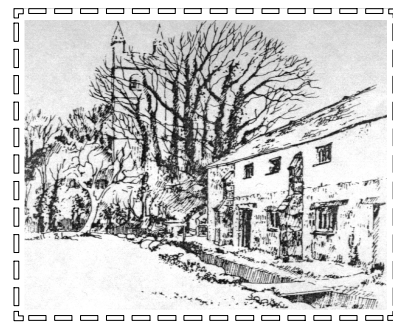




THE POUNDSTOCK PACKET

KERNOW BYS VYKEN !



A REALLY WHITE WEDDING

Brenda Woodley, daughter of Carol and Michael chose a really white day—9th January—to marry Philip Uglow at Bangors Methodist Church. The radiantly happy couple show little sign that the temperature outside was freezing.

POUNDSTOCK'S SHARE OF ICE AND SNOW

There were many rare sights around Poundstock in the recent weather. It's not often you see Poundstock churchyard and the fields beyond covered in snow. And what's this below? frozen fish?? These strange shaped icicles were formed by the stream at St. Neots



Supported by
funding
from ...



Poundstock
Parish
Council

DISTRIBUTED FREE TO EVERY
HOUSEHOLD IN POUNDSTOCK PARISH

PRODUCED EVERY
TWO MONTHS

No. 41 February/March 2010

RAINBOW OVER POUNDSTOCK FIELDS



PLANS FOR 2010

You may have noticed that The Interview has not appeared in the last couple of issues. Well we haven't planned to give up with this feature. From the few comments we get, it seems to be quite popular with our readers, and we still have a healthy list of people we think would be good prospective interviewees. If you have an idea about someone you think should go on our list, we'd be delighted to hear from you.

We have some plans to develop your parish magazine, and we shall be trying to get some funding to help us finance these early in the year. One of our ventures is the website (details below), which will provide a new, exciting dimension to our service to the community. If you'd like to have an input to our plans, your views will be welcomed, and you have an opportunity at our AGM (see below).

Dudley Moore



POUNDSTOCK LENT LUNCHES 2009



Well the time is approaching for our 6th year of Lent Lunches. There will be 3 lunches at Bangors Methodist Hall and 3 at the Gildhouse, all on Mondays from 12 noon

till 2pm. We do not charge, but ask for donations to Stratton Hospital League of Friends.

I'm looking, as always for helpers please: men or women, who can spare just a couple of hours on the dates below. Or if you could make soup, or give bread, butter, cheese for a lunch, that would also be a great help. If you can help in any way please call me on 01288 361525, leave a message if necessary.

Come and enjoy a great social time and help give support and comfort to the patients of our much needed hospital at Stratton.

BANGORS: February 22nd, March 1st & 8th
GILDHOUSE: March 15th, 22nd 29th

Jen Spettigue

THE CONCERT FOR CHILDREN'S CHARITIES

Held at Bangors Chapel on Sunday December 13th raised £256, to be divided between NSPCC, Children's Hospice SW and Action for Children. A wonderful effort by all those who took part and supported.

Poundstock Packet AGM

29 March at 7.30 pm at Treskinnick Farmhouse

If you live in Poundstock Parish, you are eligible and welcome to attend. Come and make your views known, and vote. We'd be pleased to see you and we promise not to give you a job unless you want one!

The Poundstock Packet on the web

We are very sorry that this has been held up by technical difficulties, but now it works!

The Packet's website will be fully operational from 1 March 2010

Visit www.poundstockpacket.org.uk

for current and past issues, local pictures and up-to-the-minute diary dates

POUNDSTOCK CAROL SINGERS

And

THE POUNDSTOCK PACKET CHRISTMAS GREETINGS

Altogether raised **£140**

for Children's Hospice SW

Thank you for all your generous support for these two ventures



T. H. TEAGUE & SONS LTD.

Registered company no. 5582028

**BUILDERS, CONTRACTORS
& DECORATORS.**
(ESTABLISHED 1860)

**CRACKINGTON HAVEN,
BUDE,
CORNWALL**

01840 230 366

Federation of Master Builders
Registered House Builders



Aromatherapy and Foot Health Clinic

Aromatherapy :- Massage with the therapeutic benefits of essential oils healing disharmony and imbalance in the body and mind.

Remedial Massage :- Swedish massage relieving strained aching muscles, arthritis, cramps and rheumatism.

Foot Health :- Basic Chiropody treatment and toe nail cutting service.

Lorraine McIlwham S.A.C.Dip.

Tel No :- 01288 361241

Home visits

REGISTERED OSTEOPATH

For information or an appointment

Call NICOLA HALSE

On 01840 230032

ROSECARE VILLA FARM
WAINHOUSE CORNER

Sewing undertaken

**GENERAL SEWING AND ALTERATIONS
MOST BROKEN CLOTHING ZIPS CAN
BE REPLACED.**

**ALSO CURTAINS CAN BE
MADE TO YOUR MEASUREMENTS
PLEASE CONTACT EITHER
BUDE COIN WASH**

01288 356011

OR

HAZEL

ON

01288 361229.



D G MASON MOTOR ENGINEER

Unit 1, Heywen, Tresparrett,
Camelford

*Car & Commercial Servicing—Welding—Exhausts
MOT Work—Tyres & Clutches—Recovery*

01840 261218 (day)

01840 261510 (evening)



WORKSHOP/ STORAGE AREA

Secure location just off A39 Widemouth Bay area

Reasonable rates

For details: 01288 361236



**QUINCEBOROUGH
FARM
SELF-CATERING
COTTAGES**

GUY & PAT ROWLAND
WIDEMOUTH BAY BUDE, CORNWALL
EX23 0NA

TELEPHONE 01288 361236
WINTER LETS CAN BE ARRANGED

Well, the story of the month must certainly be the snow! I was very struck, watching television news during the abortive coup against Gordon Brown that there was brief reference to it at the beginning of the programme before a swift segue to “and our other top story today, the snow”. A good number of people seemed to be tiring of weather-as-news almost as much as the snow itself by the end of the cold snap, but the period did highlight the problems we seem to have in countering very extreme conditions. I met with the Chief Executive and the Conservative Leader of Cornwall Council and tried to impress on them the acute disappointment of so many traders I spoke to, who had opened up and asked their staff to come into work, only to find that the Council had made little or no effort to grit town centre pavements. One road sweeper even asked for grit, so that he could improve conditions while on his regular round, but was refused! More rural parishes have also made it clear that they would be more than prepared to keep a stock of grit – perhaps under lock and key – and to organise volunteers to see to their village centres during acute conditions. Again, the Council is reluctant, preferring to hoard control in Truro.



I contributed to a *Radio Cornwall* programme on this subject shortly before this article went to press. When debate raged about the merits of moving to just one Council, the plan was always to decentralise power from County Hall to each of Cornwall communities through area offices, committees of Cornwall Councillors from particular areas and parish councils. Instead, the administration is considering a plan to sell off £11 million pounds worth of Council property to reinvest more than six million in renovations at County Hall. That seems to me to be completely the wrong direction to go in, and I hope that they will rethink. The Council urgently needs to lay out a tariff of powers which could be taken up by the parishes – with appropriate support and funding – so that the new authority doesn’t become entrenched in a “Truro knows best” culture.

Among other things, I also raised with the Council Leaders the housing waiting list. There were 17,000 people in line for somewhere affordable to live at the time the new Council took over, but they have made everyone on the list reapply on a 20-page form, reducing the number at a stroke to 6,000. While there are doubtless some people who – after years of waiting without any progress – have met their own housing but there will be many more who still think they’re in the queue but have been unceremoniously despatched from the list. I’m pressing the Council to make sure everyone who was on the old list is contacted assiduously, and assisted with the new form, to make sure no one misses out unfairly.

