members to meet Imogen Day and discuss next steps forward	Bodmin, tba
14 Jan.	Landscape and Environment, update on requests for reports (as above)	Widemouth Manor, 5.30 pm
16 Jan.	Full Steering Group meeting	Bangors Chapel Hall, 7.30 pm, tbc

Please feel free to contact **Alison Rowland**, who is also a member of the Parish Council, should you require further information and wish to become part of this exciting project (for contact details see p. 21). As a team, we can be contacted at [poundstockpc@gmail.com](mailto:poundstockpc@gmail.com).

*Poundstock Neighbourhood Plan Steering Group*

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25 December 8.30 am, Quiet Mass,  
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## Extracts from the draft minutes of the meeting of Poundstock Parish Council, 29 October 2019

**Present:** Stephen Pawley, Alistair Rowland, Brenda Alison, Colin Gilbert, Pamela Idelson and the Clerk Lynn Pluess. Apologies were received from Alison Rowland, Fred Ward, Kerensa Cobbledick; Brian Furse did not attend.

**Minutes** of the previous meeting were approved.

**Chairman's report:** please see page 7.

**Widemouth Bay parking restrictions:** Following reports from Cornwall Council and lengthy discussions with residents of Atlantic Close, Leverlake Road and Madeira Drive it was agreed there should be no parking options along Marine Drive whatsoever, only the bus stop clearway. Cllr Chopak explained all double yellow lines would be removed and replaced with a no parking zone, meaning no parking on any verges or road within the designated zone, with parking enforcement officers patrolling throughout the day to ensure drivers comply. It was thought removal of the yellow lines would enhance the area. It was noted by a resident in Leverlake Road that the temporary no parking cones positioned along Leverlake Road over 18 months have proved successful, but residents of Combe Lane, some without the benefit of off-road parking, are adamant the proposal as it stands is not suitable for them. In conclusion, a restricted parking zone with no parking options along Marine Drive apart from the bus stop clearway was supported, to include residents' parking zones on non-arterial roads.

**Planning decisions given by Cornwall Council:** PA19/06578 Mr D. Small, Bangors Organic, A39, proposed new dwelling, approved; PA19/06820 Mr & Mrs S and J Pawley, Marlborough House, Poundstock, change of use of goat shelter to dwelling, approved.

**Planning applications:** PA19/07708 Mr & Mrs White, Finchfield, Leverlake Road, Widemouth Bay EX23 0AF, alterations and extension to rear to provide additional bedroom space; resolved to support. PA19/08982 Mr & Mrs Williams, Malibu Cottage, Widemouth Bay EX23 0AG, proposed replacement dwelling, resolved to object.

**Public Toilets:** Lead member Cllr Colin Gilbert reported Cornwall Council has commissioned Legionella Risk Assessment Works to be undertaken.

**Neighbourhood Development Plan:** (see report on page 18). Work is ongoing to produce a logo, vision and mission statements for inclusion in the NDP. All current funds have now been spent and an End of Grant Report produced, permitting a secondary application for funding. Additional costs pending are for the event venue hire (cost to be confirmed), calendars (about £210, plus postage and packing) and Cornwall Wildlife Survey (revised cost about £300).

**Bangors speed reduction:** it was agreed to support a 50 mph speed limit and request it is extended to include the junction at Treskinnick Cross and by extension the entrance to the cinema.

**Finance:** balances at 21 October were: current account £163,757.81; reserve account £80,677.20. Income: donations from public toilets £218.30, income from showers £404.00, interest £40.21, total £622.51. Expenditure: cleaning public toilets £450.00, clearing blockages £240.00, gas to toilets £278.93, PROW trimming £1300, SWCP trimming £900, NDP stationery £32.20, NDP stationery £23.15, poppy wreath (tbc), clerk's wage for month 7 (£735.54), PAYE £4.85, total £3964.67.

**Date of next meeting:** Tuesday 26 November, 7.30 pm, in Bangors Chapel Hall.

The meeting was closed at 20.43 pm.

### Poundstock Parish Council

[www.poundstock-pc.gov.uk](http://www.poundstock-pc.gov.uk)

<i>Chairman</i> Steve Pawley	Marlborough House, EX23 0EE	01840 230697 <a href="mailto:steve.pawley@poundstock-pc.gov.uk">steve.pawley@poundstock-pc.gov.uk</a>
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Parish Council meetings are usually held on the last Tuesday of the month at 7.30 pm in Bangors Chapel Hall.

The Packet aims to publish notes on the most recent meetings but occasionally this isn't possible because of a clash with our printing deadline. Minutes that have been approved by the Council are displayed at the Parish Hall, on the parish noticeboards at Bangors and Treskinnick Cross and on the Parish Council and Packet websites.