Back in Westminster, I recently contributed to a debate on the future of local radio. *Radio Cornwall* is the most listened-to regional station in the country, and our quality independent stations aren’t far behind. I’ve been working with *Pirate FM* and *Atlantic* to highlight their concerns that the switch to digital – “DAB” – could leave vital services like theirs behind. The present DAB signal is unreliable at best, and in some cases non-existent, so it’s no wonder listeners are alarmed to discover that the FM signals for all current radio stations are likely to cease as of 2015. The transfer of familiar services like *Radios 1, 2, 3 and 4* to DAB will mean many sets will become defunct, and the new digital services may well work on regional transmitters, meaning that *Radio Cornwall*, *Pirate* and *Atlantic* would need to broadcast beyond the Tamar, probably to both Devon and Cornwall. This could cause the commercial services in particular some problems, since their listener base is firmly in Cornwall, and it may prove quite difficult to get sufficient advertising revenues to meet the cost of a full upgrade. Ministers’ answer to these concerns is that FM will be maintained for community radios, but my colleagues and I are not yet persuaded that this will avoid stations in areas like Cornwall and the Scottish Highlands falling between two stalls: neither small enough to count as “community” – and stay on FM – nor large enough to be “regional” and transfer to digital. We’ll be keeping a firm eye on the Government’s plans as they develop, and insisting at every turn that the switchover when it happens should benefit every listener, and all local radio services, not just the big players in large urban centres.

THANK YOU

Jean Corne wishes to send sincere thanks to everyone who said prayers, sent cards and messages of sympathy, during the recent illness and death of her beloved daughter, Amanda

Snowdrops, the symbol of hope

An old legend tells of how God created the snowdrop.

When Adam and Eve were expelled from the Garden of Eden, their lives became very hard. Eve hated the cold and found winter particularly difficult to bear. One icy day she was in real despair. ‘Will this freezing weather never end?’ she cried out to God. ‘Please, please, give us some hope that things will get better!’

‘It’s no good,’ said Adam. ‘Look, the ground is still covered in snow.’

But God heard. Suddenly, although the snow still lay deep, through it came hundreds of tiny white flowers, opening their petals to the sun and bringing the promise of spring.

Never forget, children of Eve, that all winters do eventually give way to spring.

**W. SANDERS & SONS LTD.
WAINHOUSE CORNER,
ST GENNYS
BUDE, CORNWALL. EX23 0AZ**

Tel. 01840 230708 Fax. 01840 230731

Contact: LISA SANDERS

**MOTOR REPAIRS AND SERVICING
M.O.T. CLASS IV, VL, & VII**

**24 HOUR BREAKDOWN
& ACCIDENT RECOVERY**

**SLIDEBACKS ~ SPECLIFTS
HIAB & DAMAGE- FREE LIFT**

NEATE FEET



**MOBILE FOOT HEALTH PRACTITIONERS
07870 508867 / 01840 230976**

Toenail clipping, ,Callus Removal, Paddings & Dressings, Verrucaes, everything you need to keep your feet in tip top condition, Reflexology also available.



**members of the Alliance of private
sector chiropodists**



**Unique handmade jewellery & gifts
Jewellery repairs and alterations
Wedding & bespoke jewellery
silver fingerprints
Unit 2, The Wharf, Bude**



**G T HODGSON
Insurance Services
Belle Vue Lane, Bude**

FOR ALL YOUR INSURANCE NEEDS

- | | |
|---------|--------------------|
| -Motor | -Household |
| -Travel | -Liability |
| -Office | -Commercial |
| -Farm | -Breakdown |
| -Shop | -Personal Accident |

**Contact Your Local Broker Today
For Advice and Quotations from our
Large Panel of Insurers**

Phone
01288 353999

www.hodgsoninsurance.co.uk

Authorised and regulated by the Financial Services
Authority



**ERIC HARRIS
BUILDERS**



**Local Builders Working
With You & Your Home**

**All Building Requirements
Catered For**

Tel: 01288 361559
Mob: 07800 818396

ewharris5@btinternet.com



Councillor's Report

Snow and Ice After many days of snow and ice, it is apparent to me that we need to rethink the position and number of salt bins provided and areas which need salting. I have and will be asking the Parish Councils to identify areas where the ice has seriously impeded people's ability to operate. There is no way that anyone can expect an ice free road all over the county on every road. This is both impracticable, extremely expensive and very bad for the environment. However where there is a steep hill or tight corner which is the only factor which stops careful driving then a salt box at that position would be important. If you have experienced such an area it would be useful if you identified this with your Parish Council. Working with the highways dept we can then target those areas during ice or provide a bin if necessary. I will be collating those areas and during a meeting with highways we will design an action plan.

Councillors' Allowance Many people throughout Cornwall have been talking about Councillor payments and discussing the value of their respective councillor and rightly so. I consider that I wear two hats: a person who helps to get things done in the community and a person who helps run the organisation of Cornwall Council PLC. I don't consider that I should be paid anything for my work in the community: the person who helps run the scouts isn't paid, the neighbour who looks out for the elderly or housebound isn't paid, the parish and town councillors are not paid. I consider myself another cog in the wheel of a caring community.

But wearing my council plc hat I need to make sure this council is run effectively for the benefit of the community, that it is run fairly and is cost effective to the tax payer by offering value for money, and I need to make sure that decisions made have been fully researched and debated with a fair chance of representation from worried groups, so I need to be informed. And to be informed I need to be involved to be an effective elected member. I am required to attend important meetings and make decisions that affect everyone in Cornwall and for these reasons I need to be recompensed.

During the recent snow, staff were told "if you can't get to work you need to make it up or you don't get paid". There are councillors here who turn up for 1 or 2 meetings per month. Perhaps 3 hours and get paid £1000 per month. The decisions they make and vote on are at best uninformed and the situation is scandalous. I wish to work with 123 informed councillors who can operate this modern council effectively and really challenge the officers and cabinet. I welcome the decision to keep payments at present rates with a review next year because I want Councillors who don't work to be paid less, to be accountable for their payments and to be voting on important issues about which they are informed.

On any issue, if the usual avenues are not working for you, please contact me.

Cllr Phil Tucker 01288 341617 (philip.tucker@homecall.co.uk)

The weather in Poundstock during 2009

Time for another annual look at our weather as recorded two miles inland in the north-east corner of the parish. I now have records for two complete years to compare and we can also see how 2009 compares to the Met Office's most recent 30-year averages (1971–2000) for Bude. As I always point out, our weather station is inland and slightly sheltered from the full force of the gales.

Two months stand head and shoulders above the rest for rainfall. Even though November was the wettest month with 7.9 in (201 mm and 210% of the 30-year average for the month), July had the wettest day, with 1.4in (35 mm) on the 16th. November had the most days of rain with 28 (175% of the average). Looking at the statistics for dry days (well, we can but fondly remember them!) June had the most days of no measurable rain with 24, but the longest period with no appreciable rain was the 14 days from 12th to 25th March.

As in 2008, July 2009 not only had the wettest day but also the highest daytime temperature when it reached 29.3°C at 12.20 pm on the 1st. The highest night-time temperature was 17.2°C at 0.10 am on the 19th August. The warmest month was August with a mean of 16.5°C. The lowest temperature of the year was -8.9°C at 4.40 am on 7th January, but December was the month with the lowest average temperature of 5.3°C. The current winter is producing equally low temperatures – see the summary for December and January on p. 17.

The prize for the windiest month was taken by November with an average wind speed of 9.1 mph (4.1m/s), and the highest wind gust was 46mph (20.6m/s) at 2.10 pm on the 14th. As expected the predominant wind direction for the year was westerly, but it is not surprising to find that during the cold month of January the wind was more from the south-east. The average wind speed for the year was 5.1mph (2.3m/s), down by 0.8mph compared with 2008.

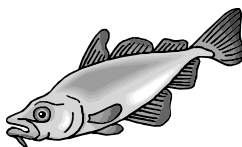
Overall, in 2009 the total rainfall was 40.4in (1027mm) spread over 191 days, with 4 days having more than 1in during the 24 hour period (9th February, 16th and 29th July, and 29th October). The average temperatures for the whole year were a mean maximum of 14.7°C (0.3°C greater than 2008) and a mean minimum of 6.8°C (0.3°C less than 2008); the overall mean for 2009 was 10.8°C, exactly the same as the previous year. There were 38 days in the year when a temperature below freezing was recorded; gardeners will be interested to know that 12th April was the last day of spring when it fell below 0°C, and 17th October saw the first day of freezing temperatures in the autumn – this was 12 days earlier than 2008, but was very much a one-off because the rest of October 2009 was much warmer and there was no other significant freezing temperature until the end of November. Remember that all these temperature measurements are recorded at three feet above ground level.

Graham Jones

Wholesale Wet Fish to Hotels,
Pubs and Restaurants

We can vac pack any of your fish

FISH FILLETED, STEAKED
SKINNED, SCALED
AND SMOKED



BEACH HOUSE WET FISH

Widemouth Bay, Nr Bude 01288 361261

(after hours fax/answer machine)

MOBILE 07752 626186

*A big thank you to all existing customers,
And a friendly hello to new*

**ALL FISH IS LOCAL CORNISH, CRAB
AND LOBSTER FROM BUDE**

Visit our shop, open 7 days a week
Sundays and Bank Holidays

**WE ARE PLEASED TO SUPPORT BUDE RNLI
KEEP UP THE GOOD WORK**

www.beachhousewidemouth.co.uk
beachhousewetfish@yahoo.co.uk

Busbys

Solicitors & Notary Public

The Strand, Bude EX23 8TJ

**OFFER YOU A WIDE RANGE OF
LEGAL SERVICES**

**FREE
FIRST INTERVIEW**

01288 35 9000

www.busbyslaw.co.uk

LEGAL AID AVAILABLE

BROOKS GARDEN CENTRE

**EVERYTHING FOR YOUR
GARDEN**

Wide Gift Selection

Books and Cards

01288 352897

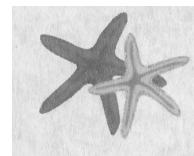
RESTAURANT OPEN EVERY DAY

Sunday Lunches

Outdoor Seating

Bookings **01288 356773**

BROCKSMOOR HOTEL



WIDEMOUTH BAY

BUDE, CORNWALL. EX23 0DF

**EXTENSIVE BAR MENU
SERVED LUNCH TIME 12-2pm**

**TRADITIONAL SUNDAY ROAST
SERVED 12-4pm EVERY SUNDAY
AND 6-9pm**

**DINE IN OUR
SUPERB RESTAURANT
FROM 6pm
BOOKINGS RECOMMENDED**

01288 361207
NEW DISABLED ENTRANCE



ST WINWALOE POUNDSTOCK

Parish Priest: Revd R. Dickenson
01288 341134

Wardens:

Peter Marfleet 01288 361233

Sandy Dingle 01288 361356

1st Sunday 9.45 Holy Communion

2nd Sunday 11.00 Family Worship

3rd Sunday 9.45 Holy Communion

4th Sunday 9.45 Morning Prayer (1662)

Christmas Day 9.45 Holy Communion

OUR LADY AND ST ANNE WIDEMOUTH BAY

Warden: Judy McDonald
01288 361664

Services: Sundays 8.15 am

Wednesdays 8.30 am

Fridays 5 pm Evensong

BANGORS METHODIST CHAPEL

Circuit minister: Rev. Neal Street
01288 352404

Services 11.00 a.m. Sundays

February

7th Kyle **Sacrament**

14th Sinden **United Service**

21st Local Arrangement

28th Turner

March 16th Church Council Meeting
2.30pm

DIMMA METHODIST CHAPEL

Lay pastoral assistant: Brian Parkman 01840 212736

Contact: Audrey Wickett 01840 230268

Ruminations from the Rectory

Epiphany stands between Christmas and Lent; I write this in Epiphany. The happy, sociable memories of Christmas are still with me; the relative austerity of Lent lies ahead. So, if you will bear with me, I want to look back and forward.

Just before Christmas both St Genny's Church and Week St Mary celebrated the annual United Benefice Crib and Gift Services, generously supported by some of you both in your attending and in your giving. A great sense of fellowship and 'Christmas spirit' was derived from this occasion but those of us who were there were also aware that, immediately after the St Gennys service, Sue, and later at Week St Mary, Chris and Cathy Jordan were loading their cars with the abundance of your gifts for the women and children of the Truro Refuge, so that they would arrive in time for Christmas Day. A great deal of rejection has travelled with those little families who find themselves at the door of the Refuge, especially at Christmas. So, by your acknowledgement of the presence of the Christ child, both in our lives and theirs, you were able to give them back some feeling of being cherished.

Similarly, back in November, some of you generously gave also a shoe box full of 'goodies' for a child in an Eastern European orphanage to be opened on Christmas morning. This is organised, year by year, by Samaritan's Purse, an organisation whose name is engendered by Jesus' parable of the Good Samaritan which gives a clear picture of God's desire for us to help those in desperate need wherever we find them. After describing how the Samaritan rescued a hurting man whom others had passed by, Jesus told his hearers, "Go and do likewise."

And for over 35 years, Samaritan's Purse *has* done likewise by going to the aid of the world's poor, sick, and suffering. Again and again, in the Name of Jesus Christ, it has proved itself an effective means of rapidly supplying hurting people in countries around the world with food, medicine, and other assistance. Its emergency relief programs provide desperately needed assistance to victims of natural disaster, war, disease, and famine, meeting their most critical needs and giving them a chance to rebuild their lives, including, most recently, those hit by the earthquake in Haiti.

Which, in a roundabout way leads on to Lent because this is the period in the Church's year when we have an opportunity to pause and think about those things which unite us with Christ's love; those things to which we have, or maybe have not, devoted ourselves in combating pain and suffering of our neighbours in distress, both local and universal; a time for us to reflect upon the past year and to try to redress the balance in our lives and seek new ways to be at one with God and the created order of which we are a part.

Traditionally, Lent is also a time when we think about sacrifice, more often than not by giving up some little pleasure. Perhaps for most of us the thing that we have to learn to give up is self; that self which demands so much of our time, our energy, our attention, that it will simply not allow us to look beyond the blinkers and recognise those in our neighbourhood, and in our world, who are hurting terribly. Robert Louis Stevenson wrote, "You can give without loving, but you can't love without giving."

Before Lent is upon us, many of you have already recognised that in your responses to people whom we will probably never meet. Let us all, then, make every effort, as we prepare for Lent, both to bask in the Christmas message of love and make ready for the gift of Easter, by responding to the needs of any of those who are rejected, or marginalised, or lonely, that in loving the unloved, we may give of ourselves; and in giving of ourselves, we may cherish them, as God unconditionally cherishes us.

Revd Rob

**fresh and innovative
flower designs**

Bleujen Florist
Unit 1, The Lower Wharf,
Bude EX23 8LG

Tel 01288 354606
www.bleujenflorist.com
Email erica@bleujenflorist.com

**Bleujen
Florist**



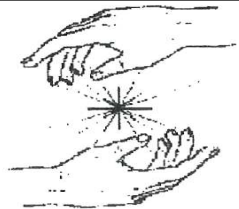
N & S FISHING

**PETS * DARTS
SUPPLIES**

**5 Belle Vue, Bude,
Cornwall. EX23 8JL
01288 359184**



**FROZEN BAIT
MONDAY—SATURDAY 9am-5pm
SUNDAY CLOSED
DELIVERY 5 MILE RADIUS**



Relieve stress and
tension with a
back/body

Swedish massage.