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## Diary Dates

### December

- 3 Guides' Christingle service, Jacobstow, see p. 9  
 6 Jacobstow WI, Christmas party  
 10 Marhamchurch WI, Christmas party  
 13 Carols, Widemouth Bay, see p. 9  
 14/15 Bude Christmas Market, Crooklets Beach Huts, 11–4  
 15 Carols, St Winwaloe's, see p. 9

### January

- 9 Jacobstow WI, talk on local crime prevention  
 11 Bude Artisan Market, Bude Central Methodist Hall, 10.30–13.30  
 14 Marhamchurch WI, 'Blood bikes'  
 28 Garden Club, 'Hartland Abbey and gardens'

### FREE ADVERTISING FOR LOCAL EVENTS

The Packet will always advertise local community and charity events free of charge. Just send us the details by 20 January for events in February and March.

### Don't forget: tell the Packet!

### Defibril lators in the parish

There are two, both in Widemouth Bay. One is next to the Summerhouse (at the church in Leverlake Road), the other is near the top of Long Park Drive by the entrance to Pen-carra and Bellair, just below the junction with Edith Walk.

## Local Contacts

MP: Scott Mann	01208 74337
Parish council chair: Steve Pawley	01840 230697
Parish clerk: Lynn Pluess	0776 8100 560
Cornwall Councillor: Nicky Chopak	0781 030 2061
Cornwall Council	0300 1234 100
Jacobstow WI: Mrs J. Baker	01840 239829
Marhamchurch WI: Mrs P. Hazeldine	01288 682193
Poundstock Skittles: Pam Gilhespy	01288 361570
Rebel Cinema	01288 361442
Bude Library/One-Stop Shop	0300 1234 111
Library renewal line	0845 607 6119
Recycling centre/tip (Tiscott Wood)	0845 630 0300
National Childline	0800 1111
Police – non-emergency	101
Farming Community Network	0845 367 9990
Bude Food Bank	01288 448748
Citizens Advice	03 444 111 444
(Phone advice line, operates 10–4, Monday–Friday)	
CCS helpline/Age UK Cornwall	01872 266383
Floodline	0845 988 1188
Western Power (power cut)	0800 678 3105
Doctors' surgeries: Neetside	01288 270580
Stratton	01288 352133
Boscastle	01840 250209
NHS non-emergency helpline	111
Stratton Hospital	01288 320100
(Minor Injuries Unit is now open all day every day)	

## Local Organisations

### Libraries

Bude Library is open 9.30–5.00 Mondays, Wednesdays and Fridays and 10.00–1.00 on Saturdays.

The Pub is the Hub library (Old Wainhouse Inn) is open whenever the pub is; take your library ticket.

Poundstock's two pop-up libraries, in St Winwaloe's and Our Lady and St Anne's, are open all day every day. No need for tickets or membership; just help yourself.

### Poundstock Post Office

Still based in the old shop at Cornish Coasts Caravan and Camping Park on the A39. Open Mondays and Thursdays, 9.00–1.00 (ask at the new shop).

### Scouts and Guides

Cubs: Monday 6.30–8.0 pm (01288 352786)  
 Guides: Monday, Jacobstow parish hall  
 Scouts: Tuesday 6.30–8.0 pm  
 Beavers: Wednesday 6.0–8.0 pm (07855 001284)

Rainbows, Brownies and Guides: ring Louise on 078 1798 5661 for more information.

### Marhamchurch WI

Meets in Marhamchurch Methodist Hall at 7.30 pm on the second Tuesday of the month.

10 December Christmas party

14 January 'Blood bikes', Cornwall Blood Bike Service

### Jacobstow WI

Meets in Jacobstow Parish Hall at 7.30 pm on the second Thursday of the month.

6 December Christmas party

9 January Talk on local crime prevention

### Juliotter Garden Club

Meets on the fourth Tuesday of the month in Otterham and St Juliot hall at 7.30 pm. More info from Alan on 01566 781559 or Paul on 01840 269178

No December meeting

28 January 'Hartland Abbey and gardens', Nigel Alford

### Launcel l s/Bude Dog Training/Agil ity

Puppies, pet dog training, problem dogs, clicker training, socialisation. Classes for all ages and abilities, Bangors Chapel hall, Mondays from 6.30pm. All profits to charity. Details from 01566 86500 or 01288 321922.

### Bangors Chapel Hal l

Although the chapel has closed the hall can still be hired. It has easy access and parking, and is very convenient and comfortable. Ring Debbie Marsh, 01288 488195.

### Poundstock Gil dhouse

You can hire the Gildhouse for events from meetings to parties and wedding receptions. Ring 01288 341537 or 01566 781559, or visit [www.poundstockgildhouse.co.uk](http://www.poundstockgildhouse.co.uk)

### Bude Bridge Cl ub

Meets Tuesday and Friday evenings and Wednesday afternoons in the Parkhouse Centre. Further information from [www.bridgewebs.com/Bude](http://www.bridgewebs.com/Bude) or ring 01237 471111.

### Widemouth Bay Summerhouse

A friendly group (and their dogs) meet alternate Fridays at 2pm in the Summerhouse (by Widemouth Bay church). More information from Jann Bowers, 01288 361931.

### Whist drives

Whist drives are held at the Bray, Marhamchurch, every Thursday afternoon at 2.30. All are welcome.