Relaxing Aromatherapy/holistic mas-
sage with soothing essential oils. Fa-
cial massage

Specific medical conditions i.e. trapped nerves and
whiplash. Skin disorders-psoriasis, eczema. Arthri-
tis/rheumatism, sciatic pain, minor aches and
pains. Slimming treatment. G5.

By appointment only
home visits by arrangement

LYNNE KELLY

I.T.E.C. Qualified Physical Therapist
Tel: 01840 230964 & 01288 356386
St. Gennys & local areas

HOOKWAYS PLEASUREWAYS

PRIVATE HIRE

**X90 Service Bude—Exeter
Monday—Saturday**

**British & European Holidays
Day Excursions
Call for a timetable or brochures
01288 352359**

For whatever reasons, flowers by...

FOUR SEASONS

... FLORISTS

Specialising in fresh flowers
Local deliveries

Teleflower member for National & International
Relay service



**Arundell House
Belle Vue, Bude
Cornwall EX23 8JL**

**TELEPHONE; 01288 355352
UNDER NEW OWNERSHIP**

SO WHAT DO YOU KNOW ABOUT THE TUDORS?

You live in a parish with a Tudor Gildhouse. You may have been lucky enough to have visited this old building with your school, or your Mum and Dad. On a visit there you find out lots of interesting stuff. We've dug up some facts about the Tudors, which you might not have heard about before, even at the Gildhouse.

DID YOU KNOW?

Girls could marry at age 12, boys at age 14! They still had to live with their parents until they were 16 though.

Nine out of ten people died before they were 40. There was so much disease and they had no idea how to cure any of them or how to be hygienic.

The Tudors were great gamblers and loved to bet on just about anything. At one time Henry VIII had a bill for £3242 for 3 years gambling when the weekly wage was about 5p!

Baths weren't considered healthy so Tudors just covered up the awful smell with strong perfume.



Toilets were just a hole in the ground by the backdoor for some people.



Open sewers ran in the streets and passed many of the diseases on.

Water came from village pumps, and they got the water from the local stream, which was most likely full of sewage from the town. No wonder they got so ill!

Toilets were called 'Privies' and were not very private at all. They were often just a piece of wood over a hole in the ground and might have room for up to 6 people to go at the same time!



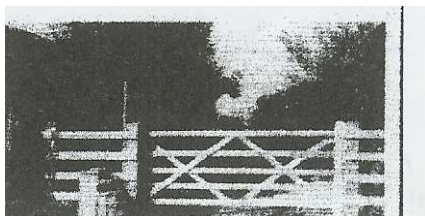
King Henry VIII had over 78,000 people executed while he was king. That is the same as 5 people killed every day for 38 years!

An average person drank about 8 pints of weak beer a day, it had very little alcohol and even children drank it, it was safer than the water! It was called 'small beer'.

They knew that sugar rotted their teeth, and since sugar was so expensive, women used to deliberately black their teeth out to *look* rotten, because it showed they could afford to buy sugar!

A popular 'cure' for illness was blood letting. People believed that illness was caused by too much blood in the body. So they would cut a slit and let some of the blood out. Sounds like you'd feel worse after that!

FENCING SPECIALIST STUART BISCOMBE



All types of fencing undertaken
 FIELD high tensile wire, stock, barb, post and rail
 GARDEN pergolas, decking, rose arches
 GATES wooden, metal, and gate posts
 SAND SCHOOLS
 AND SECURITY FENCING

Phone for free quotation
 Home 01288 361202
 Mobile 07970421778

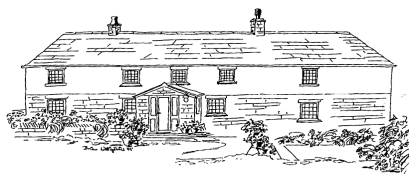
Lansdown Dairy

5, Lansdown Road, Bude
 Telephone: 01288 352556

For convenient grocery shopping
 in the town centre
 at sensible prices with traditional
 service and quality
 Delicatessen counters with over
 50 cheeses, cooked hams, beef,
 turkey, ox tongue
 hand made Cornish sausages
 Large selection of superb olives
 Milk delivered daily
 Rodda's Clotted Cream,
 Fresh bread/rolls daily

TRENCREEK FARM HOUSE

St. Gennys, Bude, Cornwall. EX23 0DG



Traditional
 Sunday Lunches
 Evening Dinners

Midday Lunches
 Special Occasions
 Family Celebrations
 Vegetarian Meals Available

All served in an informal, relaxed and unhurried atmosphere.

All food is freshly prepared and home cooked
 Bookings are essential. 24 hours notice please.

Non-licensed, so bring your own choice of drink

Trencreek Farm House

is a no-smoking establishment.

Ring Richard or Margaret Heard

01840 230219



BUDE EYE CENTRE
 13 QUEEN STREET, BUDE EX23 8AY

Tel: 01288 350041

Fax: 01288 350140

**Bude Eye Centre is an independent practice
 conveniently situated in the town centre.**

Some of the services we offer include:

- ◆ Same day service available
- ◆ Thorough eye examinations
- ◆ Large choice of designer brands including Prada & Gucci
- ◆ Large choice of complete spectacles from £50 complete with single vision lenses
- ◆ All children's spectacles including Barbie, Beano & Action Man ranges free with an NHS voucher
- ◆ Large choice of free spectacles for those entitled to an NHS voucher
- ◆ All contact lenses fitted including, daily, monthly progressive & toric
- ◆ New hearing aid service available with competitively priced hearing aids. Repair service and half price hearing aid batteries.
- ◆ Wheelchair/disabled access

Wild About Poundstock

Winter Gloom becomes Winter Glory

As I type there is a fieldfare hopping around the patio. These large and rich coloured thrushes have been forced into more urban situations by the hard weather. Most years, I can go for months without seeing one unless I go well in land. They are the Scandinavian equivalent of our mistle thrush, coming here in winter looking for berries....another reason for not hedge cutting until February!

I have been looking after four Red Ruby cows for the past two months. They come to my fields for their seaside holiday from Bodmin Moor, rather like the fieldfares. With the wet couple of months we've had they have poached the soil down in the valley quite severely. Looking at it now, I wonder if it will recover, which is a gloomy thought. However, in my heart I know that it will and the primroses will be there, and more importantly, the bluebells and later, the orchids, of which of course there is no sign at present.

It's the same in the garden. Last week when the frost was biting, the garden looked miserable, some plants looked dead and very little colour. I try to have an 'all the year round' garden, but not this year! After the ten years or so of mild winters, this has been hard to accept. Of course, I am old enough to know that this is what we would consider a 'normal' winter, and nothing compared to 1976; I can't quite remember 1947!

Once again though, the frost has gone and suddenly there is a daffodil in flower, the hellebores have stood erect once more, and there is viburnum, winter honeysuckle and witch hazel flowering. Actually, the winter iris have flowered throughout, there is always some winter glory.

Much to Sandy's enjoyment, the snowdrops are just showing signs of flowering. Everybody's favourites, they just get on with flowering, regardless of what is going on around them. How do they do it? Firstly, they have a toughened growing tip to the leaves enabling them to push up through the frosted ground and the flower buds contain an anti-freeze. Then, when they do open their flowers, they are held on very elastic stems which defy the winter wind. In Cornwall, we expect to see them along road banks, as well as out in the woods, and yet they don't appear to be native. Snowdrops are not recorded in Britain as a wild flower until the 1770s. The name does not appear in the Oxford English Dictionary until the late seventeenth century. Gerard's first Herbal, produced in the mid seventeenth century, makes no mention of it at all, and yet there is an illustration of it among the tulips!

What may well be a snowdrop does seem to get a mention as a violet but we are still talking about a garden plant. Only in the west country can you expect to find it growing well away from habitation. It is possible that it is native here, at the edge of its European distribution. Even in European terms it is generally an alpine plant though.

Whatever the history, snowdrops are definitely one of the glories of winter. The green stripes inside the flower are nectar lines, attracting early insects to visit the flower. They certainly have a lovely scent. So, enjoy what is to be seen over winter, for anything that makes that special effort demands respect.



Tim Dingle.

To see snowdrops in all their glory, take a walk down through the churchyard in the next few days. You may see celandines and primroses too – Ed.

BUDE GARDEN SERVICES

**LAWNS CUT
HEDGES TRIMMED
TREES PRUNED**

**Maintenance Contracts
Welcome**

**Hotels-Pubs
Retirement Homes
Industrial Units-Clubs**

Free Estimates

01288 341076

07768 963778

Bespoke Joinery Furniture & Repairs

Unit 4, Lower Wharf,
Bude, Cornwall,
EX23 8LG

Telephone 01288 352921
Mobile 07752 124414

npadgham@btinternet.com

JOSIE'S BOARDING KENNELS **TREFRIDA FARM, JACOBSTOW**

Purpose built heated kennels
Licensed and insured
Daytime to long term boarding available
Viewing welcome
Tel: 01840 230330
Mobile: 07855001284

MARTIN & ANDREW JACKSON

**KITCHEN & BATHROOM FIT-
TING**

TILING

GENERAL BUILDING

**MARTIN: 01840 230206
or 07974137194**

**ANDREW: 01566 880208
or 07816397052**

Bude Community Cinema

Friday is film night in Bude – Top movies
The Parkhouse Centre Bude, doors open at 7pm
Tickets on the door or from the Ark Angel bookstore
in Bude

Information www.budecinema.org.uk

**LINEDANCING
TUESDAYS-BRIDGERULE
BEGINNERS 7-9pm
WEDNESDAYS-MARHAMCHURCH
IMPROVERS 7-9pm
FRIDAYS-POUGHILL
IMPROVERS 2-5pm**

ALL £3

MORE INFORMATION: JILL 01288 355890

**EASTER CRAFT AND GIFT FAIR
THE BRAY HALL
MARHAMCHURCH
2/3/4 APRIL 2010
10-4 EACH DAY
FREE ADMISSION
REFRESHMENTS AVAILABLE
CONTACT
JANN OR PETER 01288 361931**

Having received a few books for Christmas and the weather being wintry I have stayed indoors reading. I found one book, "The Anglo Files", sub-titled as a 'Field Guide to the British', by Sarah Lyall, especially interesting. She had been sent to London as a correspondent for The New York Times. She had married an Englishman which gave her an added personal view of things British, more than the average outside observer would have. Gloomy weather seemed to follow her around. She went to Trebetherick with her husband after hearing of the idyllic holidays he had spent there as a child. It hailed when she was there. It rained when they were at St. Ives but an old fisherman told her it had been sunny the day before.

She concluded that the British do not let the weather bother them in the belief of the importance of being at the seaside in the fresh air, probably huddled behind windbreakers.

She found British sports difficult to understand, particularly Cricket and The Oval. Observing Parliament at work she found especially interesting. Nothing like Members Question Time existed in the American House of Representatives. After addressing each other politely as Honorable Members, Members of Parliament could then proceed with less than polite rhetoric. Sarah Lyall arrived in England some years after Mrs. Thatcher had left office but some of the impolite and unpleasant criticisms of her unpopular policies were still remembered. The Lady Prime Minister did not appear to be too concerned about some of the harsh titles she had been given. One was The Iron Lady. Early on she had cancelled the free milk for school children scheme run by the government. This had earned Mrs. Thatcher the rather bitter title of "Thatcher the Milk Snatcher". The House of Lords gets a whole chapter in Sarah Lyall's book, called 'Lawmakers from another Planet', which was an apt description of that Ancient House prior to Tony Blair's House of Lords reorganization.

Food occupies a prominent place in The Anglo Files. It seemed odd to the author that her husband liked Bread Pudding for dessert made with stale bread; he also relished a heated can of Baked Beans for dinner. Many of the food habits acquired by the British had been made necessary by wartime rationing and extended for many years after the war's end. I expect many of the older readers of The Packet remember Beans on Toast and got to like such comfort foods.

About 1942 a typical week's ration for an adult was as follows, it could vary as supplies allowed. Meat to value of 1s.2d: Bacon/ Ham 4oz: Butter 2oz.: Cheese 2 to 8oz: Marg. 4oz.: Milk 2-3 pints: Sugar 8oz.: Tea 3 oz.: Eggs 1: Dried eggs 1Pkt. per month: Sweets 12 oz. per month. Rationing continued after the war into the early 1950s. Bananas appeared a year after the war and one per child was the ration allowed. Evelyn Waugh's son, Auberon, recalls the family receiving 3 bananas, one for each of the children. Their famous father put them on a plate poured 'hard to get' cream over them and ate the lot in front of his "anguished children". Returning from Egypt during the war I wrapped and stowed a three foot bunch of green bananas under my bunk. It was a slow trip home and when I slid them out what a ghastly brown mess they were. Quite unsuitable for the returning home present I had planned. I discovered later that bananas are shipped in a controlled environment.

One of the Nazi Germany's tactics for defeating Britain was to cut off the food supply. However, the country rose to the challenge. We were told carrots were good for the eyes and night fighter pilots would eat lots of them; so we did also, not knowing there was a surplus of carrots at the time and it was a ruse by the government to use them up. Only one war motto raised objections, along with "Loose lips cost lives" they published "Be like Dad, keep Mum.". The feminists rose up against that one. The women's war effort was very strong, working in factories and in the Land Army. I don't know if the hardships of food rationing were felt as strongly in the countryside as it was in towns. Farmers had to keep an official inventory of their animals and slaughter houses had to be accountable. Around Poundstock the occasional dead sheep would be found on the beach, having tumbled over a cliff, and lamb chops would suddenly appear for the butcher's privileged customers. A sheep had never been known to fall off a cliff in peacetime.

Having enjoyed reading Anglo Files I wondered why the so-called oddities of Britishness made this book a bestseller. The oddities do not seem odd to me at all. As far as the weather is concerned I like Lawrence of Arabia's remark after he had served many years in the heat of sunny Arabia. He longed for "England's Comforting Canopy of Cloud". *Don Sutton*

BRIAN TEAGUE & SONS

BUILDING • CARPENTRY • ELECTRICAL

New Builds.	Members of:-
Barn Conversion.	Federation of Master Builders, MasterBond,
P.V.C.u or Wood Conservatories,	Glass & Glazing Federation FENSA
Windows and Doors.	NICEIC Part P Registered Electricians
Fascias, Soffits, Guttering.	
All Electrical Work	We have the Government endorsed TrustMark.
All your building requirements taken care of from start to finish	Tel: 01566 781 751
	Tel: 01840 230 102
www.brianteague.co.uk	Fax: 01566 781 751
info@brianteague.co.uk	Mobile: 07762 711 847

WAINHOUSE COUNTRY STORE

POST OFFICE

(The Post Office also has Banking Services, including Foreign Currency Facilities)
Euros available over the counter at the Post Office

**& OFF-LICENCE
ST GENNYS 230 554**

Local cheese and cream
Fruit & Vegetables, Frozen Foods,
Bacon
Barnacutts Pasties Freshly Baked

Calor Gas
Newspapers & Magazines

OPEN
Monday to Saturday 7am--6pm
Sunday 8 am-5pm
With friendly and helpful staff

CONGDONS CARPET & FURNITURE CENTRE

Tel. 01288 354575 or 354111

Fax. 01288 354111

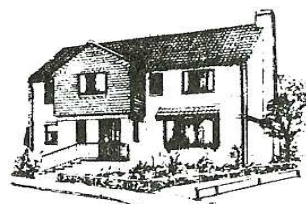
Email: sales@congdons.co.uk

Www.congdons.co.uk

Carpets- Vinyls- Beds- 3 piece suites
Dining room, Bedroom and
Occasional Furniture
Removals - Van Hire

Bay Tree, Hospital Road, Stratton, Bude
Cornwall EX23 9BP

R.J.SARGENT & SON



**BUILDERS
DECORATORS
FUNERAL DIRECTORS**

Trewithian,
Poundstock, Bude
Cornwall EX23 0DS
Telephone: 01288 361468

Our Sky in February 2010-01-13

Mars rises at 1900 in the early evening at the middle of the month, and will be a conspicuous object throughout the southern sky during the night. Saturn rises at about 2100 and, although less bright than Mars, its steady yellowish light marks it out as a planet rather than a twinkling star. We still have the winter constellations to enjoy, with Orion due South from dusk onwards.

We spent three days in Cornwall for Christmas, and one of the many delights of that part of the world are the dark skies. I looked out of the window one early morning and was overwhelmed with the brilliance and sheer number of the stars that I could see; it is a tragedy that we have deprived our children and grandchildren of the most spectacular free natural sight in the world by our incessant demand for more light. If you have the chance to visit a dark site, make sure you take your children and some binoculars, and listen to their appreciative 'wows' as they scan the skies with more stars than they have ever seen before.

Not all astronomy takes place in space or on mountain tops; Last December a NASA jumbo jet that will help scientists unlock the origins of the universe with infrared observations reached a milestone when doors covering the plane's telescope were fully opened in flight. The Stratospheric Observatory for Infrared Astronomy, a modified 747 jet known as SOFIA, flew for one hour and 19 minutes, which included two minutes with the telescope's doors fully opened. It was the first time outside air has interacted with the part of the plane that carries the 98-inch infrared telescope. Because infrared radiation is absorbed by moisture in the Earth's atmosphere, telescopes have to be as high as possible; this aircraft would be flying at about 6 miles above the Earth, and so would be above the majority of the absorption layer.

One of the greatest surprises in the history of astronomy was the discovery that all the things we see in space amount to less than 1% of the universe's total matter and energy.

Add the hard-to-detect thin gas between galaxies, and all other forms of ordinary matter, and the total still comes to only about 4.5% of everything that exists. A much larger 26% or so is "non-baryonic dark matter," consisting of some kind of exotic, invisible particles that don't form atoms. The dark matter's gravity dominates the universe, shaped its history, and provides the gravitational pools in which normal matter could accumulate to make galaxies. The remaining 70% or so is the so-called "dark energy" that's causing the expansion of the universe to speed up. The nature of this is an even bigger unknown.

But more bits of evidence keep being uncovered, and I will try to explain some of them in later articles; so stay tuned folks, and enjoy 2010.

Bill Turnill

The weather report

Since the last *Packet* report our weather station in the north-east corner of the parish, two miles inland, has recorded:

	December		January (to 27th)	
Wettest day	0.77 in	(29th)	1.00 in	(16th)
Total rain	3.64 in		2.5 in	
Days of rain	21		15	
Highest temp	13.2 °C	(9th 12.50)	12.4 °C	(16th 14.00)
Lowest temp	-6.1 °C	(19th 03.40)	-8.9 °C	(8th 06.10)
Max wind gust	40 mph	(7th 16.40)	38 mph	(15th 22.00)
Windiest day	13.6 mph	(3rd)	12.7 mph	(12th)

For the first 13 days of January there were freezing temperatures and on six of those days the average temperature throughout the day was less than 0°C. Only once, very briefly on the 2nd, did the temperature rise above 5°C.

Graham Jones



Martin Group Services

46 Queen Street • Bude • Cornwall
Tel: (01288) 355477 • Fax: (01288) 357931

www.mgs.uk.com

8.00 a.m. to 5.30 p.m. Monday to Friday

8.00 a.m. to 1.00 p.m. Saturdays

CLOSED Sundays & Bank Holidays

martingroupservices@gmail.com

mgssales@googlemail.com • mgsaccounts@googlemail.com

Stationery

Tel: (01288) 357920 • Fax: (01288) 357921

Home & Office Stationery • Colour Photocopying,
Laminating, Binding, Labels, Signs and more...

Computers

Tel: (01288) 357930 • Fax: (01288) 357931

Computer Systems, Upgrades & Repairs
Inkjet & Laser Printers - Consumables & Papers

The PC specialists

Design & Print

Tel: (01288) 355477 • Fax: (01288) 357931

Complete design & production of brochures,
leaflets and all general office stationery

ARK ANGEL CHRISTIAN BOOKSHOP

Registered charity no. 294313

YOUR complete resource centre

Bibles-Adult & Children's books-Cards Gifts-CDs-DVDs

We are happy to order special items

MONDAY- SATURDAY 9.30-5.0

LANSDOWN MEWS, BUDE

01288 356886

Email: sales@arkangeltrust.freeserve.co.uk

www.arkangeltrust.org.uk



The Bude Meat Supply Ltd

*Purveyors of only the best quality local meat and
poultry*

Hand Made Sausages and Burgers

Quality Breeds from Local Farmers

Hog Roast Rental

*I deliver daily throughout our Parish: Why not try
the free delivery service?*

SHOP TEL: 352034

*Or phone me, Steve Mobbs, at home on 361597
if you want to discuss what we can offer.*

• Special: 10% Off
grooming Services
with this coupon

Electric

Acoustic

WISH YOU WELL

Original

Music

For info visit

www.myspace.com/wishyouwellband

New WELL, WEIRD AND WARPED album
will be available to download from itunes and
CD's on sale at Upbeat in Bude. All musical
work considered, including Guitar, bass, mando-
lin and keyboard lessons, talks and gigs all en-
quiries 01288361027

FREEZE

**NORTH COAST
CARAVANS LTD**

NEW CAMPING SECTION FOR 2009
Caravan Digital, TV's & Aerials
Caravan and Camping Satellite Systems

- Servicing
- Warranty
- Insurance Repairs
- Motor Movers
- Swift Group Approved
- Spare & Accessories Shop

Truma **ALCO** **Dometic** **THETFORD**

Tel: 01288 359365 www.northcoastcaravans.co.uk
Woods Farm Park, Poughall, Bude, Cornwall, EX28 9HJ

FREE CARE? DON'T HOLD YOUR BREATH.

It seems along time ago now, but it was only two months ago that we heard the Queen's Speech on opening the last session of this Parliament. To get the retirement vote onside, the Government pledged to provide free personal care to those 'in greatest need'.

So who is likely to qualify? Well, it seems the qualification test for personal care will be based on an inability to carry out four essential tasks of daily living. Examples are the need for help in getting up, getting dressed, using the toilet, and being unable to carry out personal hygiene. In other words, if you qualify for Attendance Allowance, you are likely to satisfy the care criteria.

Then we ask who will be regarded as the 'neediest'? As always, this will be difficult to determine and will involve a lot of hurdle jumping. The current best guess appears to suggest that between 280,000 and 400,000 elderly people will fall within the neediest category, and therefore be entitled to personal care that will be free of charge.

But don't hold your breath if you think you might qualify. The present government has indicated that the new provisions are expected to come into effect in October 2010. Between now and then, of course, we have a general election. Any incoming government might, with the stroke of a pen, put a line through this particular provision. Let us hope not.

On a rather depressing note, it is sad and worrying to read that the standard of care for care home residents is still inadequate in spite of all the whistle blowing and exposes which have highlighted this endemic state of affairs. The Care Quality Commission has recently reported on this stubbornly worrying issue.

So why in this day and age are standards still so badly compromised? The report cites as the main reasons a combination of the high turnover of staff, historically low wages, and the absence of training. Cornwall Council has been cited as an area where the need for improvement must be regarded as a high priority.

I will write on a future occasion about nursing home fees and NHS care. For the present let us hope that government initiatives to provide free care, coupled with public exposure of inadequate care standards will lead to improvements all round

John Busby, Busbys Solicitors, Bude & Holsworthy.

Report from Widemouth Residents' Forum

We have at last gained a victory concerning the bus service in Widemouth - the stop at the main car park is now to be a compulsory bus stop, removing the need to spring out of the shelter to alert the driver to stop ! We now need to work out some way of marking the place, so as to show non residents where the stop actually is.

The beach huts near the Beach House are becoming a hazard - they are now half-buried in sand, and might prove a risk to children. The problem would seem to be establishing the ownership of the huts, and therefore responsibility.

Concern was expressed about people putting out rubbish and recycling on the wrong days and the subsequent mess and risk of encouraging rats, again! If people would only use a dustbin or arrange for neighbours to put the stuff out on the correct days, the problem would be solved. This is something that will only get worse as hot weather approaches.

Our next meeting will be on March 17th at the new time of 5pm - please come along.

Nicky Verreker

Cottage Farm goes *Organic*

Following a two-year conversion process, we have just passed our final inspection as certified 'Organic'.

To go with our sustainability ethos, we are keen to sell all our meat boxes locally - to help you cut your food miles to food feet! We will deliver your box to your door **free of charge** and we offer you **even lower prices** than our national customers enjoy. So why not try one of our Delicious Fresh Meat Boxes now?

To order phone Celia on 01840 230548 or
E-mail cottage.farm@tiscali.co.uk

Red Ruby BEEF

'The very finest beef on a low input system' - ideal for organic farms. 10, 15 & 30kg boxes - mixed cuts - hung for 21 days - beautifully cut and trimmed, all cuts individually packed and labelled. Price from £5.30/kg.

Wiltshire Horn LAMB

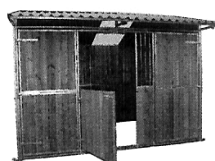
'The wool-less meat sheep' - again ideal for organic farms. Whole lamb box (~20kg) and half lamb box (~10kg) cut to your requirements, trimmed and packed. From £4.45/kg.

GRAHAM PLUESS LIMITED

Agricultural Machinery & Equestrian Sales

Trevouler Barton ~ Poundstock ~ Bude ~ Cornwall ~ EX23 0DH

Tel: 01288 361368 ~ Mobile: 07977 480962



- 18ft -25ft x 8ft Bale Trailers
- 4-16ft Chain Harrows
- 4ft, 5ft & 6ft Land Rollers
- Stock Box
- 4ft & 5ft Tipping Boxes
- 4ft 6" In Line Topper
- 6ft Semi Off Set Topper
- 8ft In Line Topper
- 1-tonne Tipping Trailer
- 2-tonne Tipping Trailer
- 5-tonne Tipping Trailer
- PP Mobile Shelter & Stable
- Internal Stabling Partitions

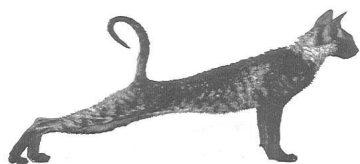
Royal Cornwall Agricultural Show Awards

SILVER MEDAL AWARD 2004
VERY HIGHLY COMMENDED 2004
COMMENDED 2004
SILVER MEDAL AWARD 2005
COMMENDED 2005
SILVER MEDAL AWARD 2006



GP-ENGINEERING

www.grahampluess.co.uk



Cozy Cats Boarding Cattery
Garth Vean, Tresmorn, St Gennys,
Bude,
Cornwall, EX23 0NU

Tel: 01840 230239

E.mail: devon2rex@btinternet.com
www.cozycats.biz

Purpose-built luxury cattery
Indoor sleeping quarters
with outside runs

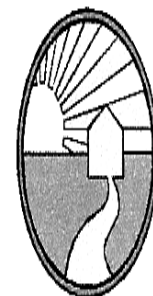
Licensed and insured

Inspection welcome

For a friendly chat give Val or Peter a call



BRIGHT BUILDERS



BARN CONVERSIONS, RENOVATIONS & LANDSCAPING

Specialising in RAG SLATE ROOFING
STONEMASONRY & TRADITIONAL LIME MORTARS

All Building Trades Undertaken

07866 525034 01840 230692

MINUTES OF PARISH COUNCIL MEETING HELD ON 8TH DECEMBER 2009 (unconfirmed extract)

A meeting of the parish council was held in the parish hall on 8th December 2009 at 7.30 p.m Cllr C Gilbert was in the chair, also present were Cllrs R. Powell, B.W. Furse, Miss A.R. Rowland, G.N. Orchard, W.G. Rowland, P.J. Marshall, R.S. Hopper, G.W.J. Pluess, Cornwall Councillor Mr. P Tucker and the Clerk. Apologies were received and accepted from Cllr. W.K. Stacey.

DECLARATION OF INTEREST a) Items on the agenda – Planning Application 2009/01572 & Accounts Payable. b) Gifts over £25.00 – None declared.

PUBLIC PARTICIPATION – The chairman suspended the meeting giving members of the public an opportunity to address the council, whereby representations were made regarding the planning application for a single mast wind generator at Bangors by representatives of Bangors Green and the Applicant, following which the chairman reconvened the meeting.

PARISH HALL MANAGEMENT (i) Architects Update – Cllr. P.J. Marshall gave a report of the meeting he attended alongside the Chairman and Cllr. Powell with the architect Mr. M. Back on 7th December. Whereby, pending approval, the next stages to progress the project were discussed. Letter dated 8th December received from Mr. Martin Back, copied to members was read outlining RIBA Work Stages and costings. Fee proposals were based upon traditional procurement paths supported by initial advise from Quantity Surveyor. (ii) Recommendations – Following discussions it was proposed by Cllr. R. Powell to give consent to The Bazeley Partnership upon their receipt of planning approval for the appointment of a Quantity Surveyor, Cllr. B.W. Furse seconded. Cllr. P.J. Marshall proposed, upon their receipt of planning approval The Bazeley Partnership to proceed with RIBA Work Stage E, Cllr. G.N. Orchard seconded.

HIGHWAYS – (i) Excavation of Highway Property – Members expressed concern at the unlawful interference of a public highway and in the absence of information to the contrary it would appear that works have been approved without proper consideration to the function of the crash barrier, it was agreed to write concerns to the Highway Authority.

CHURCHYARD VEHICULAR ACCESS GATE – It was noticed that the vehicular access gate into the churchyard is in need of repair, members agreed to bring this matter to the attention of the Parochial Church Council, with an offer to assist with the cost of repair.

ACCOUNTS – (i) Financial Report – Was given when considering precept. (ii) Parish Council Precept 2010/11 – Following consideration of the budget for 2010/11 it was proposed by Cllr R. Powell seconded by Cllr R.S. Hopper and resolved to set the precept for 2010/11 at the sum of £20,000.00, all agreed. (iii) Payments received to date: None received to date. (iv) Payments of accounts received to date: R. Jewell invoice no. 41 of £1,640.00 for Churchyard & Cemetery maintenance, Cllr .G.N. Orchard proposed payment, Cllr. P.J. Marshall seconded. R. Jewell invoice no. 35 of £880.00 for PROW maintenance, Cllr. G.N. Orchard proposed payment Cllr P.J. Marshall seconded. South West Water invoice no. 0077882055 of £12.46 for Parish Hall Water, Cllr W.G. Rowland proposed payment Cllr. G.N. Orchard seconded. Mrs. L. Pluess invoice for quarterly wage October – December of £375.00, Cllr. R. Powell proposed payment Cllr. P.J. Marshall seconded. (v) Grant Applications received for consideration: None. (iv) Correspondence – None.

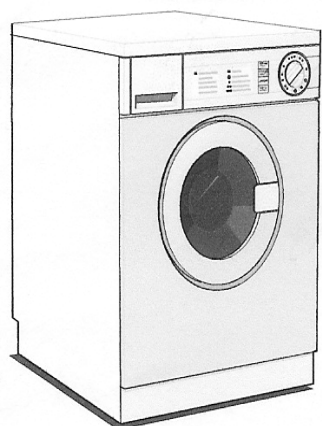
PLANNING APPLICATIONS – 2009/01572 – Installation of a 11 kw Gaia Turbine located at 18.3m AGL mounted on a free standing tower on a 5 square meter concrete base the dual blade has a diameter of 13m at Bangors House for Gill Faiers – Earlier representations were taken into consideration and the views expressed in the Parish Plan –The Built Environment Policy 4 *'although single mast wind generators received 80% opposition, they were highly rated at the prioritization event which points to the need for each application to be considered on its merits'*, therefore members respectfully requested the application be considered by a planning committee.

PARISH MATTERS – The green space at Bangors was discussed.NEXT MEETING – 26th January 2010.

Also from 24th November minutes :PLANNING DECISIONS – 2009/01237 Construction of dwelling at Site 2 Bangors for Mr. T Perry – Cornwall Council Approved. 2009/01268 Siting of a twin unit mobile home for Mr. G. Skilton – Cornwall Council Approved. 2009/01349 Prior Notification for the construction of a lean-to building at Silverdown for Mr. & Mrs. S.J. Cobbledick – Cornwall Council Approved. 2009/01351 Extensions to existing bungalow to form a two storey dormer style dwelling at Exonia, Marine Drive, Widemouth Bay for Mr. Kevin Seabourne – Cornwall Council Approved.

PLANNING APPLICATIONS – 2009/01484 Two storey side extension with formation of two dormer windows to front at Allins for Mr. D. Oxley – no objections. 2009/01487 Construction of new entrance and extension containing committee room, office and WC (phase A) at Poundstock Parish Hall for Poundstock Parish Council – No comments. 2009/01488 Rebuilding of western elevation and rebuilding of existing lean-to's with larger footprints (Phase B) at Poundstock Parish Hall for Poundstock Parish Council – No comments. 2009/01497 Proposed garaging at Higher Widemouth Farm for Mr. I Harrison – No objections.

Rogers Electrical & Laundry Services



Domestic and
Commercial
laundry
catered for.

Enquiries -

tel. 01288353930
or mob. 07837677701



LIGHT LUNCHES
PIZZAS
EVENING BARBECUES
GREAT ASSORTMENT
OF HOMEMADE CAKES
ICE CREAM
WHERE POSSIBLE LOCAL
PRODUCE IS USED

RUBY FINANCIAL PLANNING

- ♦ INVESTMENTS
- ♦ INHERITANCE TAX PLANNING
- ♦ WILLS AND POWERS OF ATTORNEY
- ♦ RETIREMENT PLANNING
- ♦ EQUITY RELEASE
- ♦ LIFE ASSURANCE
- ♦ MORTGAGES

TELEPHONE
01837 54027

OKEHAMPTON, HOLSWORTHY, BUDE,
BIDEFORD, BARNSTAPLE

<http://rubyfinancial.ifa-web.co.uk>

Authorised and Regulated by the Financial Services Authority

BANGORS ORGANIC

Seasonal, totally organic food
grown in our own gardens. Freshly
picked, simply prepared and served
in the relaxed setting of our
beautiful period home

Three course evening menu £28
Excellent wine list Vegetarians welcome

Opening days vary so booking is essential

PLEASE PHONE GILL FOR ENQUIRIES
AND RESERVATIONS ON 01288 361297

Also Luxury Bed & Organic Breakfast



www.bangorsorganic.co.uk

Hair Evolution

UNISEX HAIR SALON

Carlene

Call 01288 352597

HAIR EVOLUTION, BANK HOUSE,
MARKET STREET, STRATTON
EX23 9DF

PETER PETER & WRIGHT

SOLICITORS AND NOTARY PUBLIC

Advising the local community for generations

- Residential and Commercial Property
- Probate and Estate Administration
- Wills and Powers of Attorney
- Inheritance Tax Planning
- Litigation
- Personal Injury
- Matrimonial and Family Matters
- Employment Law
- Debt Recovery
- Landlord and Tenant

Bideford
01237 472233

Bude
01288 352101

Holsworthy
01409 253262

Okehampton
01837 52379

www.peterslaw.co.uk

Regulated by the Solicitors Regulation Authority



SURF SCHOOL & Multi-Activity Centre

DAYS - HALF DAYS - RESIDENTIAL

For further information or to book: call Claire on

outdooradventure.co.uk

01288 362900



Outdoor Adventure, Atlantic Court, Widemouth Bay, Bude

P & B Interior Design

Ready made curtains, voiles and nets

Shower curtains and rails

Curtain tracks ... Poles & Hold backs

All in stock

Huge selection of Roller, Venetian, Roman Blinds
in stock

Suppliers of Velux Blinds

Custom made curtain and blind service available

DMC & Anchor threads, wools & kits

haberdashery & accessories


Gifts for all occasions




2 Lansdown Mews,
Lansdown Road,
Bude

01288 356303







studio southwest
20 Queen Street
Bude Cornwall EX23 8BB
TEL: 01288 354828



Regional Photographer
of the year 2009

**Pets
Babies
Families
Weddings**

Cutz Ahead



**Charlotte
of
cutz
ahead**

Would like to offer to all new and existing clients a 10% discount to any of the services in the salon.

Cutz Ahead are now offering ear piercing, tooth gems and much more! Walla professional products used and could be purchased! For any appointment please contact charlotte on.

**01288
359123**

NEIL DAVIES ASSOCIATES CHARTERED ACCOUNTANTS AND BUSINESS ADVISORS

**"Taxing times calls for specialist help,
Need help with your personal tax returns,
Business accounts or Tax Planning.
BE PROACTIVE.**

**We are helping businesses PROFIT AND
GROW and giving people peace of mind..
Without paying the taxman a fortune"
Free Initial Consultation
at your business, home or in our office
Prompt Professional Service**

**Tel: 01288 350616, Mobile: 07972765312
Email: Neil@neildaviesassociates.co.uk
Web: www.neildaviesassociates.co.uk
Bude Business Centre, Kings Hill Ind. Est.
Bude, Cornwall**

Experience the difference at Jacobstow Happy Days Nursery



24 place Nursery for
children 0-8yrs

Open 51 weeks of the
year

Monday-Friday 8am-
6pm

**Happy Days is pleased to offer
up to 15 hours per week FREE
early years education and
childcare for all 3 and 4 year
olds throughout the year,
including school holidays.**

**FOR FURTHER INFORMATION contact our manager Becky
on 01840230507 OR visit our website**



www.happydaysnurseries.com

A WARM WELCOME GUARANTEED